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1. The Making of MSC

During World War II, four separate Government agencies controlled sea transportation. In 1949, the Military Sea Transportation Service became the single managing agency for the Department of Defense’s (DoD) ocean transportation needs. The Command assumed responsibility for providing sealift and ocean transportation for all military services as well as for other Government agencies, and in 1970 was renamed Military Sealift Command (MSC).

The mission of Military Sealift Command is to provide ocean transportation of equipment, fuel, supplies and ammunition to sustain U.S. forces worldwide during peacetime and in war for as long as operation requirements dictate. During a war, more than 95 percent of all the equipment and supplies needed to sustain the U.S. military are carried by sea. MSC provides the sea transportation component for the United States Transportation Command.

Recent crises have reinforced the vital role of Military Sealift Command as a major contributor in the execution of U.S. national strategy. The Command operates ships that provide combat logistics support to U.S. Navy ships at sea; special mission support to U.S. Government agencies; prepositioning of U.S. military supplies and equipment at sea; and ocean transportation of DoD cargo in both peacetime and war.

Military Sealift Command is located on the Naval Base in Norfolk, VA and has multiple sites worldwide, including facilities in: San Diego, CA; Washington, DC; Guam, Italy, Singapore, Japan and Bahrain.¹

Today, MSC is the largest operator of public vessels in the world, offering a diversified fleet, which includes a variety of missions and offers job security, good pay, and the benefits of being a civil service employee.

¹ See MSC Organizational Chart in Appendix - A2
Military Sealift Command has more than 9,500 employees worldwide, approximately 80% of which serve at sea. MSC is the largest employer of merchant mariners in the United States.\(^2\)

As a civil service mariner (CIVMAR) you are an important part of today’s Navy. Without MSC’s support ships, the Navy could not be an effective fighting force. Whether at sea, in port or on leave, you are supported by Military Sealift Command.

The MSC mission is to operate the ships which sustain our warfighting forces and deliver specialized maritime services in support of national security objectives in peace and war.

The vision of MSC is to be the preeminent provider of cutting-edge, commercial maritime solutions supporting future national security objectives.

\(^2\) Data indicated as of 2015.
2. Employment Rights

You are now an Excepted Service Civilian employee of the United States Government.

As such, there are important rules covering your job that are based on laws and regulations established by the Office of Personnel Management (OPM), the Secretary of the Navy (SECNAV), and the DoD.

MSC also has established agency policies and procedures contained in the Civilian Marine Personnel Instructions (CMPI). The CMPI governs policies for CIVMARs on such topics as leave, liberty, pay, employment, discipline, etc. To view a copy of the CMPI, you may contact the Purser onboard your ship, the CIVMAR Support Unit (CSU) East or West, or the MSC Human CIVMAR Manpower and Personnel Department (N2).

As a federal employee, you have rights such as Equal Employment Opportunity (EEO), the Privacy Act and to be free from sexual harassment and violence.

EQUAL EMPLOYMENT OPPORTUNITY

It is the Policy of the Command to provide EEO to all employees, former employees, and applicants for employment regardless of race, color, religion, sex, national origin, age, disability (physical or mental), genetic information or reprisal for prior participation in protected EEO activity\(^3\). MSC is dedicated to supporting the spirit and intent of the EEO program to the fullest extent possible. We must be one workforce, military and civilian, working together to meet our mission. As a model employer with a diverse and effective workforce, we must all be committed to the principles of EEO. All MSC personnel are required to be trained annually in EEO procedures.

- If you believe you have been discriminated against due to race, color, religion, sex, national origin, age, disability (physical or mental), genetic information or reprisal for prior participation in a protected EEO activity,
you must seek EEO counseling on the matter within 45 calendar days of the date of the alleged discriminatory incident, or within 45 calendar days of an alleged discriminatory personnel action.\textsuperscript{4}

- Discrimination on the basis of sexual orientation is not covered under 29 CFR 1614, however it is a prohibited personnel practice as set forth in Executive Order 13087. If you believe you have been discriminated against based on sexual orientation, you may seek assistance either from the Merit Systems Protection Board, Office of Special Council, Negotiated Grievance Procedure or Agency Administrative Grievance Procedures.

**SEXUAL HARASSMENT**

MSC is committed to maintaining EEO principles; including a workplace free of discriminatory harassment and the development of a comprehensive anti-harassment policy to prevent harassment on all protected bases, including race, color, religion, sex (sexual or non-sexual), national origin, age, disability (physical or mental), genetic information or reprisal for prior participation in protected EEO activity. MSC does not permit any type of harassing conduct by anyone in the workplace. All MSC personnel are required to be trained annually in Prevention of Sexual Harassment (POSH).

The Command will initiate appropriate corrective action, including proposing disciplinary action if warranted, before the harassing conduct is so pervasive and offensive as to constitute a hostile environment. It is the Command’s view that a single utterance of an ethnic, sexual, or racial epithet that offends an employee is inappropriate and must immediately be addressed.

The Policy and Procedures for Preventing and Eliminating Harassing Conduct in the Work Place\textsuperscript{5} applies to all CIVMARs under MSC cognizance at sea or at shore-based facilities/offices.
• This definition applies to any person, regardless of gender, who engages in such conduct. Examples of conduct that can constitute sexual harassment or sexual assault include making unwelcome verbal comments or gestures of a sexual nature; engaging in sexually oriented teasing or spreading of rumors; sexting, to include sending sexually explicit messages or photographs via cell phone; telling jokes of a sexual nature; making sexual innuendos, or physical conduct of a sexual nature.

• Sexual harassment is a form of sex discrimination that involves unwelcome sexual advances, requests for sexual favors and other verbal conduct or physical harassment of a sexual nature when:
  — Submission to or rejection of such conduct is made a condition of an individual’s employment
  — Submission to or rejection of such conduct is made a basis of employment decisions affecting the individual
  — Such conduct has the purpose or effect of unreasonably interfering with an individual’s work performance or creates an intimidating, hostile or offensive work environment

**HARASSMENT**

Harassment is a form of employment discrimination that violates Title VII of the Civil Rights Act of 1964, the Age Discrimination in Employment Act (ADEA) of 1967, and the Americans with Disabilities Act (ADA) of 1990.

Harassment is unwelcome conduct that is based on race, color, sex (including pregnancy), national origin, age (40 or older), disability or genetic information. Harassment becomes unlawful where 1) enduring the offensive conduct becomes a condition of continued employment, or 2) the conduct is severe or pervasive enough to create a work environment that a
reasonable person would consider intimidating, hostile, or abusive. Anti-discrimination laws also prohibit harassment against individuals in retaliation for filing a discrimination charge, testifying, or participating in any way in an investigation, proceeding, or lawsuit under these laws; or opposing employment practices that they reasonably believe discriminate against individuals, in violation of these laws.

Petty slights, annoyances, and isolated incidents (unless extremely abusive) will not rise to the level of illegality. To be unlawful, the conduct must create a work environment that would be intimidating, hostile, or offensive to reasonable people.

Offensive conduct may include, but is not limited to, offensive jokes, slurs, epithets or name calling, physical assaults or threats, intimidating, ridicule or mockery, insults or put-downs, offensive objects or pictures, and interference with work performance. Harassment can occur in a variety of circumstances, including but not limited to the following:

- The harasser can be the victim’s supervisor, a supervisor in another area, an agent of the employer, a co-worker, or a non-employee.
- The victim does not have to be the person harassed, but can be anyone affected by the offensive conduct.
- Unlawful harassment may occur without economic injury to, or discharge of, the victim.

**RESPONSIBILITY & REPORTING**

All civil service mariners shall be responsible for:

- Acting professionally and refraining from harassing conduct
- Becoming familiar with the provisions of this Policy, complying with all requirements of the Policy, and cooperating with any inquiry under this Policy
• Promptly reporting any incident of harassing conduct that he/she experiences before it becomes a pattern of misconduct so pervasive and offensive as to constitute a hostile environment

All supervisors and managers shall be responsible for:

• Acting promptly and appropriately to prevent harassment in the workplace and retaliation against those who complain of harassment

• Reporting, pursuant to procedures set forth under reporting harassment, any incident of harassing conduct that they witness or is otherwise brought to their attention

• Receiving, handling and reporting allegations of harassing conduct promptly and appropriately, utilizing the procedures set forth under inquiries into allegations of harassing conduct

Any person who believes that he or she has been the subject of an incident of harassing conduct in violation of this policy should report the incident to anyone in the employee’s supervisory chain. Additionally, or alternatively, an employee may seek informal EEO counseling by contacting the MSC EEO Office directly via email at MSC_EEO@navy.mil or via the hotline 757-341-3310.

**PRIVACY ACT**

MSC maintains confidentiality of employees Personal Identifiable Information (PII) in accordance with the Privacy Act and implementing regulations. The Privacy Act was passed into law to safeguard the handling by Government agencies of individual's personal information and limit its disclosure. Accordingly, MSC ensures all employee data, including individual Social Security Numbers (SSN), will be used for limited official purposes.
FREEDOM OF INFORMATION ACT

The Freedom of Information Act (FOIA), Title 5 of the United States Code, Section 552, gives you the right to request access to federal agency records or information. All U.S. Government agencies are required to disclose Government records contained in an official system of records to the public if requested and an exemption or exception does not apply.6

The exemption categories that authorize Government agencies to withhold information are:

1. Classified information for national defense or foreign policy;
2. Internal personnel rules and practices;
3. Information that is exempt under other laws;
4. Trade secrets and privileged or confidential business information;
5. Inter-agency or intra-agency memoranda or letters that are protected by legal privileges;
6. Personnel, medical, or similar files that would be a clearly unwarranted invasion of personal privacy;
7. Certain information or records collected for law enforcement purposes;
8. Information concerning financial institutions;
9. Geological and geophysical information and data concerning wells.

For more information regarding either the Privacy Act or FOIA, visit www.msc.navy.mil/foia. You may also contact the Office of Counsel (N00L) and speak to the FOIA Coordinator at 757-443-1250 or to Counsel, MSC at 757-443-1215 should you have any questions.

WORKPLACE VIOLENCE

MSC is committed to working with its employees to maintain a work environment free from violence, threats of violence, harassment, intimidation,
Employment Rights

and other disruptive behavior. All reports of incidents will be taken seriously and will be dealt with appropriately. Such behavior can include oral or written statements, gestures, or expressions that communicate a direct or indirect threat of physical harm. Individuals who commit such acts may be removed from the premises and may be subject to disciplinary action, criminal penalties, or both.

**DO NOT** ignore violent, threatening, harassing, intimidating or other disruptive behavior. If you observe or experience such behavior by anyone on agency premises, report it immediately to the ship supervisor, or if ashore, through the appropriate shore-side chain of command, as well as, when appropriate, to applicable base police or local municipality police.

**POLICY ON SPEAK-ENGLISH ONLY**
Per 29 Code of Federal Regulations 1606.7 and OPNAVINST 5334.1F and pursuant to MSC’s INST 12710.2, only (b), 29 Code of Federal Regulations 1606.7(c), OPNAVINST 5354.1F, and MSFSCINST 12710.2, English-only shall be spoken for all work related communications to ensure a safe work environment.

**PROCEDURES FOR FILING AND PROCESSING AN EEO COMPLAINT OF DISCRIMINATION**
If you feel you have been discriminated against because of race, color, religion, sex (gender identity, including transgender status or sexual orientation), national origin, age (40 & over), a handicapping condition (mental or physical), or are being retaliated against for prior EEO activity, you have a basis for filing an EEO complaint. Please note that sexual harassment is a form of discrimination based on sex. The following covers the steps you will need to take to file your individual or group complaint.
INDIVIDUAL COMPLAINT

Step 1: Informal Pre-Complaint
Within 45 days of the alleged discriminatory incident, or the effective date of an alleged discriminatory personnel action, you must contact a MSC EEO Counselor. All complaints originating from civil service mariners will be forwarded directly to the EEO Office for processing. The responsibility for forwarding the written complaint rests with the complainant and not the ship’s officers or fellow crewmembers.

Your EEO Counselor will advise you of your rights and responsibilities in the discrimination complaints process.

Step 2: EEO Counseling
Your EEO Counselor has 30 calendar days from the first contact with you to make informal inquiries and to attempt an informal resolution of your complaint. EEO Counselors are fact-finding individuals and must remain impartial throughout the inquiry. The EEO Counselor cannot represent you or management.

Step 3: Filing a Formal Complaint
Your formal complaint must be made in writing, signed by the complainant, and delivered to the Deputy EEO Officer within 15 calendar days from receipt of the Notice of Final Interview by the EEO Counselor. The formal complaint is considered filed on the date it is received by the designated official, if delivered in person, or on the postmark date, if it is mailed.

Step 4: Acknowledgment of Receipt of Formal Complaint
The Deputy EEO Officer will acknowledge receipt of your complaint in writing and, if the complaint is accepted will request an investigator from the DOD Investigations & Resolutions Division. The investigator has 180 calendar days from the filing date of your formal complaint to complete an investigation and issue an investigative file.
**Step 5: Investigative Report**

You or your representative will be furnished a copy of your investigative report. If you are not satisfied with the investigation or if your complaint has not been resolved with management, you may request a Secretary of the Navy decision, with or without a hearing. This must be done within 30 calendar days of receipt of the investigative report and the request must be made in writing and forwarded to the EEO Office.

*Note: Anytime after the parties have received notice that an administrative judge has been appointed to conduct a hearing, but no later than 30 days prior to the hearing, the agency may make an offer of resolution to the complainant.*

**Step 6: Request for a Decision**

If you request an immediate decision by the Secretary of the Navy without a hearing, the Director for EEO will forward the case file to the Naval Office of EEO Complaints Management and Adjudication (NAVOECMA). A copy of the transmittal letter will be sent to you and/or your representative. NAVOECMA will issue the agency’s final decision on behalf of the Secretary of the Navy within 60 calendar days of receiving a case file with the agency’s request for a Final Agency Decision.

If you request a decision from the Secretary of the Navy with a hearing, the Director EEO will request the assignment of an Administrative Judge (AJ) from the Equal Employment Opportunity Commission (EEOC) and forward a copy of the case file. You and/or your representative will be sent a copy of the transmittal letter.

**Step 7: Hearing**

The AJ who is assigned to your case from the EEOC will review your file, then schedule and conduct a hearing.
After the hearing is completed the AJ will analyze the findings and forward a decision along with your complete case file, to NAVOECMA, for preparation of a final agency decision.

**Step 8: Appeal to the EEOC Office of Federal Operations (OFO)**
If you are dissatisfied with the agency’s final decision you may appeal directly to the EEOC-OFO. Your appeal must be filed with the EEOC-OFO within 30 calendar days from receipt of the final agency decision. The EEOC-OFO will then issue a decision on your appeal.

**Step 9: Civil Action in Federal District Court**
If you are dissatisfied with the EEOC decision you will have 90 calendar days to file a civil action in federal district court. Please note that the normal time requirements to file court action do not apply to age discrimination cases.

**CLASS COMPLAINTS**
A class complaint is one involving a large group of persons who feel they have all been discriminated against in the same way with respect to race, color, religion, sex (gender identity, including transgender status or sexual orientation), national origin, age (40 & over), a handicapping condition (mental or physical), genetic information or are being retaliated against for prior EEO activity.

A class complaint must be filed by the class agent (a member of the class who is chosen by the class to represent them during the processing of the complaint) or the agent’s representative. An individual who wishes to be an agent, and who believes he or she has been discriminated against, must contact the Deputy Director, EEO within 45 calendar days of the matter giving rise to the personnel action, or the date the aggrieved person knew or reasonably should have known of the discriminatory event or personnel action.
FILING A COMPLAINT
You can file an EEO Complaint in person, by calling our contact numbers at 757-434-2811 (EEO 24/7) or 757-341-3310 (EEO Hotline). You can also file an EEO Complaint via the EEO Mailbox at msc_eeo@navy.mil or our link for online filing of EEO complaints at http://www.msc.navy.mil/eeo.
3. Sexual Assault Prevention & Response (SAPR)

Sexual assault is never acceptable. The Navy seeks a Department-wide culture of dignity and respect where sexual assault is completely eliminated and never tolerated, where sexual assault victims receive compassionate and coordinated support, and where offenders are held appropriately accountable. Combating sexual assault and supporting sexual assault victims are primary responsibilities at every level of civilian and military leadership. Every Sailor, Marine, and Department of Navy (DoN) Civilian shares dual responsibilities for their own actions and for protecting each other from harm. Our Core Values demand nothing less.

The prevention of sexual assault is everyone’s responsibility. Sexual assault does not just hurt one, it affects ALL. Sexual assault undermines teamwork, morale, unit cohesion, and operation readiness. The effects of sexual assault are incompatible with the core values of the Navy and the Military Sealift Command (MSC). There is a “zero tolerance” policy for this criminal offense. It is each and every Sailor’s and civilian employee’s responsibility to adhere to this policy and do his or her part to eliminate this crime within our organization.

Sexual assault encompasses a broad range of intentional and non-consensual sexual contact, including rape, aggravated sexual contact, abusive sexual contact, and forcible sodomy. The most powerful tool in stopping and preventing sexual violence offenses is Bystander Intervention (BI). The BI process includes the following:

- Notice the event
- Interpret it as an emergency
- Take responsibility to act – do not assume someone else will
- Decide how to act
- Choose to act

Sexual assault is illegal and has no place at Military Sealift Command.
Sexual Assault Prevention & Response (SAPR)

There are two reporting options available: unrestricted and restricted. With the Unrestricted Reporting option, anyone may report a sexual assault to the Sexual Assault Regional Coordinator (SARC), Sexual Assault Victim Advocate (SAPR VA), healthcare person, or to command authorities; an official investigation will take place. Restricted Reporting is available only for military personnel; personnel using this reporting option can only report to the SARC, SAPR VA or healthcare personnel; an official investigation will not take place. In addition to the above reporting procedures, military and civilian personnel may seek assistance via the Safe Helpline at https://www.safehelpline.org or 877-995-5249.

Civilian Personnel can also contact 757-803-4530 (SAPR POC, 24/7) at Military Sealift Command or email msc_eeo@navy.mil.
4. Expectations

As a federal employee with MSC, you are expected to adhere to all applicable laws, rules, guidelines and standards, including those set forth in the Drug-Free Workplace Program,7 Code of Ethics for Government Service, Ship’s Orders, Safety Precautions, Emergency Duties and Commander’s Policy on Personal Professionalism.

It’s extremely important that all civil service mariners (CIVMARs) conduct themselves properly and in a professional manner, exercising common sense and good judgment with respect for the dignity of others.8 Personal conduct or relationships of a nature that reflect adversely on MSC are not acceptable.

DRUG-FREE WORKPLACE PROGRAM

Military Sealift Command participates in the Federal Drug Testing Program in accordance with the Department of Health and Human Services guidelines. Illegal drug use by any civilian employee of the Department of the Navy (DoN) is incompatible with the maintenance of high standards of conduct and performance. Moreover, illegal drug use could adversely affect personnel safety, risk damage to Government and personal property, and significantly impair day-to-day operations. The DoN Drug-Free Workplace Program (DFWP) is designed to identify illegal drug users in order to maintain a safe, secure workplace and efficient DoN operation.

As a CIVMAR in a testing designated position, you are required to acknowledge and sign the Notice of Random Drug Testing Memorandum.9 MSC’s policy is to test each potential new hire prior to extending the final employment offer and randomly thereafter.

The following types of testing are conducted:
- Random testing
- Applicant testing
- Reasonable suspicion testing

7 For full Policy Statement see Policies Section - P5
8 For MSC Inst. 12710.1 see Policies Section - P6
9 For full Policy Statement see Policies Section - P5
Follow-up testing
Post accident testing or unsafe practice

If you believe you have a drug or alcohol problem, you are encouraged to seek counseling and/or referral service through our Civilian Employee Assistance Program (CEAP). The CEAP is managed by the Human Resources and Manpower Department (N1).

STANDARDS OF CONDUCT FOR DEPARTMENT OF THE NAVY PERSONNEL

The “Standards of Conduct for Employees of the Executive Branch,” at 5 CFR § 2635, published by the Office of Government Ethics apply to the DoN and are the primary source of guidance for ethics. These standards are supplemented by the “Joint Ethics Regulation,” DoD 5500.7-R, and summarized through the DoN Code of Ethics in the form of “DOs” and “DON’Ts.”

PRINCIPLES OF ETHICAL CONDUCT FOR GOVERNMENT OFFICERS AND EMPLOYEES – EXECUTIVE ORDER 12674/12731

To ensure that every citizen can have complete confidence in the integrity of the Federal Government, each federal employee shall respect and adhere to the fundamental principles of ethical service:

1. Public service is a public trust, requiring employees to place loyalty to the Constitution, the laws, and ethical principles above private gain;

2. Employees shall not hold financial interests that conflict with the conscientious performance of duty;

3. Employees shall not engage in financial transactions using non-public Government information or allow the improper use of such information to further any private interest;
4. An employee shall not, except pursuant to such reasonable exceptions as are provided by regulation, solicit or accept any gift or other item of monetary value from any person or entity seeking official action from, doing business with, or conducting activities regulated by the employee’s agency, or whose interests may be substantially affected by the performance or non-performance of the employee’s duties;

5. Employees shall put forth honest effort in the performance of their duties;

6. Employees shall make no unauthorized commitments or promises of any kind purporting to bind the Government;

7. Employees shall not use public office for private gain;

8. Employees shall act impartially and not give preferential treatment to any private organization or individual;

9. Employees shall protect and conserve federal property and shall not use it for other than authorized activities;

10. Employees shall not engage in outside employment or activities, including seeking or negotiating for employment, that conflict with official Government duties and responsibilities;

11. Employees shall disclose waste, fraud, abuse, and corruption to appropriate authorities;

12. Employees shall satisfy in good faith their obligations as citizens, including all just financial obligations, especially those – such as federal, state, or local taxes – that are imposed by law;

13. Employees shall adhere to all laws and regulations that provide equal opportunity for all Americans regardless of race, color, religion, sex, national origin, age, or handicap;
14. Employees shall endeavor to avoid any actions creating the appearance that they are violating the law or the ethical standards promulgated pursuant to this order.

**ADDITIONAL ETHICAL CONSIDERATIONS**

**Use of Government resources** — As a general rule, Government resources shall only be used for authorized purposes. Personal use of Government resources is not an authorized use unless an employee’s supervisor, (assuming the supervisor is above a GS-11 or equivalent, or a commissioned military officer) finds the use is supportive of the mission such as:

- The use does not adversely affect the performance of official duties by the employee or the employee’s organization
- The use is of reasonable duration and frequency
- The use is made only on the employee’s personal time, such as after duty hours or at lunch time
- The use serves a legitimate public interest (such as reducing disruptions to the workplace, enhancing professional skills, supporting DoD community relations)
- The use does not reflect adversely on DoD or the component (such as commercial activities, unofficial advertising, or violating statute or regulation)
- The use creates no additional cost to DoD or the component

**Use of Government Vehicles** — Government Vehicles (GOV’s) are vehicles that are owned or leased by the Government and are NOT cars rented on Temporary Duty Assignment (TDY) orders. GOV’s must only be used for official purposes. A GOV may not be used for personal entertainment or recreation of any kind.
Misuse of Government Property — Unauthorized use of Government property, or the misuse of such property, is a serious matter that may result in discipline. The agency does not have to prove intent in order to establish a case of unauthorized use of Government property. Examples of misuse include pornography, chain letters, harassing emails, personal long distance calls and overburdening Government communication systems. If you are in doubt as to whether a use is authorized, check with your Chain-of-Command.

Impartiality in Performing Official Duties — You must perform your official duties fairly and impartially, without giving special treatment to anyone. If a reasonable person with knowledge of the relevant facts would question your impartiality, you should not participate in the matter.

Misuse of Position — You may not use your position with the Government to coerce benefits from another party. You may not use your position and/or title to endorse or imply endorsement of a product, service, enterprise, or private organization.

Classified Information — Employees shall be subject to appropriate sanctions if they knowingly and willfully grant eligibility for, or allow access to, classified information in violation of the law. Sanctions for such infractions may include reprimand, suspension without pay, removal, and other actions in accordance with applicable law and agency regulations.

Conflicting Financial Interests — You may not take action, including making a recommendation, on any particular matter which will have a direct and predictable effect on your financial interests, or the interests of others that are imputed to you, such as your spouse or minor children.

10 Executive Order #12968 (Access to Classified Information, Section 6.4 Sanctions).
Outside Activities — Federal employees are prohibited from acting as a representative for a non-federal party in matters in which the Government has an interest or participating in activities which conflict with, or otherwise interferes with, the performance of official duties.

Political Activities — As a federal employee, you may be prohibited from participating in certain political activities in accordance with the Hatch Act Reform Amendments of 1993.11

Gifts — You may not solicit or accept a gift from “Prohibited Sources” or any non-federal entity that seeks official action or does business with the Navy or has interests that may be substantially affected by official duties or position in the Government. Generally, you may not give or solicit for a gift to your boss or accept gifts from subordinate employees.

This list is not all-inclusive. The list is intended for informational purposes only and should not be used in lieu of legal advice. If you have any doubt regarding a proposed action and before taking actions that may violate ethical regulations, you should ask your supervisor or consult MSC’s Office of Counsel (N00L) at 757-443-1215.

ETHICS GUIDANCE, REGULATIONS, AND SOURCES OF INFORMATION

If you have any questions about the Standards of Conduct, you may contact the Office of Counsel at 757-443-1215 where an agency ethics counselor will be able to assist you.

For your reference and convenience, but not in lieu of legal advice, the following material is provided. All of these materials are available online or in the Office of Counsel.

11 See Hatch Reform Amendment - page 32
Expectations

- Bribery, Graft, and Conflicts of Interest - 18 U.S.C. Chapter 11
- Standards of Conduct for Federal Employees - 5 C.F.R. § 2635
- Post Government Employment Restrictions - 5 C.F.R. § 2637
- DoD Directive 5500.7
- Joint Ethics Regulation - DoD 5500.7-R
- Executive Order 12674/12731 – Principles of Ethical Conduct for Government Employees -
  https://www2.oge.gov/Web/OGE.nsf/All%20Documents/25792F3D2FF647AF85257E96006A90F1/$FILE/f69da5359a134002808b96ca703cc4692.pdf?open
- Core Values Charter -
  http://ethics.navy.mil/content/corevaluescharter.aspx
- Secretary of the Navy Statement on Ethics, ALNAV 013/07 -
  http://ethics.navy.mil/content/secnavmsgstatement.aspx
- United States Office of Government Ethics - www2.oge.gov
- DoD Standards of Conduct Office -
  www.dod.mil/dodgc/defense_ethics/

SAFETY AND PRECAUTIONS

MSC’s top priority is to provide a safe and healthy work environment in accordance with the Navy Occupational Safety and Health (NAVOSH) Program. NAVOSH and the Afloat Safety and Occupational Health (SOH) Manual\textsuperscript{12} for Forces Afloat OPNAV INST. 5100.19E requirements and responsibilities for all shipboard employees, military and civilian. In order to accomplish the missions assigned to MSC ships, MSC requires mandatory participation in the NAVOSH program, reinforcing the safety of the ship and its crew.
Keep safety in mind at all times:

- Rough weather is responsible for many accidents at sea. Under these conditions, always remember the slogan: ‘One hand for the ship, one hand for yourself.’

- Never smoke in the vicinity of open hatches or in the cargo holds.

- Never smoke on deck, on barges, or on the pier when fuel oil is being loaded or discharged.

- Only smoke in designated smoking areas aboard ship during those times it is allowed.

- Never go up and down ladders with both hands full.

- Never work in the hot sun without protecting your head.

- Never walk on the side of the vessel where cargo is being worked if you are not involved.

- Never walk under the heel blocks of winches.

- Never walk through unlighted ‘tween deck spaces.

- Never walk on the weather side of deck in heavy seas.

- Never stand in the bight of an anchor chain, cable or line.

- Never use goggles to protect your forehead instead of your eyes.

- Never attempt to pass through a watertight doorway while the alarm is sounding or the door is in motion.

- Never endanger your shipmates by your actions or failure to act when required.

- In noise hazardous areas such as diesel engine rooms, generator rooms, etc., wear earplugs, which are available onboard.

- Wear safety shoes.
INTERNATIONAL SAFETY MANAGEMENT (ISM) CODE

SAFETY MANAGEMENT SYSTEM (SMS)

The ISM Code provides an international standard for the safe management and operation of ships and for pollution prevention. The purpose of the ISM code is:

• To ensure safety at sea
• To prevent human injury or loss of life
• To avoid damage to the environment and to the ship

Realizing that the ISM Code provides a framework for prudent ship operations, COMSC issued COMSCINST 5042.1, which requires its Government-owned, Government-operated ships to comply with the ISM Code. In order to comply with the ISM Code, each ship class must have implemented the Safety Management System (SMS). MSC has implemented a SMS as the Command’s standard approach to safe, effective, and environmentally responsible vessel management. For ship classes where certification is not practical or cost effective, the SMS is being adopted as a management model to provide structure to procedures.

The Safety Policy is to:

• Protect people
• Protect assets
• Comply with regulatory requirements

MSC’s environmental protection policy is to:

• Prevent pollution
• Ensure response readiness
• Conserve resources
• Comply with regulatory requirements
The SMS Procedures Manual includes:

- Safety and environmental protection policy instructions and procedures to ensure safe operation of ships and protection of the environment in compliance with international and Flag State legislation
- Defined levels of authority and lines of communication between, and among, shore and shipboard personnel
- Procedures for reporting accidents and findings within the provisions of the ISM Code
- Procedures to prepare for and respond to emergency situations
- Procedures for internal assessments and management reviews

Currently, all vessel manned by Civil Service mariners have a working SMS and each carries a Safety Management Certificate.

For more information, contact: Safety and Quality Management (N733), ISM Designated Person at 202-685-5319.

**SHIP’S ORDERS**

MSC also expects all CIVMARs to adhere to the ship’s orders while onboard ship.

1. Crewmembers shall promptly obey all legal orders received from competent authority.
2. Crewmembers shall obey all posted rules and regulations.
3. Crewmembers shall comply with all local port regulations, instructions, and laws emanating from responsible authority and published to the crew.
4. Crewmembers shall not physically resist authority in the enforcement of a lawful command.
5. Crew members shall perform all assigned duties with promptness and dispatch and shall remain alert at all times while on watch or duty.

6. Crewmembers shall not conceal defective work nor remove or destroy such work without authority.

7. Crewmembers shall not participate in any strike of job action against the Government of the United States.

8. Crewmembers shall complete all voyages to which assigned unless separated from the ship by orders from competent authority.

9. Crewmembers shall not leave the ship without proper authority and shall report to the ship promptly on or before expiration of all authorized leave or liberty.

10. Crewmembers shall report for watch, presailing muster, muster, duty, or drills at the scheduled time unless relieved from such reporting requirements by proper authority (duty includes overtime when crewmember is ordered to work overtime).

11. Crewmembers shall remain on duty or at watch stations until properly relieved.

12. Crewmembers shall not exchange any watch or duty without authorization.

13. Crewmembers shall not be under the influence of alcohol/intoxicants or unlawful drugs when reporting for watch or duty or on watch or duty.

14. Crewmembers shall not introduce alcohol/intoxicants aboard ship without proper authorization nor shall they sell, hold in their possession, or use alcohol/intoxicants aboard ship.

15. Crewmembers shall not unlawfully use, be under the influence of or possess drugs or drug paraphernalia on or off duty aboard ships or ashore.

16. Crewmembers shall not unlawfully use, possess or bring aboard ship or engage in the sale, transfer or distribution of drugs or drug paraphernalia.
17. Crewmembers shall not possess or use narcotics or instruments to prepare or administer narcotics without authority.

18. Crewmembers shall not introduce or possess dangerous weapons or explosives aboard without authority.

19. Crewmembers shall wear the prescribed uniform/work clothes while on watch or duty aboard ship.

20. Crewmembers shall use protective clothing and/or equipment when required and provided.

21. Crewmembers shall observe prescribed standards of cleanliness and sanitation.

22. Crewmembers shall report to the Master or a U.S. Medical Officer all cases of venereal disease and all contagious infectious diseases as soon as discovered.

23. Crewmembers shall safeguard all information and material of a classified nature.

24. Crewmembers shall protect the safety of the ship, passengers, crew, cargo, and equipment at all times.

25. Crewmembers shall exercise due diligence in safeguarding all property, stores, material and equipment entrusted to the care for which they have properly been assigned responsibility.

26. Crewmembers shall report immediately all injuries and accidents, however slight, to superiors.

27. Crewmembers shall not create unnecessary disturbances.

28. Crewmembers shall not use abusive, insulting, or obscene language to or about other personnel.

29. Crewmembers shall not threaten to injure or assault or commit assault or inflict injury upon other persons aboard ship or on U.S. Government premises.

30. Crewmembers shall not engage in fighting aboard ship or on U.S. Government premises.
31. Crewmembers shall not make false or malicious statements which harm the reputation, authority, or official standing of other employees, superiors, officers or MSC.

32. Crewmembers shall not gamble, bet, or promote such activity aboard ship or on U.S. Government premises.

33. Crewmembers shall not engage or attempt to engage in black market activities.

34. Crewmembers shall not give nor receive bribes with the intent of influencing decisions on official matters.

35. Crewmembers shall not steal nor attempt to steal any property of other persons or of the U.S. Government.

36. Crewmembers shall not engage in criminal, dishonest, or notoriously disgraceful conduct ashore or aboard ship.

37. Crewmembers shall not file false claims against the U.S. Government or knowingly aid and assist in the prosecution of false claims.

38. Crewmembers shall not falsify, exaggerate, or conceal a material fact in connection with any official action, record, investigation, or other proper proceeding.

39. Crewmembers shall properly declare all merchandise and other articles obtained or acquired in a foreign country.

40. Crewmembers shall not enter unauthorized areas of the ship without proper authority.

41. Crewmembers shall support EEO principles, policies and practices during the course of shipboard assignment.

42. Crewmembers shall not engage in sexual harassment.

43. Crewmembers shall not engage in shipboard relationships that interfere with or undermine good order, discipline, and authority aboard ship or result in personal gain or create a hostile work environment.
EMERGENCY DUTIES

Safety at sea is everyone’s responsibility. To respond to and control shipboard casualties, you must use your assigned article/billet number to determine your individual emergency duties, as indicated on the Station Bill, posted throughout the ship. Each ship will post information on:

- Fire and emergency stations
- Collisions
- Abandon ship – lifeboat station
- Man overboard
- CBR-D (Chemical, Biological, Radiological – Defense)

Drills are conducted occasionally to evaluate the effectiveness of the shipboard training, tactics and strategy. The officer in charge of your area will provide further instructions and/or training with regard to specific emergency duties. Remember, all drills should be conducted as if an actual emergency exists.

HATCH ACT FOR FEDERAL EMPLOYEES

The Hatch Act restricts the political activity of executive branch employees of the federal Government, District of Columbia Government and some state and local employees who work in connection with federally funded programs. In 1993, Congress passed legislation that significantly amended the Hatch Act as it applies to federal and D.C. employees (5 U.S.C. §§ 7321-7326). (These amendments did not change the provisions that apply to state and local employees. 5 U.S.C. §§ 1501- 1508.) Under the amendments most federal and D.C. employees are now permitted to take an active part in political management and political campaigns. A small group of federal employees are subject to greater restrictions and continue to be prohibited from engaging in partisan political management and partisan political campaigns.
In general, most federal Government employees may:

- Be candidates for public office in nonpartisan elections
- Register and vote as they choose
- Assist in voter registration drives
- Express opinions about candidates and issues
- Contribute money to political organizations
- Attend political fundraisers
- Attend and be active at political rallies and meetings
- Join and be an active member of a political party
- Sign nominating petitions
- Make campaign speeches in support of partisan candidates
- Distribute literature in partisan elections.

In general, most federal Government employees may not:

- Use their official authority or influence to interfere with an election
- Solicit, accept or receive political contributions unless both individuals are members of the same federal labor organization or employee organization and the one solicited is not a subordinate employee
- Knowingly solicit or discourage the political activity of any person who has business before the agency
- Engage in political activity while on duty
- Engage in political activity in any Government office
- Engage in political activity while wearing an official uniform
- Engage in political activity while using a Government vehicle
- Be candidates for public office in partisan elections
- Wear political buttons while on duty
Office of Special Council (OSC) has developed a number of booklets, posters and fact sheets that explain the application of the Hatch Act in greater detail. Copies of the booklets and posters can be ordered from the Government Printing Office. The fact sheet may be downloaded or emailed directly from the OSC website. Additionally, OSC has created a Power Point presentation — “Political Activity and the Federal Employee” — which covers the rules and regulations of the Hatch Act. Federal employees should also be aware that certain political activities may also be criminal offenses under title 18 of the U.S. Code.
5. Administrative Duties

The following topics are the CIVMARs’ administrative responsibilities. It is essential for all CIVMARs to maintain accurate personal data and to take the appropriate steps to inform MSC staff of additional or changing information.

MAIL

You can send and receive mail while underway. Although the ship’s location, sailing dates and times are restricted information, your mail will be processed by the Fleet Post Office (FPO) System according to the ship’s address.\(^\text{13}\) It is their goal to get your mail to you as quickly and reliably as possible. All mail addressed to you should read:

Your Name and Position
Name of Ship and Hull Number
Appropriate FPO and Zip Code

You may not use MSC, CIVMAR Support Units or CIVMAR Support Center (CSC) as a mailing address.

PERSONAL AND PUBLIC CORRESPONDENCE COMMUNICATION

In the interest of good morale, MSC permits the use of shipboard equipment and services to make personal telephone calls or send personal messages subject to operational considerations and the Master’s approval. Communications via INMARSAT, HF radio, and VHF Marine Operators will be on a collect basis or billed to a credit card except in an emergency when authorized by the Master. Some of the ships have a public lounge that allows mariners to have access to the email system. To receive an email account, check with the LAN Administrator onboard your assigned ship. In order to use the telephone and fax machine onboard ship when available, you must report to the Department Head to obtain authorization.\(^\text{14}\)

\(^\text{13}\) See a list of ship addresses in Appendix - A3

\(^\text{14}\) Per COMSINST 2000.2.
CHANGE OF ADDRESS/NAME

You are responsible for keeping MSC informed of any changes to your personal or contact information. Your data must be kept current to receive official correspondence. You must report a change of address or phone number by using the correct form including your name, supporting documentation of proof of new address (i.e. lease/rental agreements, phone/ utility bill, etc.), old information, new information, contact phone number and your signature.

If you change your name, be sure to inform both the Social Security Administration and your employer. MSC will process name changes only when a copy of your marriage certificate, divorce decree or court document, and a copy of the new SSN card or receipt from the SSA stating they have been notified is submitted with the change request as proof of name change. This will assure that your earnings will be properly reported by your employer and recorded in SSA records. Visit www.ssa.gov for more information.

Change of Address sample forms are included on the next page. To obtain a Change of Address form, visit http://civmar.sealiftcommand.com/about-command-overview/forms/. Send a signed request via email to MSFSC_HR_SYS_SUPPORT@navy.mil or by fax to 757-443-2269. If you have any questions, contact the CSC at 800-793-5784.
# CIVMAR ADDRESS AND EMERGENCY POC FORM

**EMPLOYEE INSTRUCTIONS:** The information will be used to update your information in all automated systems used by MSFSC. Please ensure that you sign and date the form. Form and supporting documentation can be submitted in one of four ways: 1) during pool check-in at CSU-East/West or at NEO; 2) email as an attachment to msfsc_hr_sys_support@navy.mil; 3) fax to 757-443-2938; 4) mail to MSC N22, Building SP-64, 471 East C Street, Norfolk VA 23511-2419.

<table>
<thead>
<tr>
<th>Name</th>
<th>Birth Date</th>
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<table>
<thead>
<tr>
<th>Home Phone Number</th>
<th>Cell Phone Number</th>
<th>Email Address</th>
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</thead>
</table>

## 1. Mailing Address

Used to distribute official correspondence such as LES, W-2, and letters.

(Street or PO Box) include apartment number

<table>
<thead>
<tr>
<th>Change</th>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
</table>

City/Town

State

Zip Code

OVERSEAS ADDRESS ONLY – OTHER (such as PROVINCE, STATE) AND POSTAL CODE

## 2. Residence Address

Used to muster employees in the event of an emergency or disaster, and also to validate eligibility for subsistence and quarters (S&Q). Proof of address is required.

Same as Mailing Address

<table>
<thead>
<tr>
<th>Change</th>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
</table>

City/Town

State

Zip Code

OVERSEAS ADDRESS ONLY – OTHER (such as PROVINCE, STATE) AND POSTAL CODE

## 3. Emergency POC

NOTE: This is not a beneficiary form

In the event of EMERGENCY or DEATH-IN-SERVICE, I request notification be made to:

Name and Relationship

Address

Phone Number (Include country code and/or area code)

Additional Phone Number (Include country code and/or area code)

Signature ___________________________ Date ___________________________

---

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MSFSCFORM 5300/1 (Rev 11/11)
Administrative Duties

CIVMAR ADDRESS AND EMERGENCY POC FORM

Adequate proof of residence address:

The following are preferred verification and only one item is required. The item must be dated and no more than twelve months old.

- Lease or rental agreement
- Major utility bill (electric, gas, cable, water, sewer)
- Mortgage papers
- Deed
- Previous year’s tax return, with W2 attached
- Property tax statement
- Vehicle tax statement
- Monthly residence payment coupon

The following types of identification showing residence address can be used as alternative proof when none of the items above are provided. A current driver’s license along with two documents from the following list that were sent through the U.S. mail to the residence address within the past twelve months must be provided as proof.

- Bank check with printed name and address or Bank statement for checking or savings account
- Credit card bill
- Any Federal or State official correspondence
- Vehicle registration
- Home owner’s association documentation
- Current voter registration
- Annual Social Security statement for the current or preceding calendar year
- Current automobile or life insurance bills
- Current homeowners insurance policy or bill

NOTE: Documents can be original, copies of originals, or copies retrieved from Internet sites.

For MSC N1 Use Only

Proof of residence provided and is acceptable: ☐ YES ☐ NO
Change of Residence Address in HRMS is required: ☐ YES ☐ NO

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MSFSCFORM 5300/1 (Rev 11/11)
ERROR ON EMPLOYMENT RECORDS

If you find that your personal data, including Date of Birth or SSN, is not accurate on your Standard Form 50, Notification of Personnel Action, contact CIVMAR Labor Employee Relations (LER) and Services Division (N112A) to provide proof of the correct information, such as a copy of your Birth Certificate, Passport or SSN card.

MILITARY RESERVISTS

If you are a member of the Military Ready Reserves and you receive mobilization orders, you must immediately notify your Marine Placement Specialist (MPS) — if not attached to a ship — or the Master — if attached to a ship. A copy of your orders must be forwarded to your MPS. Digital copies of the orders will also be accepted via email.

At times employees believe that their only obligation is to notify the Agency of Reserve Duty Training orders and that USERRA gives them the authority to execute these orders without the need for permission. This isn’t an accurate assessment of the law because they also must meet their obligations to resolve scheduling conflicts with their employer as described in 5CFR353.203. Relevant paragraph here:

“(c) Nature of Reserve service and resolving conflicts. An employee who is a member of the Reserve or National Guard has a dual obligation — to the military and to his or her employer. Given the nature of the employee’s service obligation, some conflict with job demands is often unavoidable and a good-faith effort on the part of both the employee and the agency is needed to minimize conflict and resolve differences. Some accommodation may be necessary by both parties.”
In the event that MSC is not successful in getting an exemption, you will be placed on Leave Without Pay (LWOP) from your civil service position and you may contact the Civilian Benefits line at 888-320-2917. You have return rights to your civil service position upon your timely notification of return from your active Reserve Duty provided that you remain in the active reserves for no more than five years.

EMPLOYEE SURVEYS
MSC will employ several types of surveys via various methods to gauge the CIVMAR’s level of satisfaction with his/her career experience. The primary method will be written surveys, which may be supplemented by electronic surveys. The information collected from the survey is used to indicate trends or potential areas of concern impacting the recruiting and retention of the CIVMAR workforce. The data is also used to evaluate and improve the level of support.

Surveys unique to MSC are conducted at the following points of the mariner’s career:
1. Upon completion of the New Employee Orientation (NEO);
2. Upon completion of a training course lasting two or more weeks in duration;
3. Upon separation of employment with MSC. If you’ve recently separated from MSC and have not complete the survey please visit http://surveys.sealiftcommand.com/s3/Separation-Survey.

If you have not received a survey and have reached one of the above points in your career, please call 800-793-5784 to request one.
6. Your Job As A CIVMAR

This section covers a multitude of topics that are important for all CIVMARs to be aware of whether underway or ashore.

To better serve our CIVMARs, we have created the CIVMAR Support Center (CSC). The mission of the CSC is to provide a one-stop resource for answering common questions regarding benefits, payroll, assignments, United States Coast Guard (USCG) issues, etc. Whether underway or ashore, you may contact the CSC by calling toll-free 800-793-5784; or via email at: civmar@sealiftcommand.com.

Please review these sections thoroughly and if you have any questions, discuss with your Purser or contact the CSC for additional clarification.

IDENTIFICATION CARDS AND PASSES

As a new employee, you were issued a DoD Common Access Card (CAC).

The CAC is the DoD ID card, and serves as the principal card used to enable computer network and unclassified system access. It is also the primary platform for the Public Key Infrastructure (PKI) token, which allows a user to sign on to the Navy-Marine Corps Intranet. The CAC is similar in size and functions to a credit card. Embedded in the card is a small gold-colored computer chip that stores information, along with a magnetic strip that allows information in the chip to be electronically scanned and interfaced with other computer systems. The CAC may be used to gain entry to military exchanges overseas, dependent on policies of the respective base commanders. During new employees orientation you will be issued a CAC Reader package. This package will include instruction as well as the reader itself. It is the CIVMAR is responsible to maintain this CAC reader at all times as it is government property. Remember your PIN number in order to access PKI items; otherwise you will have to schedule a visit to a CAC issuing facility to have it reset. These facilities are not easy to get to and usually require appointments. The CAC, in
addition to your USCG Merchant Mariner Credential (MMC), is to be in your possession at all times, ready to produce upon request for access to military installations or Navy bases to reach your ship.

For more information, visit http://www.uscg.mil/nmc/ or call 888-427-5662

**PASSPORT, VISA and TWIC IDENTIFICATION**

You are required to have blue tourist passport book as a condition of employment with MSC. It is your responsibility to maintain its currency at all times. To renew your passport, visit a Post Office or download an application at http://www.state.gov/documents/organization/212241.pdf. A $110.00 fee applies and two passport-size photographs are required.

**Official Passports** — You will be required to obtain an Official Passport at some point. At that time, MSC will collect your completed passport application form (DS82), passport authorization form with personal information (DD1056), photos and Blue Tourist Passport. As an alternative to submitting the Blue Tourist Passport with the application, the mariner’s official birth certificate or naturalization papers may be substituted. It will take approximately 3-4 weeks to receive your Official Passport from the Department of State. Once your Official Passport has been processed, you will be advised where to report to receive your Official Passport and to have your Blue Tourist Passport returned. If the Department of State determines that your Blue Tourist Passport is mutilated, it will not be returned and you must obtain a new Blue Tourist Passport.

**Visa** — Visa requirements vary from country to country. If a Visa is needed, MSC will advise of the proper forms to complete. The Visa application process will take approximately 2-4 weeks. Visas must be issued and received prior to beginning travel to join a ship.
Delays en route may be based on your presentation of the necessary Passport and Visa.

If you lose your CAC, Passport, Visa or MMC, report it immediately to your shipboard supervisor or your Marine Placement Specialist (MPS) and submit written statements to MSC Personnel Security Division (N13) setting forth circumstances concerning loss at the time a new card is issued. Loss of these cards may prevent you from sailing, and if found by unscrupulous individuals, allow them to enter restricted areas.

**TWIC** — The purpose of the Transportation Workers Identification Credential (TWIC), which is overseen by the Department of Homeland Security, is to ensure that ONLY authorized personnel who have successfully completed a security threat assessment have unescorted access to secure areas of MTSA regulated maritime facilities and vessels. All MSC CIVMARs are required to have a TWIC card. For more information, visit http://www.uscg.mil/nmc/twic/default.asp.

In accordance with the provisions of the Geneva Convention, if you are captured by enemy forces in a combat zone, you may be required to surrender your ID card to your captors.

**STANDARDS OF DRESS**

**Uniforms** — CIVMARs shall provide themselves with an adequate supply of prescribed uniforms and work clothes as appropriate for their respective rank. Uniforms and work clothes may be purchased from any dealer selling articles conforming to these regulations. Secretary of the Navy has approved MSC’s request to allow CIVMARs to participate in the Navy Exchange’s Navy Uniform Mail Order Program to purchase uniform items. Procedures on how to do so are promulgated by MSC under a separate instruction.
The following is a description of acceptable clothing to be worn during working hours. For all items, unless otherwise noted, MSC will not furnish, launder, or dry clean uniforms or work clothes, except as agreed to in Command Labor-Management negotiations approved by the agency.

**Officer Work Attire:**

- Dress blue uniform (Masters and Chief Engineers only)
- Khaki work uniform (all officers)
- Cap – (If in khaki work clothes, wear the blue ball cap with respective ship’s name or combination cap with khaki cover. If in dress blue uniform, wear the cap that has the white cover.)
- Black socks and shoes

In addition, Engine Department officers may (to be coordinated by Master and Chief Engineer) wear fire-retardant boiler suits in lieu of cotton khaki work clothes while on duty. The rank and departmental collar insignia are not required on such suits.

Items furnished onboard ship by MSC to Masters and Chief Engineers are:

- Initial issue of one outfitting of cap insignia, departmental insignia, rank insignia and shoulder boards
- Buttons (for one dress blue uniform)
- These items become personal property to whom issued

Items furnished onboard ship by MSC to all other officers are:

- Initial issue of one outfitting of cap insignia, departmental insignia and rank insignia
- Newly promoted officers will be provided one set of departmental and rank insignia for their new rank
- These items become the personal property of the CIVMAR to whom they are issued
Non-officer Work Attire:

- Deck, Engine, and Supply (Assistant Storekeepers) – Blue (Chambray) work shirts with collars and buttons down the front, long blue dungarees, black shoes and black socks. The black safety shoes provided or paid for by MSC will meet the shoe requirement. Employees may wear the standard blue Navy ball cap with respective ship’s name.

- Cooks, Bakers and Pantrymen – MSC will furnish white steward’s jackets, white shirts, white fly-front long trousers, cook’s caps, and white aprons to wear with your black or white socks and black shoes.

- Laundrymen and Utilitymen – White steward’s jackets (to be furnished by MSC); khaki long trousers, black socks and black shoes.

- Yeoman Storekeepers and Chief RET – Khaki work clothes, black socks and black shoes.

- Any of the above items furnished by MSC remain the property of the U.S. Government.

Deck, Communication, Engine and Supply personnel may wear fire-retardant boiler suits provided by MSC or coveralls in lieu of the prescribed work clothes while on duty, as determined by the Master and Chief Engineer.

NOTE: The above information was extracted from Civilian Marine Personnel Instruction (CMPI) 594. A copy of the CMPI is maintained by every ship’s Purser.

CIVILIAN CLOTHING

It is important to note that CIVMARs are representatives of the U.S. Government and therefore, shall maintain an appropriate standard of appearance and dress at all times.

Civilian clothing is to be worn by all personnel when off the ship on leave or liberty. Civilian clothing is also to be worn by CIVMARs arriving/departing ship as a leave replacement. No part of the prescribed uniform will be worn
with civilian clothes except those articles that do not present a distinct uniform appearance.

**ASSIGNMENTS**

The respective MPS makes assignments based on the need of the fleet, taking into consideration skills, training, endorsements/license and ability to be assigned to a ship overseas as well as your personal desires. Requests for a specific ship or specific ship type may be made through our Training Center (TC) East Marine Placement liaison (if ashore at the TC) or the ship’s Purser (once you are assigned). Please note, requests will be considered but cannot always be honored – assignments are based on operational needs.

Ship assignments are a minimum of four months. Requests for leave must be made through the Purser or designated shipboard point of contact at least 60 days in advance of your request date. Government travel will be provided for those mariners assigned to a deployed ship to the Customer Support Unit (CSU). Should a CIVMAR resign while deployed, the Government is not obligated to provide transportation back to the United States.

Typically, you will be notified of your ship assignment either while in training or at the CSU. Ship assignments can also be made while a CIVMAR is on leave. You will be provided with as much information as possible regarding your assignment. In addition, the ship’s management will be aware of your arrival and will have an agent (when necessary) to meet you and assist you in getting to the ship. Pack only what you can comfortably carry. Additional clothing/items can be mailed once you have the ship’s address. Please travel in civilian attire.

**TRAVEL**

According to the Joint Travel Regulations (JTR), MSC will fund travel cost associated with transporting you to/from your assignments, training facilities, CSU and MSC. MSC provides hotel accommodations and transportation to
MSC’s Training Center in Freehold, New Jersey, or San Diego, California, at no charge to you. Once you receive your assignment from your MPS, you may be required to travel on TDY travel orders. You may also be issued travel orders to attend training courses, in which you may be authorized a rental car and/or lodging.

All travel orders are requested and approved by your Marine Placement Specialist (MPS). The Travel Order Writer Branch (N842) is responsible for preparing orders and making all transportation arrangements. Rental cars are only authorized when using SATO endorsed rental companies. Always read the travel orders thoroughly before you begin travel to determine what has been authorized for payment and/or reimbursement, including travel advances, which must be approved in advance. Before you depart the Continental United States (CONUS), make sure you know the port call of the ship and have your travel orders and Government ID available for immigration and customs.

Travel overseas includes several training and administrative requirements before travel orders can be initiated. The CSU staff will assist you in completing the:

- Isolated Personnel report (ISO Prep) questionnaire
- Survival, Evade, Resist, Extract (SERE) code of conduct training
- Anti-Terrorism Awareness training
- Trafficking In Personnel (TIPS)
- And any other requirements specific to the destination

If you have any questions prior to traveling, or to obtain information regarding the contracted bus or hotel, contact the CSC at 800-793-5784. If you need to make travel changes, modifications must be coordinated with your respective MPS in advance. For Emergency calls during non-working hours, contact SATO at 800-359-9999.
Norfolk, VA contract hotel reservations can be made by contacting the CSC by phone 757-443-1833 or email MSC_CIVMAR_HOTEL@NAVY.MIL, Monday through Friday (excluding federal holidays). San Diego, CA contract hotel reservations can be made by contacting the CSC by phone 619-524-9928 or email MSC_CIVMAR_HOTEL@NAVY.MIL, Monday through Friday (excluding federal holidays). Must sign Roster Daily. Freehold, NJ contract hotel reservations can be made via phone 732-938-4979x302 or email ANNA.PACINDA.CTR@NAVY.MIL, Monday through Friday (excluding federal holidays).
**REQUEST FOR COMPENSATORY TIME OFF FOR TRAVEL (CTFT)**

<table>
<thead>
<tr>
<th>Name of Person Authorization/Detail</th>
<th>Name of Person Originating Request</th>
<th>Name of Person Issuing Travel Order</th>
<th>Name of Port of Embarkation</th>
<th>Name of Port of Disembarkation</th>
<th>Date of Trip</th>
<th>Initial Date of Leave</th>
<th>Final Date of Leave</th>
</tr>
</thead>
<tbody>
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</table>

15 For full Compensatory Time off for Travel Policy, see Policies Section - P11
REQUEST FOR COMPENSATORY TIME OFF FOR TRAVEL

INSTRUCTIONS

Block
1. Full Name
2. Permanent Position
3. Deli ID Number
4. Date Submitted
5. TDY Location
6. Purpose of Trip
7. Work Schedule
8. Travel Orders Issued?
9. Travel Order Number
10. Explain Transportation
11. Itinerary
12. Local Date and Time
13. Departure Point Date and Time
14. Activity & Location
15. Actual Travel Time
16. Duty Hours
17. Non-Duty Hours
18. Non-creditable Time
19. Comments and Clarifications
20. CIVMAR's Signature
21. Approving Official (Name and Title)
22. Approving Official's Signature & Date

FOR OFFICIAL USE ONLY - PRIVACY SENSITIVE
TRAVEL CLAIMS

Within five (5) days of completing travel, you must submit a travel claim (DD Form 1351-2 Travel Voucher). Please ensure that you include travel orders with endorsements and receipts for all claimed expenses including the airline eTicket receipt.

HOW DO I FILL OUT AND FILE A TRAVEL CLAIM?

Filling out and filing a travel claim can be simple, but you must have all the necessary documents:

- Original of Travel Orders (both pages if there is a “see continuation sheet for remarks” on page 1)
- Computer generated SATO itinerary/invoice
- Airline ticket expense receipt or copy of ticket if you paid for it
- Lodging receipts regardless of amount
- Rental auto receipts (the paid receipt, showing amount paid and balance due zero), all gas receipts for rental auto. All other receipts for $75.00 or more in front of you.

It’s better to complete this process sooner than later, so you can remember your trip better and make filling out the form easier. Even if you don’t think you owe any money or if you are owed any money, you must file a travel claim. The best way to look at it is, if you have Travel Orders in your hand, you must fill out a Travel Claim. Any travel for which you get a travel advance in the form of a ticket or money for a ticket, you must account for in advance. If you do not, you will run the risk of having the full amount deducted from your pay. It’s not your money, it’s all taxpayer money and the Government is tasked with tracking it to the last penny.

The first thing you need is your original orders. You can identify the original orders because it will have “ORIGINAL” stamped on it in BLUE ink. If you
don’t have the original orders and you only have a copy of your original orders, then you must attach a signed statement to your claim. The statement must read, “I certify that my official original travel orders are lost and if my original orders are found, no further claim will be submitted”. If you have lost your orders all together, then you have to go back to whoever issued those orders and get a copy.

Once you have your orders, you need the travel claim form. It is DD Form 1351-2, August 2006, but older forms may still be used. If you happen to be using an older form, as long as you have the bulk of the information described below on it, you should be fine. You can obtain a travel claim form by contacting the CSU’s, MSC (N822), or Ships Purser. It’s a good idea when you are issued your travel orders, to ask for a travel claim form at that time. One is usually attached with your orders.

With the travel claim form and travel orders laid out, you now need to put all your receipts in order. It’s easiest to do this in chronological order from the day you departed on your travel to the time your travel ended. Tape your receipts to a blank piece of paper and write your name at the top of the paper. Once you have done that, it’s time to start the travel claim form.

**TRAVEL CLAIM CHECKLIST FOR CIVMARS**

- Temporary Duty Travel Authorization (ORDERS – DD1610)
- Stamped Endorsements needed for:
  - School Attendees
  - Ship Assignment endorsed by Master or Purser upon arrival to ship
- Computer Generated Flight Itinerary, SATO or all itinerary for tickets purchased by Mariner
- Certification statement if any of above documents are lost, or destroyed, etc.
• Travel Voucher or Subvoucher, DD1351 (The Travel Claim form)

**DOCUMENTATION REQUIRED**

• Airline ticket expense receipt and all itineraries plus copy of ticket purchased if paid for by CIVMAR

• All Lodging receipts – BOQ/BEQ, Hotel/Motel receipts regardless of amount MUST cite the following:
  
  — Name
  
  — Location of lodging
  
  — Daily room rate
  
  — Period of stay
  
  — Amount paid and zero balance

• Taxi/limo/shuttle receipts for fares of $75.00 and up

• Rental auto receipts required, must show amount paid, the pre-calculated is not acceptable. All the receipts for gas purchased, all rental autos must be authorized on orders and on itinerary from SATO.

Amendment (mod) to orders is required when change in dates traveled, or itinerary differs from dates authorized, mode of travel differs from block 12 or any reason than may effect the reimbursement of funds.

**Block 1** – is for PAYMENT, you must mark the Electronic Fund Transfer box. All advances and reimbursed funds are paid out in direct deposit. Be sure to notify the Travel Claim section, and your payroll technician if you change your account to a different bank or account. Fail to do this and you run the risk of your funds being misdirected or not received.

**Blocks 2 – 4** – your personal information

**Block 5** – mark the TDY box since all of our travel as mariners is temporary in nature.
Your Job As A CIVMAR

Block 6 – your mailing address

Block 7 – a number where you can be reached, helpful if travel has questions when liquidating the claim

Block 8 – your TRAVEL ORDER NUMBER, you can find that on your travel orders in the lower right hand corner (block 22 on the travel orders) and it will have the letters “TON” in it somewhere.

Block 9 – any TRAVEL ADVANCES you may have received

Block 11 – ORGANIZATION, you can write MSC or the ship you are coming from or going to.

Skip Blocks 10, 12, 13 and 14 – DEPENDENTS and HOUSEHOLD GOODS. Proceed on to the next entry.

Block 15 – ITINERARY, this is where it gets interesting. In this block are several columns that describe your journey in a chronological order. You may make several stops en route to your final destination. Use your SATO travel Itinerary and receipts to help you enter the timeline to document your trip.

Where it says “Date” at the top of the column (a), write in the year. Starting on the first line, enter the month and day under the Date column. Next to “Dep” or in the “Place”, column (b) write in point of departure, where you left from. Then take a look at your orders, whatever it says on your orders under “From” on the Itinerary (travel order block 11) is the “Place” where you start your travel claim, write in your starting point.

The next column is the “Means/Mode of Travel”. This is a two-letter code that identifies how you actually left the starting point. These codes are shown on the reverse side of your travel claim, and in this instruction next paragraph. The first letter identifies the means of travel, such as a Government vehicle (“G”), commercial travel that has been pre-paid by the Government (“T”), commercial travel purchased by you (“C”), or travel in a vehicle that is
privately owned ("P"). The second letter is the mode of travel, whether by car ("A"), motorcycle ("M"), bus ("B"), airplane ("P"), train ("R"), or ship ("V").

Putting this together, it pretty much goes as follows:

Mode of Travel

- **CA** Cab
- **CA** Rental Auto
- **GB** MSC (Government) provided Van/Bus transportation
- **PA** You drove your own car
- **CP** You paid for your own plane ticket
- **TP** MSC (Government) paid for the plane ticket

You will notice that the next column ("Reason for Stop") is grayed out. This is because you haven’t finished yet. Go to the next line down.

This may be your final destination or it may be just a place where you are waiting for the next leg of your journey. If you took a taxi from the CSU to the airport, then the airport is your first stopping point. Next to the “ARR”, fill in the date under the “Date” column. Then write in the name of the stopping point. You will notice that the “Means/Mode of Travel” column is grayed out on this line. This is because you are no longer traveling. So now you must fill in the “Reason for Stop” column.

The codes to indicate this are as follows:

Reason for Stop

- **AT** Awaiting Transportation (for the plane to take off, or taxi)
- **MC** Mission Complete
- **TD** Temporary Duty

Don’t bother with the “Lodging Cost” column (you can claim lodging later on the form) and the final column, “POC Miles”, is used only if you have utilized a Privately Owned Conveyance for that leg of travel, usually your auto (PA,
PM, PP, PV, etc). Write in the number of miles you utilized your vehicle for that leg of the journey, note the number of miles in column (f).

Go on to the next line. Notice that the area for “Place” aligns with both an ARR time and a DEP time. Since you are now departing this first stopping point, simply fill in the date, and “Means/Mode of Travel” columns. Continue filling out Block 15 until you are “MC” at your final destination.

**Block 16** – is for POC (Privately Owned Conveyance) TRAVEL and if you used one and are claiming miles, you must mark if you own/operate the vehicle or if you were a passenger.

**Block 17** – DURATION OF TDY TRAVEL, asks how long your travel was, mark how long your trip was, 12 hours, more than 12 but less than 24 or over 24 hours.

**Block 18** – REIMBURSABLE EXPENSES, is where you ask for reimbursement for out of pocket expense. Using your receipts, list the date of the expense in the “Date” column. In the “Nature of Expense” column you would write down what the expense was. Some examples are, “Taxi to/from airport”, “Rental Car”, “Tolls”, “Lodging/Hotel”, and “Airfare”.

**NOTE:**
- If you were not provided air fare at Government expense and needed to purchase a ticket from the ships agent or other travel agency, and were given an advance when departing from the ship for this purpose, be sure to indicate the ticket cost here.
- If an advance was indicated on your orders and the funds were given to the agent for your ticket, be sure to claim that cost here also.
- If rental auto used, be sure to include the SATO Itinerary showing CAR, you should not have expenses for LDW (Lost Damage Waiver), Hand Held GPS, ALI (Additional Liability) or Gas Service Option, if you do
have them, you will not be reimbursed for them, as these items are not reimbursable to you.

- If it is a rental car for a few days, indicate the dates like “01 Jan thru 05 Jan rental car”. In the “Amount” column, write in the amount of the expense.

- If your expense is in a foreign currency, write the amount in local currency in the “Nature of Expense” column and be certain travel understands this expense is shown in foreign currency. For example, “Taxi to airport, 25 DINARS,” leave the column marked “Allowed” blank.

**Block 19** – GOVERNMENT/DEDUCTIBLE MEALS, is best left blank, you will generally be on a per diem for meals and travel understands this.

**Block 20** – calls for your signature and date. If you don’t sign it, you won’t get paid so make sure you SIGN and DATE the form.

Leave the rest of the form blank, the person who will be processing your travel claim will fill it in. Make a copy of the completed travel claim, orders, itinerary and all your receipts for your records. Then, collect your originals and place the completed claim sheet on top of your original orders. Place your receipts behind the orders. Having them in chronological order will help the processor find them easily.

**REMINDERS**

- Travel voucher DD 1351-2 must be signed and dated by traveler, or it will be returned.

- Form 1164 claim is required for local miles in/around TDY area.

- Unused tickets must be returned with original orders and a completed 1351-2.

**TO FILE A CLAIM**

1. Travel claim forms can be obtained from MSC, the CSU’s or the ship’s Purser.
2. Make a copy of your completed travel claim voucher, orders and all of your receipts.

3. Tape small receipts in chronological order to a blank sheet of paper to prevent any loss.

4. Place the completed travel claim voucher form on top of the original orders. If you only have a copy of your orders, write a signed statement that says: “I certify that my original travel orders have been lost and if found, I will not resubmit this claim.” If you don’t have either, you will need to request a replacement copy.

5. Place your receipts chronologically behind the travel orders.

6. Mail claims to:

   MSC Travel Section N843  
   471 East C. Street, Bldg. SP-64  
   Norfolk, VA 23511-2419

Or email scanned images of travel claims to: MSC_TRAVEL@NAVY.MIL
Or fax your claim to: 757-443-2164.

Always keep a copy of your travel claim voucher until it has been liquidated, in the event there are questions.
<table>
<thead>
<tr>
<th>Your Job As A CIVMAR</th>
</tr>
</thead>
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### TRAVEL VOUCHER OR SUBVOUCHER

**Read Privacy Act Statement, Penalty Statement, and Instructions on back before completing form. Use typewriter, ink, or ball point pen. PRESS HARD. DO NOT use pencil.**

**If more space is needed, continue in remarks.**

1. **PAYMENT**
   - Electronic Fund Transfer (EFT)
   - **Payment by Check**

2. **NAME**
   - Last, First, Middle Initial
   - **Last Name, First Name, Middle Initial**

3. **ADDRESS**
   - Number and Street
   - City
   - State
   - ZIP Code

4. **TYPE OF PAYMENT**
   - **TDY**
   - Member/Employee
   - PCS
   - Other
   - Dependents
   - DLA

5. **FOR D.O. USE ONLY**
   - D.O. Voucher Number
   - Sub-Voucher Number

6. **ORGANIZATION AND STATION**
   - **MSSC**

7. **DEPENDENT(s)**
   - **Parent/Spouse and Children**

8. **TRAVEL ORDER NUMBER**
   - Copy from line 22 of Travel Orders

9. **PREVIOUS GOVERNMENT PAYMENTS / ADVANCES**
   - DO NOT WRITE HERE

10. **ITINERARY**
    - **DURATION OF TDY TRAVEL**
      - **12 Hours or less**
      - **more than 12 Hours but less than 24 hours**
      - **More than 24 Hours**

11. **REIMBURSABLE EXPENSES**
    - **LIST ALL EXPENSES EXCEPT MEALS AND TIPS**
    - **IF YOU BOUGHT YOUR OWN AIRPLANE TICKET, CLAIM IT HERE. IF YOU WERE ISSUED AN ADVANCE TO PURCHASE A PLANE TICKET YOU MUST CLAIM IT HERE. YOU MUST HAVE ALL ITINERARIES.**
    - **YOU MUST HAVE A RECEIPT FOR ALL EXPENSES $5 OR MORE. YOU MUST HAVE A RECEIPT FOR ANY LODGING.**

12. **CLAIMANT SIGNED**
    - **REVIEWER'S PRINTED NAME**
      - **APPROVING OFFICIAL'S PRINTED NAME**
      - **ACOUNTING CLASSIFICATION**
      - **COLLECTION DATA**

13. **AMOUNT PAID**

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**Military Sealift Command Civil Service Mariner Handbook**
**OBTAINING A RENTAL VEHICLE**

Per DoD policy, it is mandatory to obtain rental vehicles (except for aircraft or bus) through the Commercial Travel Office (CTO), when the CTO is available (ref JTR Appendix O T4030). In accordance with the government traveler’s entitlement, the Defense Travel System (DTS) default for rental car is set for a compact car. Travelers should select the least costly rental car at time of booking. Travelers are required to provide justification if they select a car size larger than compact, and/or do not select the lowest priced rental car.

Travelers requiring a larger vehicle must specify in the comment section going to the CTO and include justification for Approving Official's (AO) approval. The AO must ensure that the traveler provides adequate justification for any rental car requirements above a compact vehicle.

Travelers may sometimes get a message that rental car or government rates are not available. In this case, the traveler should request a rental car in the comments section to the CTO. Travelers should also request a rental car on the premises of the airport, if this is a requirement. Currently, only rental cars at airport locations are listed in DTS. If the traveler requires a rental car at an off-airport location, the traveler should request a rental car in the comment section, being sure to specify the specific location and time they would like to pick the car up.

Per DoDI 5154.31, Volume 4, a Government Travel Charge Card/individually billed account (GTCC/IBA) cannot be used for any leisure travel expenses. Therefore, if travelers are combining leave in conjunction with official Temporary Duty Assignment (TDY), the traveler should not reserve their rental car in DTS for any leave days. If the leave is prior to the start of the TDY, the rental car pick up should be delayed until the Official TDY start date.

At the discretion of the AO, a rental car may be authorized when required to meet the mission. When two or more individuals are traveling to the same TDY
location, only one rental car is authorized. The type of rental car authorized is
determined by the number of personnel attending the event as follows:

**NUMBER OF PERSONNEL RENTAL CAR AUTHORIZED**

2 - Economy/Compact or equivalent

3 - Mid-size or equivalent

4 - Full-size or equivalent

5 or more - Van or equivalent

**RENTAL CAR COSTS**

When choosing the rental car from the list provided in DTS, the total amount
of the vehicle costs shall not exceed $25.00 above the lowest rate listed.

**CONFERENCE SITES**

When the TAD location is at a major city, a rental car is not authorized. Public
transportation shall be utilized. The AO must approve exceptions.

Pre-purchasing gas from the rental agency is not an authorized expense. No
prepaid gas reimbursement

Rental Accident Report and Rental Car Agreement are located on the DTMO
Web site;

- Rental Car Agreement - [https://www.defensetravel.dod.mil/Rental/](https://www.defensetravel.dod.mil/Rental/)

**SAILING DAY**

Sailing day refers to the ship’s departure and the amount of notice you will
have regarding the departure time. This is especially important information
for all CIVMARs to be aware of while on liberty. Liberty is the time that you
spend away from the ship while it is in a foreign port.
When planning your schedule for sailing days, please keep in mind:

- If you arrive in port for a stay less than twelve hours, the ship’s sailing time will be posted at the gangway within 30 minutes of arrival.

- When the ship’s stay will exceed twelve hours, sailing time will be posted eight hours prior to scheduled sailing, if before midnight. If sailing is scheduled between midnight and 0800, sailing time will be posted as soon as possible, but no later than 1700 the day prior.

- When the ship arrives on a weekend between 1700 Friday and 0800 Monday and is scheduled to sail prior to 0800 Monday, the sailing time will be posted no later than two hours after arrival.

- The sailing time will be posted no later than 1700 on Friday when the ship is scheduled to sail on a weekend between 1700 Friday and 0800 Monday.

- In the event Friday is a holiday, sailing time will be posted prior to the holiday.

- If Monday is a holiday, the following Tuesday will be substituted in lieu of Monday.

- Whenever the ship’s departure time is changed, the new time of departure will be immediately posted.

Normally, liberty expires one hour prior to sailing time. Therefore, plan accordingly. Do not forget to have your CAC with you at all times while on liberty.

When assigned to a ship, the authority to grant liberty is vested in the Master, contingent upon work requirements, authorized port restrictions, and possession of leave hours, etc.

Should you miss the ship’s sailing, which is grounds for separation from MSC service, you should report immediately to the nearest MSC office liaison or
Ship’s Agent. If there is no such office in the port, go directly to the American Consulate for assistance.

Upon arrival to the ship, climb the accommodation ladder (gangway) to report to the Gangway Watch. The Watchstander will notify the Department Head of your arrival and provide an escort to your room for you to leave your possessions. Report to the Purser or Master to receive your bunk card that identifies your position title and billet number. Your billet number identifies your fire, lifeboat or life raft number and damage control stations. You may be required to work immediately upon arrival. If not, learn your ship, emergency stations and emergency exit routes. Become familiar with your ship immediately!

**SUBSISTENCE**

Subsistence in kind aboard ship shall include three nutritious meals per 24-hour period. Meals shall be the same in the quality and quantity for officers, Chief Petty Officers (CPOs) and other ratings. When CIVMARs have the use of three separate subsistence accommodations, officers, CPOs and other ratings, respectively, shall be subsisted in separate accommodations insofar as practicable. When CIVMARs have the use of two separate subsistence accommodations, officers shall be subsisted in one accommodation with CPOs and other ratings in the other accommodation.

**QUARTERS**

CIVMARs will be provided with sleeping quarters and restroom facilities with functional heat, light, hot and cold water and linen service seven days a week while assigned to a ship. Living conditions on MSC ships are generally consistent with current maritime industry standards.

Subsistence (cash in lieu) and Quarters (S&Q) will be provided to eligible CIVMARs who do not live in the local commuting area to the respective

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16 CMPI 593 defines Subsistence and Quarters.

17 CMPI 593 defines such accommodations and associated bonuses.
Your Job As A CIVMAR

CIVMAR Support Unit and also to those attending training at Training Center East and West. Specific proof of an established residence outside the commuting area is required for authorization of S&Q.

SHIP’S STORE AND EXCHANGE PRIVILEGES

While underway and in port, you will have access to the ship’s store. Most MSC ships are fitted with a ship’s store where essential items such as toiletries, ship’s ball caps, candies, clothing, etc., may be purchased. Hours of operation are set by the ship’s Master and store operator; typically the store is open a minimum of 1 to 3 hours each day during at-sea periods, depending on the size of the ship’s crew. All purchases will be made using cash only. Personal checks are not accepted at the ship’s store. If the CIVMAR is in need of cash, they can cash a personal check with the ship’s Purser.

As a CIVMAR traveling outside the United States (including Alaska and Hawaii) you have Post/Base Exchange privileges, which are extended to military personnel. CIVMARs residing on MSC ships also have limited Post/Base Exchange privileges in CONUS ports. These CIVMARs will be issued a DD Form 2574, Armed Forces Exchange Services Identification and Privilege Card by the ship’s Purser, to authorize the carrier to shop at the Exchange. The Exchange services operate like small convenience stores where you can buy clothing, toiletries, snacks, etc. These are privileges that should be used responsibly.

WELFARE AND RECREATION PROGRAM

The majority of our ships also offer a lounge, library and weight room for CIVMARs use during leisure time. Please remember these items are available for use by all CIVMARs, so it is important to keep them in good condition.
7. Medical Requirements

PHYSICAL EXAMINATION

MSC shipboard duties are often strenuous and require extended periods at sea. Medical requirements have been developed to protect the health and safety of all MSC civil service mariners (CIVMAR). Any applicants applying for positions that would require them to work aloft will be required to meet specific weight restrictions in order to be considered for employment as a CIVMAR. All CIVMARs will be screened prior to assignment to a ship to review their current medical status. Federal regulations require two different types of examinations:

- **DoD-Prescribed Report of Medical History and Medical Examination** – This exam is required for pre-employment, every five (5) years until age 50, then every two (2) years thereafter.

- **The Occupational Medical Surveillance/Certification Examination** – These specialty examinations are based on ratings and the periodicity is variable.

MSC required examinations MUST be completed by agency contracted providers at Military Treatment Facilities, Federal Occupational Health facilities, or other contracted clinics. These can be scheduled through the CIVMAR Support Center or through your MSO/MDR onboard. Examinations done by providers other than those specifically authorized by MSC will not be accepted to satisfy MSC requirements. Mariners will not be financially reimbursed for the cost of any unauthorized medical exam for which they paid.

The Medical Services Officer (MSO) and Medical Department Representative (MDR), will conduct a medical screening of the mariner upon arrival and departure from the ship to determine if any examinations are required.

HEALTH RECORD

Every CIVMAR has a Permanent and Supplemental Medical Record. MSC’s Medical Office (N131) in Norfolk maintains the Permanent Record.
and the CIVMAR is responsible for his/her Supplemental Record. When reporting or departing a ship, each CIVMAR must report to the MSO or Medical Department Representative to deliver/pick up his/her Supplemental Record. When not assigned to a ship, you must take this record to all agency required medical appointments, to your private healthcare provider on medical visits and to the MSC medical offices for medical screening to determine your physical examination requirements.

**DISEASE RISK AWARENESS**

Overseas travel will expose you to a variety of people and environments, which may increase your risk for a communicable disease. Many different diseases can be acquired from people, insects or animals, as well as from food and water. Diseases that are rare in the United States may be prevalent in many third world countries. Tuberculosis is an ever-present danger throughout many parts of the world. Of particular importance is the increasing threat of serious or terminal diseases such as HIV and Hepatitis. HIV and Hepatitis can be contracted by sexual contact; or by sharing needles, razors, tooth brushes, etc.; or by devices used in body piercing and tattoos.

Special immunizations may be required to enter certain ports or sail in particular areas of the world. If you have previous vaccination records, you should submit them to review by MSC medical personnel as some may be transcribed into your record and may prevent the need for re-vaccination.

Your MSO will have access to the latest medical intelligence and worldwide disease risk assessments. Before any port calls, the MSO will provide a briefing to all hands on health issues and make available any preventative measures needed. Crewmembers taking extended liberty or leave in a foreign port should consult the MSO prior to departure for any disease risk information, immunizations or other medical entrance requirements.
MEDICAL CARE

On most ships, there is a MSO onboard who is able to provide medical care for minor injuries or illnesses. In the event of a serious illness or injury requiring more sophisticated treatment, the MSO will assist in seeking medical care from federal health care facilities or private sources, as appropriate.\(^{18}\)

If you get sick or injured on the job, immediately inform your Supervisor or Department Head before the start of your shift if possible. She/he will advise you of the forms to submit, complete a Department of Labor Form CA-1, if applicable, approve any use of sick leave and revise the work schedule in order to redistribute the workload in your absence. To cover non-work related injuries or illness while overseas, it is strongly recommended that you have international insurance coverage. Mariners have incurred significant medical expenses overseas in dealing with non-work related medical conditions that MSC does not pay for.

Prompt reporting of injuries not only protects you, but also assists MSC in correcting potentially hazardous conditions. You may also be entitled to benefits through the Office of Workers’ Compensation Program (OWCP), U.S. Department of Labor.\(^{19}\)

In all events concerning sick leave, you will be required to submit a medical summary form from your physician to the MSC Medical Office (N131) in Norfolk to support the sick leave request to your Marine Placement Specialist (MPS).

If you are in a Not Fit for Duty (NFFD) status for any reason, DO NOT assume that because your personal doctor has written Fit for Duty (FFD) that you can report to duty. MSC Medical Office determines fitness for duty. Do not arrange any travel until you have confirmed with MSC Medical Office that you are found FFD in accordance with MSC medical standards. Once you have

\(^{18}\) See Health Insurance - chapter 10

\(^{19}\) See Workers’ Compensation - chapter 10
been found FFD by MSC Medical, you should contact your MPS regarding orders or reporting to the pool.

If you have been medically repatriated off a ship due to a work related injury, you must keep MSC Medical Office (N131) updated as well as the OWCP/Health Benefits staff. Follow standard operating procedures to contact the Force Medical Officer, or contact the CSC at 800-793-5784.

The Medical Office can change duty status (fit or non-fit), but cannot authorize leave. Leave desired (Sick Leave, Annual Leave, Leave Without Pay) must be requested through your MPS. If you are under treatment for a chronic medical condition and/or take medications regularly, MSC will require you to see your personal physician at least annually and sometimes more frequently, and submit a summary for review by MSC medical. If you are onboard ship and your periodic evaluation of your chronic medical condition is coming due, it is your responsibility to ensure that you ask for a timely relief or ship’s leave in order to complete the required follow-up evaluations. Medical Summary Forms are available from MSO’s, the CSU East and West Medical Offices in Norfolk and San Diego, or can be downloaded from the MSC website at http://civmar.sealiftcommand.com/civmar-resources. Prior to assignment, CIVMARs are expected to have a six month supply of any necessary prescriptions, or have a reasonable means to obtain required medications while assigned. When traveling, prescription medications should always be carried with you and not packed in checked baggage. CIVMARs are responsible for notifying Medical of any changes in their medical condition and medications.

Safety eye glasses may be ordered for you at MSC’s expense if required for your job. Contact your Supervisor on the ship with the current written prescription so they can make this request. Safety glasses are provided through the Safety Department in accordance with current SMS policy.
DENTAL CARE

You are advised to have routine dental examinations and care accomplished while on leave or prior to deploying in order to avoid repatriation while assigned to a ship. MSC does not provide dental services onboard ship, refer to your health insurance/dental plan.²⁰

NOTE: If you should have any medical questions or concerns, please contact the CSC at 800-793-5784 or MSC Medical Office in Norfolk at 757-443-5760.
8. Holidays and Pay

HOLIDAYS
For pay purposes, when a holiday falls on Saturday, it will be observed on the preceding Friday. When a holiday falls on Sunday, it will be observed on the following Monday. The ten legal public holidays for CIVMARs are:

- New Years Day (January 1st)
- Martin Luther King’s Birthday (3rd Monday in January)
- President’s Day (3rd Monday in February)
- Memorial Day (Last Monday in May)
- Independence Day (July 4th)
- Labor Day (1st Monday in September)
- Columbus Day (2nd Monday in October)
- Veteran’s Day (November 11th)
- Thanksgiving Day (4th Thursday in November)
- Christmas Day (December 25th)

Also, when by Executive Order or other means a holiday for leave and pay purposes is granted to all Federal Government civilian personnel, U.S. CIVMARs will also be granted a holiday for leave and pay purposes unless otherwise prohibited.

PAY
Base pay is pay you earn commensurate with the size, level of automation, and type of ship. Premium pay is additional compensation over and above base pay to include overtime, penalty pay, hazardous pay and bonus provision(s). See CMPI610 for more specifics on hours of work and premium pay.
CIVMARs are paid on a biweekly pay period, 112 hours basis, with pay every other Friday. There are normally 26 pay periods per year.

If you are not able to be relieved as scheduled, you may be entitled to an Overdue Relief Award. The Overdue Relief Award is payable at the rate of $25.00 per day (for days 1-45) and accrues beginning when you arrive at the first port after overdue date (date you requested to be relieved) and ends when you have been relieved and you depart the ship. The rate increases to $50.00 per day for day 46 and thereafter.

Hazardous pay may be payable under certain dangerous conditions when 50 short tons or more of explosives or dangerous cargo are aboard ships, or when you are required to handle explosives or dangerous cargo. You may be entitled to hazardous pay at the rate of 10% of basic pay. Any questions about premium pay must be addressed with your MPS, Purser, or Master (on ships without Pursers).

In order for you to be paid, time and attendance (T&A) data must be submitted to Defense Finance And Accounting Service (DFAS)-Cleveland. If you are in the pool, training, or on leave, your respective MPS will submit your T&A. If you are onboard a ship, the ship’s Purser or Master will submit your T&A. Follow your chain of command for questions regarding pay.

Federal taxes are deducted as calculated on the Withholdings Allowance Certificate Form (W-4) that is completed during New Employee Orientation (NEO). If you claim ‘exempt’ or more than 10 exemptions, a new W-4 must be submitted at the beginning of each year.

Please note all changes following the initial submission must be completed through DFAS.
DFAS CONVERSION

Effective 1 June 2014, the MSC CIVMAR Payroll office was disestablished as a result of DFAS Conversion. On 1 June 2014, DFAS assumed the payroll functions for MSC CIVMARS. MSC will no longer perform the payroll functions of maintaining pay, leave and retirements records, benefits, reporting, and disbursements.

Also on 1 June 2014, the new MSC Customer Service Representative Office (CSRO) was established to provide payroll support services and to act as the liaison between DFAS Cleveland Payroll Office, MSC Ships, Marine Placement, and CIVMARS. CIVMAR Time and Attendance will be managed by the CSRO.

MYPAY

All CIVMARS are required to be on MyPay. CIVMARs will be able to access the MyPay Website, https://mypay.dfas.mil/mypay.aspx. The MyPay Tutorial is also available via the MSC website at http://civmar.sealiftcommand.com. Follow the MyPay Tutorial link under Quick References. Information on MyPay was included on Human Resource Advisory 2014-3 dated 30 May 14. CIVMARs assigned to ships are encouraged to establish a MyPay account and to use the MyPay website prior to requesting CSR assistance. Once access has been obtained, you can make changes to direct deposits, allotments (up to eight), federal and state taxes and payroll mailing address. Leave and Earnings Statements (LES) can be printed up to 26 pay periods as well as W-2 Income Tax Forms.

Retired Military have one MyPay account, and once logged in to MyPay, he/she will be able to see two Account choices: 1) Military Retiree Pay Account and 2) Military Sealift Command Pay Account.

If shipboard CIVMAR is unable to access MyPay, please contact the Military Sealift Command Global Service Desk: MSCGSD (MSCGSD@navy.mil) or
call 877-672-2441 or 757-227-3923. Ensure specific information pertaining to inability to access MyPay (i.e. Connectivity, screen shot errors, etc) is provided to the service desk. The service desk will open a ticket, provide customer a service ticket number and assist or elevate issue. If access issue cannot be resolved by 11 June, 2014, submit request to CSR to process CIVMAR’s mypay action. Written (email, fax) request must indicate:

- An attempt to access MyPay was unsuccessful
- The incident was reported to MSCGSD
- The MSCGSD service ticket number

Effective immediately ships and CIVMARS may submit inquiries to the new CSR mailbox, MSC_CSR_AFLOAT@NAVY.MIL. Any emails sent to CSR mailbox, MSC_CSR_AFLOAT@NAVY.MIL should include ship name in subject line.

After payroll is processed, a Leave and Earnings Statement (LES) file is transmitted to the ship’s Purser or Master to print and distribute to each mariner onboard the ship. If a mariner is on leave or in the pool, the LES will be mailed to his/her current mailing address on record. If you do not receive a LES, please immediately contact the CSC at 800-793-5784.

All CIVMARs are required to participate in direct deposit/electronic funds transfer as the method of all payment from DFAS-Cleveland. Pay is electronically deposited to an account with a financial institute as designated by the CIVMAR on the Direct Deposit Sign Up Form, Standard Form-1199A completed during NEO.

MSC allows CIVMARs onboard ships to make a draw (receive cash) against their earnings to date (including premium pay) within the current pay period. The maximum amount a CIVMAR may draw is 50% of gross pay earned as of that date. To request a draw, contact the Purser, or the Master.
PAY AND LEAVE DISCREPANCIES/DISPUTES

If you are aboard ship and notice leave and pay discrepancies, contact your supervisor. If you are not assigned to a ship, contact your MPS or the CSC.

The premium pay dispute form is the document used for CIVMAR question(s) concerning the applicability of CMPIs with regard to pay. Accordingly, all premium pay dispute forms shall be submitted to the Purser, or Master (on ships without Pursers) within 30 days of the time in dispute. The Purser shall ensure that the respective Department Head and Master complete each section as appropriate and forward this form to Labor Employee Relations (LER) N112A at MSFSC_LER@NAVY.MIL within 15 days for final resolution. Where a dispute exists concerning whether premium pay work was assigned or performed, the questions will be resolved under the provisions of the applicable negotiated grievance procedure.

GARNISHMENTS

Federal law authorizes the pay of civilian employees of the Federal Government to be garnished (or attached) for the payment of child and/or spousal support or the repayment of legal debt, in accordance to 5 C.F.R. Part 581 and 582. In order to implement a garnishment or wage attachment against any civilian employee, an income withholding order, or similar process, must be served.

DFAS-Cleveland receives numerous requests for information with respect to garnishment of civilian employees wages. The following is provided for guidance and information with respect to the agency’s requirement to implement all valid orders for mandatory wage withholding for support and commercial debt.

Garnishment Orders for Support — MSC employees, whether shoreside or afloat, are designated as federal employees. Pursuant to 15 USC 1673

22 See CMPI 610.19.
and SECNAVINST 7200.16, the agency is required to honor any order for the support of any person issued by a court of competent jurisdiction or in accordance with an administrative procedure. In addition, 15 USC sets forth the percentage of an employee’s pay that the agency can withhold.

**Garnishment Orders for Commercial or Private Debt** — Through Section 9 of Public Law 103-94, Hatch Act Reform Amendments of 1993, Congress authorized the garnishment of federal civilian employee’s wages for commercial debts. Once a private debt has been reduced to a judgment by a court of competent authority and a Garnishment Order is properly serviced upon the agency, the agency will honor it. For purposes of this law, a commercial or private debt is any debt owed for other than child support or spouse support.

**Process** — When DFAS-Cleveland receives a Garnishment Order, it is reviewed by the Office of Counsel to ensure that the order is legally sufficient, has been properly served upon the agency, and that it specifically requires the agency to withhold a specific amount of money from an employee’s bi-weekly salary, until such time as the agency receives an amended or modified order from the court having jurisdiction. Garnishment Orders for support payments take priority over a garnishment for private debt. While the agency will advise the employee of his/her rights and responsibilities, the Office of Counsel cannot represent the employee. Because mariners are at sea for extended periods, it may be advisable to authorize someone at home, by power of attorney or other means, to ensure all private obligations are kept current to avoid the possibility of wage garnishment.

Should you have any questions concerning garnishments, contact DFAS-Cleveland Garnishment at 888-DFAS-411 (323-7411) Monday through Friday 8 AM to 5 PM EST. Pay inquiries should be directed to the CSC at 800-793-5784.
9. Leave

The granting of leave is discretionary with the approving authority. Civilian marine personnel on annual leave are subject to recall. Specifics are covered in CMPI 630.2. When assigned to a ship, the authority to grant leave and liberty is vested in the ship’s officers, contingent upon work requirements, authorized port restrictions, possession of leave hours, etc. When not assigned to a ship, the authority to grant leave is with MSC, specifically the respective MPS. Normally, such leave is granted upon the minimum completion of four-month service tour. CIVMARs must make every effort to request leave at least 60 days in advance.

Leave is accrued each bi-weekly pay period. The major leave categories are explained here.

Important note: The MPS cannot place a CIVMAR in any leave status unless a valid leave request has been submitted and approved. When a CIVMAR is sick or been found Not Fit For Duty (NFFD). It is the CIVMAR’s responsibility to submit a request for sick leave to the MPS. The Medical staff cannot do this for the CIVMAR.

Annual Leave — Annual leave accrues according to the total years of federal service, as indicated on block #31 of your Notification of Personnel Action (SF-50). Those who served in the military have exceptions.

Annual leave is charged in one-hour increments. Any leave accumulated in excess of 360 hours is subject to forfeiture if not used within the calendar year. Forfeited leave may be restored provided the Employee Relations Division (N17) grants authorization as outlined in CMPI 630.2-4.

CIVMARs who fail to report to duty after an approved leave of absence may be subject to disciplinary action.23
Annual Leave Accrual Rate:

<table>
<thead>
<tr>
<th>Years of Service</th>
<th>Accrued Leave per Bi-weekly Pay Period</th>
<th>Accrued Leave Per Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Up to 3 years</td>
<td>4 hours</td>
<td>13 days</td>
</tr>
<tr>
<td>3 to 15 years</td>
<td>6 hours (10 hrs in last pp)</td>
<td>20 days</td>
</tr>
<tr>
<td>15 years and over</td>
<td>8 hours</td>
<td>26 days</td>
</tr>
</tbody>
</table>

Upon separation from federal service, you will be paid a lump sum for all unused accumulated annual leave, unused restored annual leave, plus any compensatory time you may have.

**Shore Leave** — CIVMARs also earn additional days of vacation called “shore leave” at the rate of one day of shore leave for each 15 calendar days on one or more extended voyages on MSC oceangoing ships. The CIVMAR does not earn shore leave during periods in which he/she is not assigned to a ship (i.e. in training, on leave, etc.). The minimum charge for using shore leave is one full eight-hour day; however, you may accumulate shore leave without a maximum limitation. Shore leave must be used throughout your career and not stock piled. Shore leave is lost upon separation and there is no entitlement to be paid for unused shore leave.

**Sick Leave** — Sick leave is used when a CIVMAR becomes ill or is injured and is unable to perform light duty. It is earned at the rate of four hours per pay period or 13 days each year and charged in one-hour increments. There is no limit to the amount of sick leave a CIVMAR may accrue in his/her career. When sick leave is diminished, annual leave may be used. If the CIVMAR does not have leave available when he/she becomes ill or injured and he/she is on a voyage, the employee is entitled to “continued pay” until he/she is returned to the CSU, MSC, or the ship returns to the port it normally operates from, whichever occurs first. “Continued pay” is essentially the employee’s base pay.
**Advanced Sick Leave** — An employee may request up to 240 hours (30 days) of advance sick leave to cover any unexpected medical condition. The request for advance sick leave must be submitted on a leave application, signed and supported by medical documentation. Upon return to duty status, the CIVMAR is required to pay back borrowed sick leave as it replenishes.

**Sick Leave to Care for a Family Member with a Serious Health Condition** — Full-time employees may use up to 40 hours (5 days) of sick leave each leave year for family care and bereavement purposes. An additional 64 hours (8 days) may be used as long as a balance of at least 80 hours of sick leave is maintained.

**Sick Leave for Adoption** — (Section 629 (b) of Public Law 103-329, September 30, 1994.) Federal employees are entitled to use sick leave for purposes related to the adoption of a child. In addition, employees may substitute sick leave retroactively for all or any portion of annual leave used for adoption-related purposes between September 30, 1991, and September 30, 1994.

**Emergency Leave** — The default authorization is 30 days and all requests for extensions must be approved in advance. The immediate family member, i.e., wife, parent, sibling, or family physician must contact the local Red Cross, provide information as to where the CIVMAR is, and explain the emergency situation.

It is important that all CIVMARs keep their family apprised of their current ship assignment and rating. The Red Cross will need this information in order to contact MSC for assistance in reaching you in an emergency situation.
The Red Cross will investigate and determine if the request is justified and valid. The U.S. Embassy can help if there is not a Red Cross in areas like The Philippines. Once the Red Cross verifies it as a valid request, the Red Cross will contact the ship, and ship’s management has the authority to approve leave in emergency situations.

Upon arrival in port, the CIVMAR is responsible for calling his/her MPS for further instructions. As soon as the emergency has ended, contact your MPS by phone or written/electronic correspondence.

Although emergency leave is authorized for 30 days, you must notify your MPS if you anticipate that the situation will exceed two weeks. If the situation will require more than 30 days, contact the Employee-Labor Relations Branch (N112A) to request LWOP or ask about other leave programs available.

**Leave Without Pay (LWOP)** — A temporary absence from duty without pay granted at management discretion upon the request of the employee.

**LEAVE PROGRAMS**

Listed below are the leave programs available on a case-by-case basis:

**Family and Medical Leave Act of 1993 (FMLA)** (Public Law 103-3, February 5, 1993, Effective on August 5, 1993) — Covered employees are entitled to a total of 12 administrative work weeks of unpaid leave (leave without pay) during any 12 month period for:

- The birth of a son or daughter and care of the newborn
- The placement of a son or daughter with you for adoption or foster care
• The care of your spouse, son, daughter, or parent with a serious health condition

• Your own serious health condition that makes you unable to perform the duties of your position

You may substitute unpaid leave for annual leave or sick leave in situations in which the use of sick leave is permitted under the FMLA.

Upon return from FMLA leave, an employee must be returned to his or her permanent position or to an equivalent position with equivalent benefits, pay, status, and other terms and conditions of employment.

**Leave for Bone-Marrow or Organ Donation** (5 USC Section 6327 as amended by Public Law 106-56) — Each calendar year, in addition to annual or sick leave, federal employees are entitled to use up to 7 days of paid administrative leave to serve as a bone-marrow donor and up to 30 days of paid administrative leave to serve as an organ donor.

**Federal Leave Sharing/Voluntary Leave Transfer** (Public Law 103-103, October 8, 1993, Permanent program effective since January 31, 1994.) — Federal full-time employees may transfer accrued annual leave, not sick leave, to another federal employee who needs such leave because of a medical emergency that is likely to require an employee’s absence from duty without available paid leave for at least 24 hours.
10. MSC Benefits

As a new permanent employee, there will be several benefits that you can elect to participate in. To learn about the most current benefits programs, please visit http://www.secnav.navy.mil/donhr/Employees/Pages/Default.aspx.

On this website, CIVMARs will find information on:

- Life Insurance
- Health Insurance
- Dental and Vision Insurance
- Flexible Spending Accounts
- Long Term Care Insurance
- Thrift Savings Plan

There is also a direct link to the Benefits Hotline number associated with each of these benefits programs that will allow you to speak one-on-one with a specialist.

For current CIVMARs the site also features relevant information on how to update your current benefits selections and allocations.

Annuitant and Intermittent Worker information, as well as additional Benefits updates can also be found at http://civmar.sealiftcommand.com/civmar-benefits/.

Employee Benefits Information System (EBIS) is an automated, secure, self-service web application that allows employees to make health insurance, life insurance, and Thrift Savings Plan (TSP) contribution elections, review general and personal benefits information, and calculate retirement estimates 24 hours a day, 7 days a week.
If you separate from your position, your access to EBIS is discontinued. After you retire you must contact the Office of Personnel Management at 888-767-6738 for assistance regarding benefits changes or retirement questions.

DoN policy requires all civilian employees to make benefits elections electronically. Paper forms are not accepted for these transactions. If you need assistance with a transaction contact the Benefits Line.

**THE FEDERAL EMPLOYEES’ COMPENSATION PROGRAM (FECA)**

The Federal Employees’ Compensation Act (FECA) is a law that provides compensation benefits to civilians for rehabilitation, medical, surgical and necessary expenses to injured employees. It also provides compensation to dependents if the job-related injury or disease causes the employee's death.24

**Medical Benefits** — An employee is entitled to medical, surgical and hospital services and supplies needed for treatment of an injury as well as transportation for obtaining care. The injured employee has the initial choice of a physician and may select any qualified local physician or hospital to provide necessary treatment or may use agency medical facilities if available. Except for referral by the attending physician, any change in treating physician after the initial choice must be authorized by the Department of Labor (DoL), Office of Workers Compensation (OWCP). Otherwise, OWCP will not be liable for the expenses of treatment.

**Compensation for Temporary Total Disability** — An employee who sustains a disabling, job-related traumatic injury may request continuation of regular pay (COP) for the period of disability not to exceed 45 calendar days or sick or annual leave. If disability continues beyond 45 days or the employee is not entitled to COP, the employee may use sick or annual leave or enter a LWOP status and claim compensation from OWCP.

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24 See additional information on the Worker’s Compensation Program - chapter 11.
NOTE: To obtain compensation benefits for a traumatic injury, within 30 days of the injury, complete and forward Form CA-1 (Notification of Traumatic Injury) to MSC-Benefits. If medical treatment is needed, complete Form CA-16 within 48 hours to obtain authorization from your Supervisor or Master for treatment by a physician or hospital of your choice. Medical evidence of a disabling traumatic injury must be submitted within ten workdays to receive COP benefits.

When disability results from an occupational disease i.e., a condition which develops over a period of time, the employee is not entitled to COP. The employee may use sick or annual leave or enter a leave without pay status and claim compensation.

NOTE: To obtain compensation benefits for an Occupational Disease or Illness, within 3 days of the date you realized the disease or illness was caused or aggravated by the employment, complete Form CA-2 (Notification of Occupational Disease and Claim for Compensation) and forward to MSC-Benefits. You must submit specific detailed information and the checklist(s) (Form-35, A-H) that addresses the particular occupational diseases.

Anyone acting on behalf of an incapacitated injured employee, including a supervisor, may report the injuries by completing and signing the Form CA-1 or CA-2, and then submitting it to the employee’s supervisor.

Compensation for Loss of Wages — An employee can receive compensation payments for as long as the medical evidence shows that total or partial disability is related to the accepted injury or condition. An employee must be in a LWOP status before compensation for wage loss is payable. Lost wages may not be paid until after a three-day waiting period, except when permanent effects result from the injury or where the disability causing wage loss exceeds 14 calendar days. Compensation is generally paid at the rate of two-thirds of the salary if the employee has no dependents and three-fourths of the salary if one or more dependents are claimed.

If an employee suffers a permanent injury, which prevents a return to usual work, OWCP assists in obtaining reemployment. The Vocational Rehabilitation Program assists partially disabled employee(s) in returning
to work. This can be accomplished through providing such services as counseling and guidance, vocational assessment, training, and assistance. If an employee refuses to participate in the rehabilitation program, OWCP will assume that rehabilitation would have resulted in return to work with no loss of earning capacity, and then reduce the compensation to zero.

**Compensation for Permanent Effects of Injury** — If, as a result of employment, an employee suffers permanent and/or partial disability or disfigurement, the FECA provides a schedule of payments for the loss or loss of use of specified members, functions, and organs of the body. The schedule award is paid when the medical evidence established that the part of the body has reached maximum medical improvement. It is paid on the same basis that wage loss compensation is paid, i.e., two-thirds or three-fourths of the employee’s pay rate.

**Leave Buy Back** — If an employee uses his/her sick and/or annual leave due to an on-the-job injury, such leave may be repurchased. Any compensation payment is to be used to partially reimburse the agency for the leave pay. The employee must also arrange to pay the agency the difference between the leave pay based on 100% of the employee’s usual wage rate and the compensation payment, which is paid at two-thirds or three-fourths of the wage rate. The agency will then restore the leave to the employee’s leave record. If an employee repurchases sick or annual leave during the same tax year in which the leave was used, the amount repaid is excluded from the claimant’s taxable income for the year.

*NOTE: To obtain compensation for wage loss, permanent effects of injury, or leave buy back, complete Form CA-7, “Claim for Compensation on Account of Traumatic Injury or Occupational Disease,” and forward to MSC-Benefits.*

**Compensation for Death** — OWCP provides for payment of up to $800 of funeral expenses in death claims, and $200 to the estate for the cost of
terminating federal employment status. If there is no child eligible for benefits, the widow or widowers monthly compensation is 50% of the employee’s pay at the time of death. If there is a child or children eligible for benefits, the widow or widower is entitled to 45% and each child is entitled to 15%. If the children are the sole survivors, 40% is paid for the first child and 15% for each additional child shared equally. Survivor benefits are payable under workers’ compensation only if the employee’s death is caused by the injury for which compensation is being or could be paid. If the former employee was receiving workers’ compensation benefits but had not made timely application for disability retirement (one year from the effective date of the removal-disability), no retirement survivor annuity can be paid.

**Cost-of-Living Increases** — Compensation payments on account of a disability or death which occurred more than one year before March 1st of each year are increased on that date by any percentage change in the Consumer Price Index published for December of the preceding year.

**Settlements with Third Parties** — Where an employee’s injury or death in the performance of duty occurs under circumstances placing a legal liability on a party other than the United States, a portion of the cost of compensation and other benefits paid by OWCP must be refunded from any settlement obtained. OWCP will assist in obtaining the settlement and the Act guarantees that the employee may retain a certain proportion of the settlement (after any attorney fees and costs are deducted) even when the cost of compensation and other benefits exceeds the amount of the settlement.

**Hearing, Review, and Appeal Rights** — If an employee or his/her survivors disagree with a final determination of the OWCP, an oral hearing may be requested in writing within 30 days of the decision. The employee will be given an opportunity to present an oral hearing or written evidence in further support of the claim. An employee may request review of the written record
by a hearing representative appointed by the Director of OWCP (also within 30 days of the decision letter). A request, in writing, that OWCP reconsider it’s decision, must be made within one year of the date of the decision and sent to the appropriate district office. The employee or survivor may also request review by the Employees’ Compensation Appeals Board (ECAB). Because the ECAB rules solely on the evidence of record at the time the decision was issued, no additional evidence may be presented.

WORKERS COMPENSATION

The Federal Employees’ Compensation Act (FECA) established the Workers’ Compensation program for federal Government employees. The U.S. Department of Labor administers the FECA program. Within the Department of Labor, the Office of Workers’ Compensation Program (OWCP) is responsible for the adjudication of claims. FECA covers all civil service mariners of MSC, except those who are ill or injured due to willful misconduct, intoxication, or self-inflicted or intentional injury or death.

If you incur a work-related traumatic injury or occupational illness/disease onboard ship you may file for Workers’ Compensation. A traumatic injury is defined as “a wound or other condition of the body caused by sudden external force.” Work-related injuries must be filed within three (3) years from the date of injury. The claim must identify the time, place of occurrence, and member of the body affected. Occupational illness/disease must have occurred, over time, in the performance of your duties and be causally related to the factors of employment. You should immediately report all injury/occupational notifications to your supervisor and seek medical care from the Medical Service Officer (MSO) onboard ship. If you require further medical treatment, Form CA-16 (explained below) should be completed within four hours, but not later than 48 hours after the injury. Upon notifying the MSC Injury Compensation Program Administration (ICPA) Benefits Branch (N173) POC for authorization, an employee who sustains a job-related traumatic
injury may be entitled to receive Continuation of Pay (COP) for a period not to exceed 45 calendar days (which includes Saturdays, Sundays and holidays) pending medical reports which reveal total temporary disability from work. Your responsible ICPA authorizes COP and it is paid by the agency payroll office without interruption.

Benefits and/or compensation are payable to a claimant through the DOL for lost wages, a loss of wage-earning capacity, a permanent physical impairment, medical treatment, medical examinations conducted at the request of OWCP as part of the claims adjudication process, and vocational rehabilitation services. Benefits and/or compensation are also payable to beneficiaries for an employee’s death, services of an attendant and funeral expenses but do not include COP. As soon as your physician declares you fit for duty, your medical status will be reviewed by the agency Fleet Medical Officer (FMO) and a determination of fit for full duty at sea will be rendered. You will then be restored back to duty and your compensation case will be closed.

When filing a claim you need to know the following steps to take:

1. Report the incident to your supervisor;

2. Obtain first aid or medical treatment and fill out the appropriate claim forms;

3. Establish the essential elements of your claim by meeting the “burden of proof” such as: timely filing of the claim, the injury occurred as reported, the injury was in the performance of duty and your condition or disability is related to the injury or factors of your employment;

4. File your claim for compensation with your ICPA listed below;

5. Return to work as soon as allowed by your physician and the FMO.

Contact the CSC at 800-793-5784 to reach your ICPA.
FEDERAL WORKERS’ COMPENSATION GUIDE AND WEBSITE(S)
List of Forms, Definitions, and How to Use Them:

CA-1 (Federal Employee’s Notice of Traumatic Injury and Claim for Continuation of Pay/Compensation)
Purpose: serves as a report when an employee has sustained a sudden, traumatic injury which is likely to result in lost time and/or incur medical expenses. Employee must submit within 30 calendar days (but, will meet statutory time requirements if filed no later than three years after the injury). Claims must be filed within 30 calendar days to be eligible for COP. Available at: http://www.aoc.gov/sites/default/files/CA-1.pdf

CA-2 (Federal Employee’s Notice of Occupational Disease and Claim for Compensation)
Purpose: serves as a report when an employee has, over time, developed a condition in the work environment that is an occupational disease/injury which is likely to result in lost time and incur medical expenses. Employee must submit within 30 calendar days (but, will meet statutory time requirements if filed no later than three years after the injury). These claimants are not entitled to COP. Available at: http://www.dol.gov/owcp/regs/compliance/ca-2.pdf.

CA-2a (Notice of Employee’s Recurrence of Disability and Claim for Pay/Compensation)
Purpose: notification that an employee, after returning to work, is again disabled due to a prior injury or occupational disease.

CA-7 (Claim for Compensation on Account of Traumatic Injury or Occupational Disease)
Purpose: claim for compensation benefits. Benefits include:

1. Lost time used by leave taken during the period of disability (leave buy back);
2. Injury resulting in permanent impairment involving the total or partial loss, or loss of use, of certain parts of the body or serious disfigurement of the face, head, or neck;

3. Loss of wage-earning capacity has resulted (Leave Without Pay status).

This form must be accompanied by the attached CA-20 Attending Physicians Report.* Available at: http://www.dol.gov/owcp/regs/compliance/ca-7.pdf.

**CA-16 (Authorization for Examination and/or Treatment)**
Purpose: authorizes an injured employee to obtain examination and/or treatment for up to 60 days. The supervisor should complete the front of the form within four hours of the request whenever possible. Where there is no time to complete the form, the supervisor may authorize medical treatment by telephone and send the completed form to the medical facility within 48 hours. The employee may initially select the medical provider of his/her choice but must obtain approval from DOL for any change in providers.

**CA-17 (Duty Status Report)**
Purpose: interim medical reports, which contain information as to the employee’s ability to return to any type of work. Available at: http://nwp.natca.net/perch/addons/plugins/editors/tinymce/plugins/moxiemanager/data/files/Forms/CA-17.pdf


Additional information about workers compensation is available at the MSC website at http://civmar.sealiftcommand.com/civmar-benefits/workers-compensation/

If you have any questions, call the Customer Support Center at 800-793-5784 between 7:00 a.m. and 8:00 p.m. Eastern time, Monday through Friday, excluding holidays. You may also send your email questions to civmar@sealiftcommand.com.
11. Professional Development & Support

TRAINING OPPORTUNITIES
MSC offers internal and external training opportunities to all CIVMARs in accordance with current MSC policy and requirements for specific ratings and ship classes. Internal training opportunities typically include classes taught by MSC at one of our in-house schools, such as Fire Fighting and Small Arms. External training includes classes offered by the Navy, other Government agencies, maritime schools and other commercial vendors.

All newly hired personnel are required to attend mandatory training in Norfolk, Virginia, Freehold, New Jersey or San Diego, California for three to six weeks. During this training, CIVMARs will receive Standards of Training, Certification and Watchkeeping (STCW) required by the USCG as well as MSC specific training. All required training must be completed prior to ship assignment.

STCW Required Training consists of:

<table>
<thead>
<tr>
<th>Course</th>
<th>Length of Class</th>
<th>Refresher Period</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basic Shipboard Firefighting</td>
<td>3 days</td>
<td>5 years</td>
</tr>
<tr>
<td>First Aid</td>
<td>1 day</td>
<td>5 years</td>
</tr>
<tr>
<td>Personal Safety and Social Responsibility</td>
<td>1 day</td>
<td>5 years</td>
</tr>
<tr>
<td>Personal Survival</td>
<td>1 1/2 days</td>
<td>5 years</td>
</tr>
</tbody>
</table>

The U.S. Coast Guard requires certificates of completion for STCW training to be valid. Sea Service Books are not acceptable substitutes for STCW certificates.

For more information on training opportunities, visit http://civmar.sealiftcommand.com/training/
MSC Specific Required Training consists of:

<table>
<thead>
<tr>
<th>Course</th>
<th>Length of Class</th>
<th>Refresher Period</th>
</tr>
</thead>
<tbody>
<tr>
<td>Damage Control</td>
<td>1 day</td>
<td>5 years</td>
</tr>
<tr>
<td>Chemical, Biological &amp; Radiological Defense (CBR-D)</td>
<td>1 day</td>
<td>5 years</td>
</tr>
<tr>
<td>Small Arms*</td>
<td>4 days</td>
<td>Every year</td>
</tr>
<tr>
<td>Helicopter Firefighting</td>
<td>1/2 day</td>
<td>5 years</td>
</tr>
<tr>
<td>Naval Occupational Safety &amp; Health (NAVOSH)</td>
<td>1/2 day</td>
<td>5 years</td>
</tr>
<tr>
<td>Environmental Programs</td>
<td>1/2 day</td>
<td>5 years</td>
</tr>
<tr>
<td>Anti-terrorism Awareness</td>
<td>1/2 day</td>
<td>Every year</td>
</tr>
<tr>
<td>Ammunition/Explosive Training*</td>
<td>3 weeks</td>
<td>Varies</td>
</tr>
<tr>
<td>Ordinance Hazard Awareness</td>
<td>1 1/2 days</td>
<td>N/A</td>
</tr>
<tr>
<td>Fall Protection</td>
<td>1 day</td>
<td>2 years</td>
</tr>
<tr>
<td>Security Awareness*</td>
<td>1/2 day</td>
<td>N/A</td>
</tr>
<tr>
<td>SERE</td>
<td>1/2 day</td>
<td>1 year</td>
</tr>
</tbody>
</table>

* Designated Personnel only

MSC Specific Required Deck Training consists of:

<table>
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<tr>
<th>Course</th>
<th>Length of Class</th>
<th>Refresher Period</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vessel Personnel w/Designated Security Duties (VPDSD)</td>
<td>1 1/2 days</td>
<td>N/A</td>
</tr>
<tr>
<td>Security Watch Advanced</td>
<td>1 day</td>
<td>1 year</td>
</tr>
<tr>
<td>Ships Reaction Force</td>
<td>3 days</td>
<td>3 years</td>
</tr>
<tr>
<td>Chemical Biological &amp; Radiological Defense (CBR-D)*</td>
<td>6 days</td>
<td>5 years</td>
</tr>
<tr>
<td>Anti-terrorism Officer (ATO)*</td>
<td>3 days</td>
<td>3 years</td>
</tr>
<tr>
<td>Vessel Security Officer (VSO)*</td>
<td>2 days</td>
<td>N/A</td>
</tr>
</tbody>
</table>

* Designated Personnel only

There are training matrices for all ship classes. These matrices identify the minimum training competencies crew members should have to adequately perform the job and is organized by rating and ship class.
MSC also offers other training not contained on the training matrices, which MSC determines to have value to the overall effectiveness of the organization.

UPGRADE TRAINING

When shortages of specific ratings occur, a supervisor may recommend a CIVMAR to be selected for upgrade training. This training prepares CIVMARs to receive a higher endorsement to fill vacant positions by successfully completing the courses at specific training schools. Upgrade programs currently advertised include Wiper Advancement Program (WAP), Deck Engineer Machinist Advancement Program (DAP), Electronic Technician Advancement Program (ETAP) and Ordinary Seaman Advancement Program (OSAP). Upon successful completion of an upgrade program, the CIVMAR must apply for the higher level position utilizing merit promotion procedures.

REIMBURSABLE TRAINING

MSC has a number of programs to assist CIVMARs in obtaining higher-level credentials, such as USCG Licenses, Merchant Mariner Credentials (MMC) and related endorsements. In some cases, MSC may reimburse CIVMARs for this training. All training that will be paid for by the command, or reimbursed to a CIVMAR, must be approved before the class begins. CIVMARs are cautioned not to enroll in a course and expect reimbursement unless they entered into an agreement with MSC beforehand.

CIVMARs may find additional information on training in various Training Information Bulletins (TIB). These bulletins are published and updated as needs and programs change. Current bulletins include the following:

- Deck Engineer Machinist Advancement Program (DAP) – TIB 04-2011
- Electronic Technician Advancement Program (ETAP) – TIB 05-2011
- Ordinary Seaman Advancement Program (OSAP) – TIB 08-2011
- Reimbursable Upgrade Training – TIB 07-2011
- STCW Rating Forming Part of a Navigational Watch (RFPNW) – November 2010
Professional Development & Support

- STCW Rating Forming Part of an Engineering Watch (RFPEW) – Rev. - October 2013
- SRS Development Program – TIB 09-2011
- Towing Officer’s Assessment Record (TOAR) Workbook – Version: November 2011
- Wiper Advancement Program (WAP) - TIB 03-2011

These bulletins and other schedules of MSC and Navy training may be found on the MSC CIVMAR website at: http://civmar.sealiftcommand.com/training/training-upgrade-programs.

**Navy Knowledge Online** — Navy Knowledge Online (NKO) is a web-based system that serves as the access point to education and training resources to help personnel attain professional and personal success. Any computer with internet access can utilize the site. CIVMARs can access this information at https://www.nko.navy.mil. In order to access many of the resources within the NKO you will be required to log-in with your Common Access Card (CAC) information. CACs are available to Active Duty Navy, Marine Corps & Coast Guard personnel and Civil Service Mariners as well as GS Civilians and Navy Contractors. If you need additional information on using the NKO portal, use one of these methods to contact the NKO help desk:
- Commercial: 850-452-1001, Option 1 then Option 3
- Toll Free: 877-253-7122, Option 2
- Defense Switched Network (DSN): 312-922-1001, Option 1
- Email: nln.helpdesk@netc.navy.mil

The ship’s library maintains books and manuals available on loan to you for self-study. If interested, contact the training officer to sign out the appropriate materials.
To Request Training — Contact your Department Head, Chief Mate and/or Master or your MPS to request desired training.

MSC’s CIVMAR Training Branch (N122A) processes all training requests for CIVMARs and provides information on training schedules, course descriptions, training requirements, etc., for required training, significant training and other professional training.

If you have any questions regarding training, send inquiries to MSC_CIVMAR_TRNG@NAVY.MIL, call the CSC at 800-793-5784 or visit http://civmar.sealiftcommand.com/training/.

AWARDS
The awards program recognizes and rewards an individual or team achievement that contributes to meeting organizational goals or improving the efficiency, effectiveness and economy of the Government. The awards program is designed to encourage full participation of all personnel at all levels in improving MSC, Department of the Navy, Department of Defense and Government operations.25

The following awards pay cash or grant time off either individually or to a group:

- **Special Act** — one-time act, service or achievement of a non-recurring nature, i.e. courageous handling of an emergency or the performance of a particular task or assignment with special effort or innovation

- **On-the-Spot** — allows immediate reinforcement for exceptional performance beyond the normal bounds of a CIVMAR’s job

- **Time Off Awards** — superior accomplishment or personal effort that contributes to the quality, efficiency or economy of Government operations

- **Overdue Relief Compensation Award** — payable to all CIVMARs who have completed their four-month tour and have submitted their

25 COMSC Instruction 12451.4a details the specifics for this program.
name to MSC 60 days in advance of their requested relief date, but who remained onboard and fulfilled the position requirements until proper relief arrived or otherwise relieved of duty

- MSC Shipmate of the Year — all unlicensed CIVMARs are eligible
- MSC Mariner Award of Excellence — awarded to CIVMARs below the rank of Master or Chief Engineer
- MSC Marine Employee of the Year Award — one candidate selected from all MSC Mariner Award of Excellence winners
- MSC Distinguished Career Achievement Award — CIVMAR officers of any rank with at least five (5) years of continuous service are eligible
- MSC Special Act — up to five (5) officers nominated but not selected for the Distinguished Career Achievement Award
- Towing Officer Assessment Record (TOAR) Award Program — provides incentive awards and recognition to Deck Officers completing and maintaining TOAR and Designated Examiner qualifications

PROMOTIONS
Military Sealift Command is an equal opportunity employer. Selections for promotions are made solely based on manning requirements, merit, fitness and qualifications without regard to race, sex, color, creed, age, marital status, national origin, non-disqualifying handicap conditions or any other non-merit factors.

MSC has synchronized the coastal transfer and merit promotion practices to prevent past issues of backlogged requests from reoccurring. Opportunities for coastal transfer will typically be offered at least 45 days prior to release of a corresponding Promotional Opportunity Announcement (POA). Interested CIVMARs will submit a request to change coastal designation during this specified window of time. The coastal transfer opportunity will be limited to
employees who are already permanent in the rating which corresponds to
the upcoming POA. The window of opportunity will be clearly published in
advance so that all eligible employees will have ample time to apply. The
application is a simple written request that will be submitted to: Marine
Employment Division, MSCPOAInbox@navy.mil. For more information
regarding Coastal Transfers, see Human Resource Advisory 2013-4 at

You will be afforded many promotional opportunities throughout your career
with MSC. As vacancies exist, MSC is proud to fill positions with excellent
and deserving employees from within the ranks through merit promotion
procedures in accordance with MSC’s Merit Promotion Program.

Promotion Opportunity Announcements (POAs) are posted on official bulletin
boards on all ships, CSUs, and on http://civmar.sealiftcommand.com/merit-
promotions. Announcements list the minimum eligibility requirements and the
Knowledge, Skills, and Abilities (KSA) essential for successful performance in
the position.

To earn the highest rating possible, it is your responsibility to submit a
complete application package as indicated on the specific POA and provide
detailed information with regard to your KSAs in response to the Evaluation
Criteria within the time limits of the announcement.

All application documents MUST be postmarked by the cut-off or closing
date of the announcement. Applications received before the opening date or
after the closing date will not be processed.

Completed applications will be accepted via mail, email, fax or in person.
Late or incomplete applications will not be processed. Applications and
supporting documents will not be returned or copied once submitted.
In order to be permanently promoted, the selectee must be:

1. Fit for duty;
2. Clear of any adverse or disciplinary action;
3. Able to obtain and maintain the appropriate security clearances;
4. Performing Satisfactory – Selectees who are performing at a below satisfactory level at the time of selection are not eligible to be considered until their performance has improved;
5. Trained – Must have completed the required training for the position and possess current training certifications as identified in the POA. (Exception: Possess previous commercial/military equivalent training, as deemed by the Training Specialist.)

If assistance is required to complete the application process, interested applicants should call the CSC at 800-793-5784 and refer to the “How to Apply” section of the POA.

Temporary promotions are sometimes offered to CIVMARs who hold the qualifications for a higher position, but have not been selected for permanent promotion. These temporary promotions provide excellent opportunities for gaining experience and demonstrating to a promotion board a CIVMAR’s readiness to take on the greater responsibilities of a higher pay grade. CIVMARs must keep in mind that temporary promotions are of short duration and are used when shortages exist in particular ratings. The CMPI requires that personnel who have been temporarily promoted will be relieved as soon as possible by a CIVMAR holding that permanent rating. Therefore, the CIVMAR on a temporary promotion may be relieved at any time after taking the assignment. There can be no guarantee that a CIVMAR on a temporary promotion will be able to complete a full tour, nor does a temporary promotion guarantee continued assignment to a particular ship.
SURFACE RESCUE SWIMMING PROGRAM

To accomplish MSC’s mission to supply food, fuel, equipment and ammunition, Vertical Underway Replenishments (VERTREPs) are performed using helicopters to load and unload cargo. The Surface Rescue Swimming (SRS) Program has been established to ensure the ability and readiness of rescue operations at sea. It is comprised of a cadre of CIVMARs who are trained and skilled to assist in the event of an emergency. As a collateral duty to their current rating, the Surface Rescue Swimmer evaluates the condition of survivors in the water and provides immediate medical (due to injury), physical (due to loss of mobility) and emotional (due to trauma of events) assistance to ensure their successful recovery. All participants must pass a variety of physical endurance tests, be medically fit and CPR certified. Training to become a SRS is sponsored by MSC.

As an incentive for those interested in participating in the SRS Program, a CIVMAR who successfully completes and maintains his/her SRS Certification may receive:

- A graduation incentive cash award
- Opportunities for On-the-Spot and Time Off Awards based on aspects of service

If you are interested in applying for the SRS Program, contact the CSC at 800-793-5784 or N122A at MSC_CIVMAR_TRNG@NAVY.MIL. You may also view program details online at http://civmar.sealiftcommand.com/training/surface-rescue-swimmer-program/.
UNION REPRESENTATION

As a CIVMAR, you may be eligible to become a member of or assist one of the three unions that have agreements with MSC. Union membership is not a requirement for employment. The Union is the exclusive representative of all of the employees in their Unit, and the Union recognizes the responsibilities of representing the interests of all such employees with respect to grievances, personnel policies, practices and procedures or other matters affecting their general working conditions, subject to the limitations of their collective bargaining agreement.

Copies of the agreements appropriate for your position are maintained by the Pursers onboard the ships for you to review. Contact a representative of the respective Union to become familiar with your rights, benefits and responsibilities described in the specific agreement.

The following labor organizations hold exclusive recognition rights:

- International Organization of Masters, Mates and Pilots (MMP) – (AFL-CIO) – represents all licensed deck officers and Medical Services Officers

- District No. 1 – MEBA (AFL-CIO) – represents licensed Marine Engineers and Pursers

- Seafarers International Union (SIU) (GSD) / National Maritime Union of America (NMU) (AFL-CIO) – has five bargaining units
  - Supply and Junior Supply Officers in the Atlantic Fleet
  - Steward Supervisory personnel in the Atlantic Fleet
  - Chief Stewards, Second Stewards and Third Stewards in the Pacific Fleet
  - Non-officer personnel assigned to ships in the Atlantic Fleet
— Non-officer personnel employed in the Pacific Fleet

NOTE: RETs, West Coast Junior Supply Officers and Supply Officers are not within a bargaining unit and use the administrative grievance procedure.

DISCIPLINE

You are expected to observe and obey a variety of rules. In cases where these rules are not followed, MSC has discipline standards to correct deficiencies in an employee’s behavior, to maintain high standards of Government service and the public’s confidence in MSC. All employees will be afforded due process in accordance with CMPI 750. Disciplinary actions may affect an employee’s pay, employment, promotion opportunities and training opportunities.

Crewmembers are advised that disciplinary action will be initiated for any misconduct (list not all-inclusive) regarding violation of the following:

Schedule of Charges:

1. Desertion;

2. Leaving the ship to which assigned or leaving the job to which assigned at any time during working hours without proper permission or authority;

3. Failing to return to ashore assignment or reporting aboard ship after expiration of authorized leave or liberty;

4. Reporting aboard ship after presailing muster or missing the sailing of the ship;

5. Disobedience to constituted authorities; deliberate refusal or failure or delay in carrying out any proper order, lawful command, work assignment or instruction; insubordination, including failure to follow local or higher level policy;

6. Violation of Ship’s Orders26 not covered by other charge;

26 See Ship’s Order - chapter 4
7. Unauthorized possession, use, loss, theft or damage to the ship, her equipment, stores or cargo or Government property or the property of others;

8. Loafing, wasting time, inattention to duty, sleeping on duty, or failure to attend to duties —
   a. Where no danger to persons or property is involved or
   b. Where danger to person or property is involved;

9. Careless workmanship or failure to follow standard operating procedures resulting in delay in production or sailing or damage to ship’s equipment, stores, or cargo, or spoilage or waste of materials;

10. Negligent performance of duties;

11. Threatening or attempting or actually inflicting bodily injury to other employees or supervisor or ship’s officer;

12. Improper or unauthorized importation of goods;

13. Criminal, dishonest, infamous or notoriously disgraceful conduct;

14. Unlawful use, being under the influence, or possession of drugs or drug paraphernalia on or off duty;

15. Use of, or being under the influence of alcohol/intoxicant when reporting for watch or duty or on watch or duty ashore or afloat or on a military ship, aircraft, submarine, activity or command;

16. Failure to safeguard classified material or breach of security regulation or practices —
   a. Where security or restricted information is not compromised and breach is unintentional or
   b. Where security or restricted information is compromised and breach is unintentional;
17. Deliberate breach of security regulation or practice;

18. Participation in a strike, work stoppage, slow-down, sickout or other job action;

19. Breach of safety regulations or instructions or practices or failure to report an accident or injury —
   a. Where imminent danger to self or other persons or property is not involved or
   b. Where imminent danger to self or other persons or property is involved;

20. Disrespectful conduct, use of insulting, abusive, offensive or obscene language or gestures to or about other personnel;

21. Refusal to provide a urine sample when required;

22. Substituting, adulterating or otherwise tampering with urine sample;

23. Unauthorized possession and/or disclosure of any urinalysis test result;

24. Attempted or actual falsification, misstatement or concealment of a material fact, record, correspondence or other communication prepared in connection with the collection, handling, transportation or testing of urine samples.

NOTE: A CIVMAR who fails to report back to the CIVMAR Support Unit (CSU) upon expiration of an approved leave of absence and fails to contact appropriate authorities will be charged as Absence With Out Leave (AWOL) and may be subject to discipline, unless a later determination is made that the absence should be charged as appropriate leave. The CIVMAR Placement Department shall attempt to establish contact with the employee to determine the employee’s intention before initiating the appropriate disciplinary action as outlined in CMPI 750. Every CIVMAR is responsible for maintaining written or telephone contact with his/her detailer to ensure appropriate follow-up assignment.

27 See Leave - chapter 9
Severities of penalties range from a written reprimand to removal from employment and are dependent on the following factors:

- The nature and seriousness of the offense along with its relationship to the employee’s position
- The employee’s job level and type of employment, including supervisory or fiduciary role
- The employee’s past disciplinary record, if any
- The employee’s past work record, including length of service, performance on the job and dependability
- The effect of the offense upon the employee’s ability to perform at a satisfactory level
- Consistency of the penalty with those imposed upon for the same or similar offenses
- Consistency of the penalty with any applicable agency table of penalties.
- The notoriety of the offense or its impact upon the reputation of the agency
- The clarity with which the employee was on notice of any rules that were violated
- Potential for the employee’s rehabilitation;
- Aggravating and/or mitigating circumstances surrounding the offense, if any
- The adequacy and effectiveness of alternative sanctions to deter such conduct in the future
- The employee’s written or oral replies to the charges
A word of advice: Obey Now, Grieve Later, unless the order will put you, your fellow crewmembers, or the ship in harm’s way.

GRIEVANCES
The grievance procedure provides an important forum to allow employees to ask questions and express dissatisfaction. Employees represented by a union with a collective bargaining agreement (CBA) may express their dissatisfaction regarding non-adverse actions through the applicable grievance procedure or the Equal Opportunity arena, but not both. Employees within a bargaining unit must utilize the grievance procedures outlined in the applicable CBA. All employees who are not members of a bargaining unit must utilize MSFSCINST 12771 - Administrative Grievance (AGS) procedures. Certain issues are excluded from grievance procedures. For specifics, please refer to either the applicable CBA or AGS procedures.

For adverse actions, employees may appeal the decision under a statutory procedure (the Merit Systems Protection Board [MSPB] or the Equal Opportunity Commission [EEOC]) or may file a grievance; but not both.

SEPARATION FROM EMPLOYMENT
The following types of separations and actions may occur to end your employment with MSC:

Separation During Trial Period — The first twelve months of employment is considered a trial period. If you fail to qualify for the job, either in performance or in conduct, you can be separated. If during the trial period, your performance or conduct is not satisfactory or your initial security background is not complete or contains false information, you may be removed from employment, without appeal/grievance rights.

Termination of Temporary Employment — Occasionally, MSC will hire mariners for temporary employment on a time-limited appointment of one
year or less. If you are a temporary hire, the appointment may be terminated at any time due to deficiencies in your performance or conduct and the termination can not be appealed or grieved.

**Removal for Cause** — If you are a permanent employee who is not serving a trial period and you are removed from employment due to violating one of the Schedule of Charges,\(^\text{28}\) misconduct and/or performance related issues, you will be notified of such in writing and afforded due process as required.

*NOTE: An employee who is in the process of being involuntarily separated may resign at any time prior to the effective date of the involuntary separation.*

**Resignation** — A resignation is a voluntary action taken by the employee to end employment with MSC at any time. No one can force you to resign. If you have an emergency situation at home, speak with the Master or contact Employee Relations to discuss your options before resigning.

If you decide to resign, you should inform your supervisor at least two (2) weeks prior to your last day. All efforts should be made to submit the resignation in writing. Once a resignation has been submitted, it cannot be withdrawn except at the discretion of the Director of Human Resources and Manpower Department. On your last day of employment with MSC, contact the Purser to complete your exit interview with the Master. An employee who resigns while assigned to a ship is not entitled to any costs associated with his/her transportation to his/her main residence. Employees who resign when not attached to a ship may contact the MSC Employee Benefits Branch (N112A2) to discuss separation benefits/entitlements.

**Separation for Disability** — If you cannot perform the duties of your position because of a physical or mental condition, you may be separated for your inability to perform your assigned duties.
Reduction in Force (RIF) — Due to various causes, such as change in manning scales, lay-up of vessels, etc., it may become necessary to reduce the number of personnel currently employed by MSC. If a Reduction-In-Force occurs, affected employees will be notified of such and afforded applicable due process. Mariners affected are reassigned, placed on leave or separated.

UNION REPRESENTATION CONTACT INFORMATION

International Organization of Master, Mates and Pilots (ILA/AFL-CIO)  
Ms. Ruthann (Randi) Ciszewski  
Government Fleet Representative  
Federal Employee Membership Group  
700 Maritime Blvd, Suite B  
Linthicum Heights, MD 21090  
Phone: 202-679-7594  
Fax: 732-527-0829  
rciszewski@bridgedeck.org

District No. 1 PCD, MEBA  
Mr. Tracy Burke  
Government Fleet Representative  
1058 West 40th Street  
Norfolk, VA 23508  
Phone: 757-440-1820  
Mobile: 804-614-6717  
Fax: 757-489-4126  
tburke@mebaunion.org

Seafarers International Union of North America – National Maritime Union  
Mr. Chester Wheeler  
Assistant Vice President  
1121 7th Street  
Oakland, CA 94607  
Phone: 510-444-2360 Ext. 17  
Fax: 510-444-5587  
cwheeler@seafarers.org

Mr. Sam Spain  
Norfolk Union Hall  
115 Third Street  
Norfolk, VA 23510  
Phone: 757-622-1892  
Fax: 757-640-0480  
sspain@seafarers.org
POLICIES
## Policies Directory

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MEMORANDUM

Subj: COMMANDER'S POLICY ON EQUAL EMPLOYMENT OPPORTUNITY, EQUAL OPPORTUNITY, AND DIVERSITY

Ref: (a) Executive Order 13672
(b) SECNAVINST 5354.2
(c) SECNAVINST 12250.6A
(d) SECNAVINST 5350.16A
(e) DON Discrimination Complaints Program Management Manual
(f) OPNAVINST 5354.1F
(g) COMSCINST 12720.3

1. As Commander, Military Sealift Command (MSC), and the Equal Employment Opportunity (EEO)/Equal Opportunity (EO) Officer, I am personally committed to MSC being a model employer with a diverse, high-performing workforce where all individuals are treated with dignity and respect. This commitment must be exemplified through employment policies, practices, and procedures found in references (a) through (g).

2. MSC policy is to:

   a. Ensure equality of opportunity in the employment and development of a workforce without regard to race, color, religion, sex, national origin, sexual orientation, gender identity, reprisal, and additional bases of age, disability (physical or mental), and genetic information (GINA) for civilian employees.

   b. Civilian employees and applicants for employment shall not be discriminated against based on prohibited categories and are afforded access to the EEO process in accordance with reference (c). Service members who believe they have been subjected to unlawful discrimination should follow complaint procedures in a timely manner in accordance with references (d) and (f).

   c. Support diversity by inviting new perspectives and diversities of thought to resolve concerns. Embracing individual characteristics and attributes of our employees can only enhance MSC's capabilities and mission readiness.

3. Every member of our workforce is responsible for ensuring the enforcement of this policy. If you encounter EEO/EO issues or concerns, I urge you to immediately talk with your supervisor, EEO official or counselor, Equal Opportunity Advisor (EOA) or Command Managed Equal Opportunity (CMEO) Manager.

Enclosure (1)
Subj: COMMANDER’S POLICY ON EQUAL EMPLOYMENT OPPORTUNITY, EQUAL OPPORTUNITY, AND DIVERSITY

4. This memorandum shall be widely disseminated and prominently posted on official bulletin boards throughout MSC’s workspaces and website http://www.msc.navy.mil for viewing.

5. This memorandum supersedes previous EEO, EO and Diversity policy dated 29 October 2015.

[Signature]

DEG L. NEUBRUNE

Enclosure (1)
EQUAL EMPLOYMENT OPPORTUNITY STATEMENT

In the successful accomplishment of the Department of the Navy’s (DON) mission, while meeting the challenges of today’s complex, high tech world, our people make the difference. As Secretary of the Navy, I am committed to the principles of equal employment opportunity (EEO) and will continue to ensure that EEO remains an organizational imperative, fully integrated into our strategic mission.

I am holding leaders, managers, and supervisors accountable for keeping our workplace free of discrimination and ensuring that we provide EEO for all in our workforce or those seeking to become members of the workforce. I am also reminding all employees of their rights and responsibilities under the law and how to seek assistance if they believe they have been the subject of employment discrimination.

DON employees are protected by federal laws, Presidential Executive Orders, and laws designed to protect federal employees from discrimination on the bases of race, religion, color, sex (including pregnancy and gender identity), sexual orientation, parental status, national origin, age, disability, family medical history or genetic information, political affiliation, military service, or any other non-merit based factor. These protections extend to all management practices and decisions, including recruitment and hiring practices, appraisal systems, promotions, and training and career development programs.

DON employees are also protected against retaliation. Consistent with federal laws, acts of retaliation against an employee who engages in a protected activity, such as, whistle blowing or the exercise of any appeal or grievance right provided by law will not be tolerated. Any employee who feels that he or she has been subjected to one of these forms of discrimination or retaliation should contact his or her Command’s EEO Office, Human Resources Office, or Office of Counsel as appropriate.

Our commitment to EEO requires more than mere compliance and tolerance. We must continue to meet not only the letter of the law, but also its spirit. I ask each member of our workforce to take responsibility for implementing our EEO policy and cooperate fully in its enforcement. It is incumbent upon every employee to ensure the DON maintains an organizational culture that promotes the full realization of equality of opportunity; one that truly reflects the DON Core Values: Honor, Courage, and Commitment.

I appreciate your continued dedication to fulfilling the DON’s mission and thank you for your service to the Nation.

Ray Mabus

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MEMORANDUM

Subj: COMMANDER’S POLICY ON EQUAL EMPLOYMENT OPPORTUNITY
ANTI-HARASSMENT

Ref: (a) 10 U.S.C.
(b) SECNAVINST 5300.26D
(c) SECNAVINST 5350.16A
(d) 29 CFR

1. As Commander, Military Sealift Command (MSC), and Equal Employment Opportunity Officer (EEO), I am committed to providing a harassment-free working environment. MSC staff are expected to conduct themselves in a professional, courteous, and respectful manner with all levels of personnel and customers. Harassment in the workplace will not be tolerated. Allegations of harassment will be immediately investigated, and where allegations are substantiated, appropriate action, to include disciplinary action, will be taken.

2. Generally, harassment is unwelcome verbal or physical conduct that denigrates or shows hostility to an individual because of his or her sex, race, color, religion, national origin, sexual orientation, gender identity, age, disability (physical or mental), genetic information (GINA), or because of reprisal for engaging in an EEO protected activity. The unwelcome conduct may include, but is not limited to, derogatory statements, slurs, name-calling, ridicule or mockery, as well as offensive jokes, posters, drawings, emails, faxes, and text messages.

3. Per reference (a), sexual harassment may also constitute a form of sex discrimination that involves unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature when:

   a. Submission to or rejection of such conduct is made, either explicitly or implicitly, a term or condition of a person’s job, pay, or career.

   b. Submission to or rejection of such conduct by a person is used as a basis for career or employment decisions affecting that person.

   c. Such conduct interferes with an individual’s performance or creates an intimidating, hostile, or offensive environment.

4. Employees who are witness to or are subjected to, harassment (sexual or non-sexual) should make it clear to the harasser, whenever possible, that such behavior is unwelcomed and needs to stop. Incidents of alleged harassment should be reported promptly to the appropriate supervisory chain of command.

Enclosure (3)
Subj: COMMANDER’S POLICY ON EQUAL EMPLOYMENT OPPORTUNITY ANTI-HARASSMENT

An employee subjected to harassment may contact an EEO counselor at (757) 341-3310 within 45 calendar days of the occurrence. See reference (d).

5. Supervisors and managers have a responsibility to conduct a prompt, thorough, and impartial inquiry into all incidents of alleged harassment. Inquiries into alleged sexual harassment will be conducted in accordance with reference (a).

6. This memorandum is effective immediately and shall be widely disseminated and prominently posted for viewing on the MSC website http://www.msc.navy.mil and on official bulletin boards throughout the workplace.

7. This memorandum supersedes previous EEO Anti-Harassment policy dated 29 October 2015.

Enclosure (3)
Attachment (1)

Department of Navy

Notification and Federal Employee Anti-Discrimination and Retaliation Act of 2002

Department of Navy (DON) Notice

On May 15, 2002, Congress enacted the “Notification and Federal Employee Antidiscrimination and Retaliation Act of 2002,” which is now known as the No FEAR Act. One purpose of the Act is to “require that Federal agencies be accountable for violations of antidiscrimination and whistleblower protection laws.” Pub. L. 107-174, Summary. In support of this purpose, Congress found that “agencies cannot be run effectively if those agencies practice or tolerate discrimination.” Pub. L. 107-74, Title I, General Provisions, Section 101(1).

The Act also requires that DON inform current employees, former employees and applicants for employment, of the rights and protections available under Federal antidiscrimination, whistleblower protection and retaliation laws.

Antidiscrimination Laws

A Federal agency may not discriminate against an employee or applicant with respect to the terms, conditions or privileges of employment on the basis of race, color, religion, sex, national origin, age, disability, marital status or political affiliation. Discrimination on these bases is prohibited by one or more of the following statutes: 5 U.S.C. 2302(b) (1), 29 U.S.C. 206(d), 29 U.S.C. 631, 29 U.S.C. 633a, 29 U.S.C. 791 and 42 U.S.C. 2000e-16.

If you believe that you have been the victim of unlawful discrimination on the basis of race, color, religion, sex, national origin or disability, you must contact an Equal Employment Opportunity (EEO) counselor within 45 calendar days of the alleged discriminatory action, or, in the case of a personnel action, within 45 calendar days of the effective date of the action, before you can file a formal complaint of discrimination with your agency. See, e.g., 29 CFR 1614.
If you believe that you have been the victim of unlawful discrimination on the basis of age, you must either contact an EEO counselor as noted above or give notice of intent to sue to the Equal Employment Opportunity Commission (EEOC) within 180 days of the alleged discriminatory action.

If you are alleging discrimination based on marital status or political affiliation, you may file a written complaint with the U.S. Office of Special Counsel (OSC) (see contact information below). In the alternative (or in some cases, in addition), you may pursue a discrimination complaint by filing a grievance through your agency's administrative or negotiated grievance procedures, if such procedures apply and are available.

Whistleblower Protection Laws

A Federal employee with authority to take, direct others to take, recommend or approve any personnel action must not use that authority to take or fail to take, or threaten to take or fail to take, a personnel action against an employee or applicant because of disclosure of information by that individual that is reasonably believed to evidence violations of law, rule or regulation; gross mismanagement; gross waste of funds; an abuse of authority; or a substantial and specific danger to public health or safety, unless disclosure of such information is specifically prohibited by law and such information is specifically required by Executive order to be kept secret in the interest of national defense or the conduct of foreign affairs.

Retaliation against an employee or applicant for making a protected disclosure is prohibited by 5 U.S.C. 2302(b)(8). If you believe that you have been the victim of whistleblower retaliation, you may file a written complaint (Form OSC-11) with the U.S. Office of Special Counsel at 1730 M Street NW., Suite 218, Washington, DC 20036-4505 or online through the OSC Web site--http://www.osc.gov.

Retaliation for Engaging in Protected Activity

A Federal agency may not retaliate against an employee or applicant because that individual exercises his or her rights under any of the Federal antidiscrimination or whistleblower protections laws listed above. If you believe that you are the victim of retaliation for engaging in protected activity, you must follow, as appropriate, the procedures described in the Antidiscrimination Laws and Whistleblower Protection Laws sections or, if applicable, the administrative or negotiated grievance procedures in order to pursue any legal remedy.

Disciplinary Actions

Under the existing laws, each agency retains the right, where appropriate, to discipline a Federal employee who has engaged in discriminatory or retaliatory conduct, up to and including removal. If OSC has initiated an investigation under 5 U.S.C. 1214, however, according to 5 U.S.C. 1214(f), agencies must seek approval from the Special Counsel to discipline employees for, among other activities, engaging in prohibited retaliation. Nothing in the NO FEAR Act alters existing laws or permits an agency to take unfounded disciplinary
action against a Federal employee or to violate the procedural rights of a Federal employee who has been accused of discrimination.

Additional Information

For further information regarding the No FEAR Act regulations, refer to 5 CFR 724, as well as Human Resources Office servicing your location or on the website http://www.donhr.navy.mil/NoFearAct.asp.

Additional information regarding Federal antidiscrimination, whistleblower protection and retaliation laws can be found at the EEOC Web site--http://www.eeoc.gov and the OSC Web site--http://www.osc.gov.

Existing Rights Unchanged

Pursuant to section 205 of the No FEAR Act, neither the Act nor this notice creates, expands or reduces any rights otherwise available to any employee, former employee or applicant under the laws of the United States, including the provisions of law specified in 5 U.S.C. 2302(d).
MEMORANDUM

Subj: COMMANDER’S POLICY ON REASONABLE ACCOMMODATION

Ref: (a) The Rehabilitation Act of 1973, as amended
(b) The Americans with Disabilities Act (ADA) of 1990, as Amended
(c) The Code of Federal Regulations Section 1614.203
(d) 28 Code of Federal Regulations Part 1630
(e) EEOC Management Directive 715 (MD-715)
(f) Department of the Navy Civilian Human Resources Manual (DON CHRM)
Subchapter 1606
(g) Department of Navy Guide for Processing Reasonable Accommodation Requests
(h) Office of EEO and Diversity Management, Guidance Advice Memorandum #86
Reassignment as a Reasonable Accommodation, 12 APR 2011
(i) COMSCINST 12720.4, 11 FEB 2009

1. As Commander, Military Sealift Command (MSC), and the Equal Employment Opportunity Officer (EEO), I am personally committed to MSC’s full compliance with the reasonable accommodation requirements in accordance with references (a) through (e). Consistent with these requirements, all supervisors and managers must provide reasonable accommodation to qualified applicants or employees with disabilities, absent undue hardship. Requests for reasonable accommodation will be processed promptly, fairly, and efficiently in accordance with references (f) through (i).

2. Reference (i) outlines procedures for processing requests for reasonable accommodation. MSC supervisors and managers are expected to expediously process requests for reasonable accommodation made by employees and applicants. If you have questions concerning this policy, contact the MSC EEO Disability Program Manager at (757) 341-3310.

3. This memorandum is effective immediately and shall be widely disseminated and prominently posted for viewing on the MSC website http://www.msc.navy.mil and on official bulletin boards throughout the workplace.

4. This memorandum supersedes previous Reasonable Accommodation policy dated 29 October 2015.

DEE L. MELBOURNE

Enclosure (4)
P4: Requests for Reasonable Accommodation

PROCESSING REQUESTS FOR REASONABLE ACCOMMODATION

1. Initiating the process.
   a. It is the responsibility of the employee or applicant to inform the employer that an accommodation is required to perform the essential job functions or to complete the application process. The individual does not have to use specific words such as “reasonable accommodation, disability, or Rehabilitation Act” when making the request.
   b. The request may be oral or in writing and may be from the individual or from a person acting on the individual’s behalf such as a supervisor, a health professional, or a family member. Any oral requests should be followed up in writing.
   c. Requests for accommodation may include making existing facilities accessible, job restructuring, leave, a modified or part-time work schedule, providing qualified readers or interpreters, and providing a reassignment etc.
   d. A request for accommodation may be made at any time.

2. Coordinating the Request.
   a. Requests for accommodation will be handled by the first-line supervisor. This process may include communicating with the requester for clarification; obtaining and exchanging information to the extent necessary regarding needs and alternatives; searching for solutions; consulting EEO, servicing agency counsel, outside agencies, and evaluating possible accommodations.
   b. If the supervisor does not have authority to approve the request, the request must contact promptly to the Disability Program Manager (DPM) and coordinate the process together. The DPM will forward a copy of request for reasonable accommodation if it cost of more than $5,000 or affecting the terms or working conditions of employment, to the servicing agency attorney (N00L) and the Director of Civilian Personnel Program (N1), as part of the coordination process.
   c. Requests for accommodation from applicants will be handled by the servicing human resources specialist responsible for the recruitment and/or selection action.
d. Request for adaptive equipment, including information technology, specially designed furniture, communications equipment, or other assistive technology, will be coordinated with the DOD Computer/Electronic Accommodation Program (CAP) (http://www.cap.mil/), DPM, and supervisor.

e. Requests for readers, sign language interpreters, or other staff assistants to enable employees to perform their job functions, where the accommodation cannot be provided by the activity’s staff, will be coordinated with the EEO Office.

f. Requests for removal of architectural barriers, including reconfigured work spaces and requests for accessible parking, will be coordinated with facilities.

3. Time Limits.

   a. The supervisor, DPM and RA Board will process requests for reasonable accommodation and provide accommodations, where appropriate, as soon as reasonably possible. However, the time necessary to process a request will depend on the nature of the accommodation requested and whether it is necessary to obtain supporting information and/or medical documentation.

   b. Requests for reasonable accommodation that can be processed and approved by the immediate supervisor, where no medical documentation is required and extenuating circumstances apply, should be granted, modified, or denied within 30 business days from the date of the initial request. Extenuating circumstances can include, but are not limited to obtaining medical documentation, coordinating with outside organizations or agencies, purchasing and installing equipment, and workplace renovations. Where extenuating circumstances are present, the time for processing a request for reasonable accommodation and providing the accommodation will be extended as reasonably necessary.

4. Medical Information.

   a. When the disability and/or need for accommodation is not obvious, the employer or applicant seeking accommodation may be asked to provide appropriate medical information related to the functional impairment and/or limitations at issue and the requested accommodation. Medical information will only be requested to the extent reasonably necessary to establish that the requesting individual has a disability that is covered under the Americans with Disabilities Act (ADA) substantially limiting
a major life activity and/or to identify functional limitations. Requested medical documentation will be kept separate from the employee’s personnel records.

b. An Authorization for Disclosure of Medical or Dental Information form will be used to request the use and/or disclosure of an individual’s protected health information in order to process the reasonable accommodation request. Entire medical records may not be requested or furnished, as they may contain information unrelated to whether an applicant or employee can perform essential job functions.

c. Once the medical documentation is provided, the RA Board may determine if a reasonable accommodation will be provided and elect to approve the request for reasonable accommodation.

5. Reassignment. Offering a job reassignment is only to be considered if there is no accommodation available to the individual to perform the essential functions of the current job, or if the only effective accommodation would cause undue hardship. If reassignment is being considered, the RA Board and supervisor must consult with the servicing the EEO Office/Director of Civilian Personnel Program (N1) office.


   a. In determining whether a proposed accommodation poses an undue hardship, the overall resources and options available to MSC must considered, not just the budget or resources of an individual segment, sub-component, or MSC.

   b. Prior to denying a request for accommodation or a particular accommodation requested, the RA Board and supervisor must consult with the EEO Officer, DPM and the servicing agency attorney.

   c. Denials should be immediately communicated to the individual who requested the accommodation. When it is determined that a request for reasonable accommodation will be denied, the individual requesting the accommodation must be notified in writing of the denial. It should be written in plain language, clearly stating the specific reasons for the denial.

   d. Denials must also inform the individual that he or she has the right to file an EEO complaint and inform him or her about the availability of the informal dispute resolution process.
e. If a reasonable accommodation cannot be provided immediately, the RA Board and supervisor must inform the individual in writing of the delay and projected time frame for providing the accommodation.

7. Recordkeeping. The supervisor/official who processed the accommodation request will submit a reasonable accommodation information report to the local DPM (EEO Office) and provide a copy of the report to MSC EEO. Information reports will include or denial status. MSC EEO will include information obtained in the command’s Federal Agency Annual EEO Program Status Report.

8. Documents and Forms. Copies of the Reasonable Accommodation Information Report can be received from the DPM.
MEMORANDUM

Subj: COMMANDER'S POLICY ON SEXUAL ASSAULT

Ref: (a) SECNAVINST 1752.4B
(b) OPNAVINST 1752.1C
(c) OPNAVINST 8710.6J CH-2
(d) SECNAVINST 1730.9
(e) COMSCINST 1752.1

1. The prevention of sexual assault is everyone's responsibility. It does not just hurt one, it affects ALL. Sexual assault undermines teamwork, morale, unit cohesion, and operational readiness. The effects of sexual assault dramatically impact the victims for years to come. Sexual assault is incompatible with the core values of the Navy and Military Sealift Command (MSC). I have a "zero tolerance" policy for this criminal offense. It is each and every Sailor's and civilian employee's responsibility to adhere to this policy and do his or her part to eliminate this crime within our organization per reference (a) through (e).

2. Sexual assault encompasses a broad range of intentional and non-consensual sexual contact, and may include rape, aggravated sexual contact, abusive sexual contact, and forcible sodomy. The most powerful tool in stopping and preventing sexual violence offenses is Bystander Intervention (BI). The BI process includes the following:
   a. Notice the event
   b. Interpret it as an emergency
   c. Take responsibility to act - don't assume someone else will
   d. Decide how to act
   e. Choose to act

3. There are two reporting options available: Unrestricted Reporting or Restricted Reporting. With the Unrestricted Reporting option, anyone may report a sexual assault to the Sexual Assault Regional Coordinator (SARC), Sexual Assault Prevention Response Victim Advocate (SAPR VA), healthcare personnel, or to command authorities; an official investigation will take place. Restricted Reporting is available only for military personnel; personnel using this reporting option can only report to the SARC, SAPR VA, or healthcare personnel; an official investigation will not take place. In addition to the above reporting procedures, military personnel may seek assistance via the Safe Helpline at https://www.safehelpline.org or 877-995-5249.

4. As referenced above, committing, or attempting to commit, sexual assault is a crime. Violators will be reported, investigated, and may be subject to disciplinary action.

Enclosure (2)
Subject: COMMANDER’S POLICY ON SEXUAL ASSAULT

5. Sexual assault is illegal and has no place at MSC. As the Commander, I am committed to doing everything possible to ensure the safety, dignity, and well-being of everyone employed at MSC.

6. This memorandum shall be widely disseminated and prominently posted on official bulletin boards throughout the workplace and MSC websites for viewing.

[Signature]

DEE L. NEWBORGNE

Enclosure (2)
P6: Physical Requirements

Human Resources Advisory 2013-3

From: Deputy Director, CIVMAR Manpower and Personnel
To: All Civil Service Mariners

Subj: PHYSICAL REQUIREMENTS FOR MSC PERSONNEL IN CONNECTION WITH USE OF FALL PROTECTION ARREST SYSTEM (PPAS) SAFETY EQUIPMENT

Ref: (a) Safety Management System, Fall Protection Program Procedures 2.1-01A-ALL

1. Effective the date of this advisory, and in accordance with reference (a), Military Sealift Command (MSC) will be initiating a new policy which establishes physical requirements for Civil Service Mariners (CIVMARs) who sail on MSC Government-Owned, Government Operated (GOGO) vessels who are required to use Fall Protection Arrest System (PPAS) safety equipment in order to carry out the essential functions of their ratings or positions. The positions affected are:

<table>
<thead>
<tr>
<th>Position Code</th>
<th>Position</th>
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<tbody>
<tr>
<td>163</td>
<td>Ordinary Seaman (W)</td>
</tr>
<tr>
<td>162</td>
<td>Able Seaman (M)</td>
</tr>
<tr>
<td>164</td>
<td>Boatswain Mate (D)</td>
</tr>
<tr>
<td>210</td>
<td>Chief Radio ET (W)</td>
</tr>
<tr>
<td>212</td>
<td>First Radio ET (W)</td>
</tr>
<tr>
<td>220</td>
<td>Second Radio ET (W)</td>
</tr>
<tr>
<td>321</td>
<td>Chief Electrician</td>
</tr>
<tr>
<td>322</td>
<td>Electrician</td>
</tr>
<tr>
<td>335</td>
<td>Electronic Technician</td>
</tr>
<tr>
<td>351</td>
<td>Second Electrician</td>
</tr>
</tbody>
</table>

2. MSC and Seafarer’s International Union came to agreement on the appropriate arrangements for this new requirement which are listed below:

   a. MSC will provide a “grace period”, 12-months from the date of implementation, for any CIVMAR who exceeds the 295 lbs.
Subj: PHYSICAL REQUIREMENTS FOR MSC PERSONNEL IN CONNECTION WITH USE OF FALL PROTECTION ARRREST SYSTEM (PFAS) SAFETY EQUIPMENT

weight limit. The purpose of this "grace period" is to allow a CIVMAR sufficient time to lose weight in order to get at or below 295 lbs. All "grace periods" will expire one year after the implementation date.

b. MSC agrees no administrative action, specific to the Fall Protection Arrest Safety System (PFAS) equipment, will be taken until after the 12-month "grace period" has passed and the CIVMAR remains above the limit. During this "grace period", any affected CIVMAR will retain his/her current rating but will not be assigned to work aloft.

3. The Command will extend the above agreed upon consideration to the non-dragaining unit members listed above.

4. If you have any questions concerning this new requirement, please email them to MSFSC_LER@navy.mil or contact Mr. Karen Martin at (757) 449-2838 or Mr. Atlee Ladao at (757) 449-2836.

FRANCIS W. CUNNINGHAM
P7: Safety Policy

MEMORANDUM

Subj: COMMANDER'S POLICY ON SAFETY

Ref: (a) SECNAVINST 5100.10K
(b) OPNAVINST 5100.23G CH-1
(c) OPNAVINST 5100.19R
(d) COMUSFLTFORCOMINST 5100.7A
(e) OPNAVINST 1500.75C

1. Military Sealift Command (MSC) has a vital interest in providing all personnel with a safe and healthful place of employment and to conduct business and training in the safest possible manner. The safety and welfare of all personnel is our utmost priority and shall be achieved in accordance with references (a) through (e). We all must strive to prevent injuries, illnesses, and incidents. Safety and welfare are an integral part of our organization which cannot be separated from other business functions and must be shared equally by all employees within our domain.

2. While we cannot reasonably remove all levels of risk inherent to our daily operations, we will accept risks only when benefits outweigh costs. Unnecessary risks have no place in the workplace or our daily lives. This principle is applied by identifying potential hazards, assessing the risks associated with those hazards, and controlling risks to acceptable levels, consistent with the training or activity being performed. Reducing risk protects individual members in reducing fatalities, injuries and diseases, loss of property, and ultimately promotes training readiness.

3. Every supervisor, manager, commander and commanding officer is responsible and will be held accountable for ensuring that effective risk management principles are incorporated into the planning and execution of every training, evolution and activity. Each member of MSC has a personal responsibility for effectively managing risks associated with their own activities, both on and off duty, and to safeguard themselves, their families and fellow employees from harm. These responsibilities cannot be delegated and must not be compromised.

4. I expect every member of MSC to make operational and non-operational/off-duty risk management a daily reality.

[Signature]

[Enclosure (6)]
MEMORANDUM FOR DISTRIBUTION

Subj: GENERAL NOTICE OF DRUG TESTING FOR NEW EMPLOYEES UNDER DEPARTMENT OF THE NAVY DRUG-FREE WORKPLACE PROGRAM

On September 15, 1986, President Reagan signed Executive Order 12564 establishing the goal of a Drug-Free Federal Workplace. The Executive Order made it a condition of employment for all Federal employees to refrain from using illegal drugs on or off duty. The Department of the Navy (DON) Drug-Free Workplace Program (DFWP), developed to implement the Order, is designed to accomplish these goals through deterrence, identification, rehabilitation, and personnel action. While the DON will assist employees with drug problems, it must be recognized that employees who use illegal drugs are primarily responsible for changing their own behavior and actions.

Illegal drug use by any civilian employee of the DON is incompatible with the maintenance of high standards of conduct and performance. Moreover, illegal drug use could adversely affect personnel safety, risk damage to government and personal property, and significantly impair day-to-day operations. The DON program is aimed at identifying illegal drug users in order to maintain a safe, secure workplace and efficient DON operation.

The determination that an employee uses illegal drugs may be made on the basis of direct observation, a criminal conviction, the employee's own admission, other appropriate administrative determination or by a confirmed positive drug test. The program subjects all civilian appropriated and non-appropriated fund employees to drug testing under the following conditions:

a. When there is a reasonable suspicion that the employee uses illegal drugs.

b. As part of an authorized examination regarding an accident or unsafe practice.

c. As a part of or as a follow-up to counseling or rehabilitation for illegal drug use.

In addition, certain employees occupying specifically designated sensitive positions within the DON will be subject to random drug testing. These are called Testing Designated Positions (TDFs).
a. Employees in this category will receive individual written notices that their positions have been included in the activity random testing pool at least 30 days prior to actual testing.

b. Employees selected for, or otherwise placed in, a test-designated position will be subject to a drug test prior to final selection/placement and to random testing thereafter.

c. Any employee can volunteer for random testing and will be included in the activity random testing pool.

All employees subject to testing shall be allowed to provide urine specimens in private except when there is reason to believe the specimen will be altered or substituted. The DON has developed strict chain-of-custody procedures to ensure proper identification of the specimen tested.

All specimens will be tested in certified laboratories following mandatory guidelines published by the Department of Health and Human Services as published in the Federal Register. A Medical Review Officer (MRO) will review all positive, non-negative, and negative test results. Employees will be given an opportunity to provide evidence to a MRO for verification of the legitimate use of over-the-counter or prescription drugs authorized by a physician or medical officer.

Drug test results will be handled in a confidential manner. Non-negative test results from the laboratory will only be disclosed to a MRO. Non-negative results, verified by the MRO, may only be disclosed to the employee, the activity Drug Program Coordinator, the appropriate Civilian Employee Assistance Program (CEAP) Administrator and appropriate supervisory/management officials necessary to process an administrative and/or adverse action against the employee, or to a court of law or administrative tribunal in any adverse personnel action.

Medical and rehabilitation records in the CEAP will be deemed confidential. "Patient" records and may not be disclosed without the prior written consent of the patient, an authorizing court order or otherwise as permitted by federal law.

The DON will not tolerate the use of illegal drugs. Employees of the DON having a substance abuse problem are encouraged to seek assistance through their activity CEAP. Such assistance may be obtained by contacting the activity CEAP administrator. Employees who voluntarily identify themselves to their supervisor or other appropriate management official as a user of illegal drugs, prior to being so identified by other means and who seek counseling and/or rehabilitation assistance, will not be subject to disciplinary action for their prior drug use. This is referred to as safe harbor. It is
important to note that once an employee is officially informed of an impending drug test, the employee is no longer eligible for safe harbor.

All employees are expected to refrain from illegal drug use. Disciplinary action up to and including removal from Federal service will be initiated for the first failure to remain drug-free. Removal action will be initiated for any employee upon a second positive test result, failing to refrain from illegal drug use after counseling and/or rehabilitation, altering or substituting a specimen, failure to report for testing or refusal to submit to a drug test.

This updated General Notice supersedes the DON General Notice of the Navy DWFP initially published on August 6, 1988, and does not affect the ability of activities/commands to continue to conduct drug testing.

William A. Navas Jr.
Assistant Secretary of the Navy
(Manpower and Reserve Affairs)

Distribution:
Echelon I & II
P8: Random Drug Testing

From: Commander, Military Sealift Command
To: Department of the Navy, Civil Service Employee

Subj: NOTICE OF RANDOM DRUG TESTING UNDER THE DEPARTMENT OF THE NAVY DRUG-FREE WORKPLACE PROGRAM

Ref: (a) Executive Order 12564

1. You were advised by a General Notice from the Secretary of the Navy, dated 13 December 2005, that the Department of the Navy (DON) had implemented drug testing as part of the Drug-Free Workplace Program (DFWP). Your position meets the criteria for designation as a "Testing Designated Position" (TDP). This means you are subject to random drug testing under the DON DFWP. Performance of the duties of your position is sufficiently critical to this activity that screening to detect the presence of drugs is warranted as a requirement of your position. It is mandatory for your continued employment in this position that you refrain from the use of illegal drugs and submit to drug testing when directed.

2. No sooner than 30 days from receipt of this notice, you may be subject to random drug testing on an unannounced basis for marijuana, cocaine, opiates (codeine, morphine), amphetamines, phencyclidine (PCP), 6-Acetylmorphine, MDMA (Ecstasy) and specimen validity testing. You will receive specific instructions concerning when and where the test will be conducted prior to the test. You will be allowed visual privacy while providing the urine specimen unless there is reason to believe the specimen will be altered or substituted, or as part of follow-up testing. To ensure the accuracy of the test result, the collection, handling, and testing of the urine specimen will be conducted under strict chain-of-custody procedures established by the Substance Abuse and Mental Health Services Administration (SAMHSA) Mandatory Guidelines for Federal Workplace Drug Testing Programs. The procedures used to test the urine specimens are very accurate and tightly monitored to ensure reliable results. The test results will be handled with maximum respect for individual confidentiality. In the event your specimen tests non-negative, you will be given an
Subj: NOTICE OF RANDOM DRUG TESTING UNDER THE DEPARTMENT OF THE NAVY DRUG-FREE WORKPLACE PROGRAM

opportunity to submit medical documentation to a designated Medical Review Officer to establish your legitimate use of the specific drug(s) before any administrative action will be taken.

3. If you refuse to furnish a urine specimen, fail to report for testing as directed (without a deferral), or substitute or adulterate your specimen, you will be subject to discipline with the same range as a verified positive test result for illegal drug use. If, by any means, illegal drug use is detected, you will be subject to the following two administrative actions mandated by reference (a).

a. You will immediately be taken out of your TDP through reassignment, detail, or other personnel action to ensure that you do not occupy a TDP. I may restore you to your TDP as part of your successful participation in a rehabilitation or counseling program.

b. You will also be referred to the Department of the Navy Civilian Employee Assistance Program (DONCEAP).

4. In addition, disciplinary action up to and including removal from the Federal Service will be initiated. As required in the Executive Order, a removal action will be initiated if you refuse to obtain counseling or rehabilitation through the DONCEAP after being found to use illegal drugs or for a second finding of illegal drug use.

5. If you believe you have a drug problem, you are encouraged to seek counseling and/or referral services by contacting the DONCEAP at http://donceap.foh.hhs.gov or by calling 1-844-DONCEAP (1-844-366-2327), TTY 1-888-262-7848, or International 1-866-829-0270. If you voluntarily identify yourself to your supervisor or other higher level management official as a user of illegal drugs prior to being so identified through other means and/or before being notified of a pending drug test, you will not be subject to discipline for your prior drug use. This immunity from discipline under these circumstances is referred to as Safe Harbor. It is important to note that once you are informed of an impending drug test, you are no longer eligible for Safe Harbor. Further, if you are convicted of a drug-related offense, you will not be eligible for Safe Harbor from discipline for those actions.
Subj: NOTICE OF RANDOM DRUG TESTING UNDER THE DEPARTMENT OF THE NAVY DRUG-FREE WORKPLACE PROGRAM

6. If you believe your position has been wrongly designated as a TDP, you may request a review of the determination. Such a request must be submitted, in writing, to me (Commanding Officer, Activity/Command, Location, Zip) within 15 days of receipt of this notice. It should state the reasons why you believe your position should not be a TDP and include all other relevant information. My decision is not subject to further review nor is it grievable under the administrative grievance procedure. If you are a member of a bargaining unit, you must seek review of your position designation through your negotiated grievance procedure, unless the agreement specifically excludes such decisions from the negotiated procedure.

7. As stated in the General Notice announcing the Program, you, as well as all DON employees, may also be subject to testing due to reasonable suspicion, post-accident/unsafe practice, and as part of or follow-up to a rehabilitation and/or counseling program for illegal drug use. When conducting reasonable suspicion or post-accident/unsafe practice testing, the DON may test for any drug listed in Schedule I or II of the Controlled Substances Act, 21 U.S.C. 812, not just those previously identified in paragraph 2 of this notice.

FRANCIS W. CUNNINGHAM
By direction
P9: Interpersonal Relationships

From: Director, Military Sealift Fleet Support Command

Subj: MILITARY SEALIFT FLEET SUPPORT COMMAND INTERPERSONAL RELATIONSHIP POLICY FOR CIVILIAN MARINERS

Ref: (a) SECNAVINST 5300.26D, Sexual Harassment
(b) DOD 5500.7-R, Chapter 2 Standards of Conduct
(c) Ship's Orders/CMFI 750
(d) Commander's Policy on Personal Professionalism of September 18, 2001

1. Purpose. To provide a comprehensive Military Sealift Fleet Support Command (MSFSC) policy for Civilian Mariners (CIVMARs) regarding personal professionalism and interpersonal relationships.

2. Background. Unprofessional interpersonal relationships and the potential erosion of respect for authority, can have an enormously negative impact on good order and discipline and can seriously undermine the mission of MSFSC. Therefore, following the guidelines set forth in this instruction are mission essential.

3. Policy. References (a) through (d) provide specific guidance on acceptable conduct and interpersonal interaction. MSFSC and Navy policy is that the relationships involving shipboard personnel must not interfere with or undermine good order and discipline and proper authority aboard ship. In addition, relationships which result in or give the appearance of favoritism, preferential treatment, or personal gain are to be avoided. Relationships, between a supervisor and subordinate, in the same chain of command violate both of these precepts and are prohibited. Sexual harassment, sexual assault, and abusive, insulting, or obscene language directed to or about other personnel are unacceptable and will not be tolerated. Failure to comply with any of these rules is cause for disciplinary action.
MSFSCINST 12710.1

4. Action. It is extremely important that all hands conduct themselves properly and in a professional manner, exercising common sense and good judgment with respect for the dignity of others. Personal conduct or relationships of a nature to discredit naval service or MSC are not acceptable. MSFSC will promptly investigate all allegations of wrongdoing, and to the extent the allegations have merit, take appropriate action including transfer of individual concerned and disciplinary action up to and including removal if warranted.

J. R. TAYLOR

Distribution: (MSFSCINST 5216.1A)
List I and II
MEMORANDUM

Subj: COMMANDER'S POLICY ON ETHICS

Ref: (a) 5 C.F.R 2635 Standards of Conduct for Employees for the Executive branch
(b) DoD 5500.07-R The Joint Ethics Regulation (JER)
(c) Secretary of the Navy Statement of Ethics

1. All personnel have a responsibility to place loyalty to the Constitution, the law, and ethical principles above private gain. To ensure confidence in the integrity of Military Sealift Command (MSC), all hands shall respect and adhere to the principles of ethical conduct set forth in this policy statement.

2. Per references (a) through (c), the following general principles apply to all hands:

   a. Not hold financial interests that conflict with the conscientious performance of duty.

   b. Not engage in financial transactions using nonpublic Government information or allow the improper use of such information to further any private interest.

   c. Not solicit or accept any gift of other item of monetary value from any person or entity seeking official action from, doing business with, or conducting activities regulated by the employee’s agency, or whose interests may be substantially affected by the performance or non-performance of their duties except as permitted by DoD directives and regulations.

   d. Put forth honest effort in the performance of their duties.

   e. Not knowingly make unauthorized commitments or promises of any kind purporting to bind the Government.

   f. Not use public office for private gain.

   g. Act impartially and not give preferential treatment to any private organization or individual.

   h. Protect and conserve federal property and shall not use it for other than authorized activities.

   i. Not engage in outside employment or activities, including seeking or negotiation for employment, that conflict with official government duties and responsibilities.

Enclosure (5)
Subj: COMMANDER’S POLICY ON ETHICS

j. Disclose waste, fraud, abuse, and corruption to appropriate authorities.

k. Satisfy in good faith their obligations as citizens, including all just financial obligations, especially those such as Federal, State, or local taxes that are imposed by law.

l. Adhere to all laws and regulations that provide equal opportunity for all Americans regardless of race, color, religion, gender, national origin, age, or handicap.

m. Endeavor to avoid any actions creating the appearance that they are violating the law or ethical standards. Whether particular circumstances create an appearance that the law or these standards have been violated shall be determined from the perspective of a reasonable person with knowledge of the relevant facts.

3. For additional information on ethical conduct, consult your local ethics counselor or MSC Office of General Counsel.

4. As the Commander, I am committed to ensuring that MSC adheres to the highest standards of integrity and ethical behavior. Public Service is a public trust. The American people put their trust in us and none of us should betray that trust.

[Signature]

Enclosure (3)
Human Resources Advisory 2011-19

From: Director, Afloat Mariner Management Department

Subj: FAILURE TO MAINTAIN A REGULAR WORK SCHEDULE

Ref: (a) MSPSC HR Advisory 12630 N1/881 of 23 Mar 2010

1. Maintaining proper manning and readiness of our vessels is of paramount importance, especially in light of the vital role that Military Sealift Command (MSC) plays supporting the battle groups and the current fight against terrorism. Availability of Civil Service Mariners (CIVMAR) for assignment on a regular basis enables MSC to successfully accomplish our primary mission. Without it, we put the agency and the nation at risk. Working together, our goal is to increase CIVMAR availability for shipboard assignment and relieve CIVMARs on time.

2. This memorandum replaces reference (a), and its purpose is to educate and raise awareness of actions that may result in disciplinary action.

3. Accordingly, upon issuance of this notice, CIVMARs who fail to maintain a regular work schedule may be subject to disciplinary action up to and including removal. Employees’ individual situations will be examined on a case-by-case basis and may be classified as unable to maintain a regular work schedule if they fall into one of the below non-exclusive categories:

   a. Unable to receive medical clearance for shipboard assignment for over six months from last availability for sea duty,

   b. Prematurely detached for medical reasons prior to completing a regular four month tour more than once in a 12 month period due to a medical condition,

   c. Repeated instances of becoming unavailable for assignment after receiving notification of shipboard assignment,
Subj: FAILURE TO MAINTAIN A REGULAR WORK SCHEDULE

d. Repeated instances of reporting to a CIVMAR Support Unit (CSU) Not-Fit-For-Duty (NFFD) or with expired or missing professional credentials or credentials due to expire within 120 days, such as a USCG License, Merchant Mariner Credential, TWIC card, and/or a valid passport, resulting in enforced leave procedures being initiated,

e. Repeated instances of reporting to a ship with less than a six month supply of medication,

f. Repeated instances of medical non-compliance, i.e., failing to provide requested and/or required medical documentation to support a fitness for duty determination,

g. Excessive absenteeism where a CIVMAR is unavailable for sea duty for a prolonged period over and above one year as a result of a work injury. Any action by MSFSC under this policy and/or advisory, including removal, is not related to and will not affect an employee’s entitlements under the Federal Employees Compensation Act (FECA), as administered by the Department of Labor, Office of Workers Compensation Programs (OWCP).

4. In some cases a CIVMAR may have a medical condition that may qualify for disability retirement. Should this be the case, CIVMARS should feel free to contact “The Benefits Line” at 1-888-320-2917 to speak with a Customer Service Representative (CSR) who is available from 7:30 a.m. – 7:30 p.m. Eastern time, Monday through Friday, (except Federal holidays) to assist; or e-mail the CSR at: info@navybenefits.org.

5. Any CIVMAR who feels he/she may have a personal problem which may be affecting job performance, conduct, or work schedule, may obtain confidential counseling through the Civilian Employee Assistance Program (CEAP). For information concerning CEAP, please contact the Benefits & Services Branch by calling (757) 443-2849, 2847, 2844 or faxing (757) 443-5098.

Francis W. Cunningham

Distribution: (MSFSCINST 5216.1E)
List I and II
Human Resources Advisory 2013-4

From: Deputy Director, CIVMAR Manpower & Personnel
To: All Civil Service Mariners

Subj: COASTAL TRANSFER PROGRAM

1. As you know, in January 2012, Military Sealift Command (MSC) stopped accepting new coastal transfer requests because of the existing processing backlog. This effectively suspended the program. As of today, all eligible Civil Service Mariners (CIVMARs) request for coastal transfer have been approved and administratively transferred.

2. We made necessary changes to program for two primary reasons:

   a. To improve its policy and procedures for effecting voluntary permanent coastal transfers of CIVMARs.

   b. To effectively balance manpower between coasts and to address the desires of our existing workforce in a timely manner.

3. MSC is committed to fulfilling manpower requirements through practices that meet all the requisites for merit promotion and selection in accordance with applicable federal regulations and Command policies.

4. MSC has synchronized the coastal transfers and merit promotions practices to prevent past issues from reoccurring. This notification is to ensure that our CIVMAR fleet is aware of the updates made to the coastal transfer and merit promotion policies and procedures. Full details are outlined below.

5. Coastal Transfer. Opportunities for coastal transfer will typically be offered at least 45 days prior to release of a corresponding Promotion Opportunity Announcement (POA). Interested CIVMARs will submit a request to change coastal designation during this specified window of time. The coastal transfer opportunity will be limited to employees who are already permanent in the rating which corresponds to the upcoming POA. The window of opportunity will be clearly published in advance so that all
Subj: COASTAL TRANSFER PROGRAM

eligible employees will have ample time to apply. The application
is a simple written request that will be submitted to: Marine
Employment Division, MSCPOAIbox@navy.mil.

6. Once the window has closed, the total number of requests
received will be compared to existing manpower requirements. If
the requirements support it, all requests will be honored, provided
that the respective CIVMARs meet the administrative review.

7. If there are more requests than requirements allow, the
employees will be sorted by length of service since last hired. In
the cases of employees who left MSC and then later returned to MSC,
the calculation will not include any service earned before the most
recent rehire date. The employee(s) with the longest service will
be transferred first. Once this process is completed, it will be
closed. CIVMARs that are not offered a transfer will have to
reapply at the next opportunity, likely the following year. All
employees will be notified whether they were selected for coastal
transfer or not.

8. Merit Promotions. Publication of POA will normally follow
solicitations for coastal transfers and will also provide CIVMARs
an opportunity to change coasts. Merit promotion applicants will
select their coastal preference when they apply to the POA (e.g.
east coast, west coast, or both coasts). Based on manpower
requirements, the selection criteria and procedures outlined in
CMX 330 and Merit Promotion Program, the Command, in its sole
discretion, will select applicants for coastal positions based on
best qualified for permanent promotion.

9. Once an employee accepts the promotion and coastal assignment,
the employee will not typically be offered the opposite coast if a
new opportunity arises later; unless MSC determines that such an
offer is in the best interest of the Command. An employee who
accepts a promotion but would prefer to switch coasts may apply for
coastal transfer by applying to a future solicitation for coastal
transfer that applies to the employee’s new position.

10. Please direct any questions to Director, Marine Employment
Division Floodoir V. Pe, floodoir.v.pe@navy.mil or (577) 443-2857.

FRANCIS W. CUNNINGHAM

2
Human Resource Advisory 2014-3

From: Director, CIVMAR Manpower and Personnel

To: All MSC Civil Service Marine Employees

Subj: MILITARY SEALIFT COMMAND CIVILIAN MARINER PAYROLL FUNCTION CONVERSION TO DEFENSE FINANCE AND ACCOUNTING SERVICE (DFAS)

Ref: (a) HRA 2014-2 dated 4 Mar 2014

Encl: (1) MyPay Information for CIVMARs & Miscellaneous Pay Info
      (2) MyPay Menu Screenshot

1. This advisory is to advise that effective 1 June 2014, MSC’s Civilian Marine Personnel will be paid by Defense Finance and Accounting Service (DFAS) Cleveland Ohio payroll office.

2. Human Resource Advisory 2014-2, reference (a), provided information related to the transfer of the payroll function from MSC’s Unified Civilian Mariner Payroll System (UCPS) to the Defense Civilian Pay System (DCPS), managed by the Defense Finance and Accounting Service (DFAS).

3. Enclosure (1) provides additional information pertaining to DFAS payroll processes and compilation of questions and answers from the MSC_DFAS_CIVMAR@navy.mil mailbox. Enclosure (2) provides MyPay Menu screenshot related to questions submitted to mailbox.

4. At the time of the transfer, the current MSC Payroll Office will become a Customer Service Representative Office (CSR). MSC will no longer perform the payroll function of maintaining pay, leave and retirement records, processing biweekly payroll reporting, and disbursement of biweekly payroll. These functions will be performed by DFAS Cleveland Payroll Office.

5. CIVMAR Time and Attendance reporting will continue to be managed by MSC. The CSR will serve as the liaison between the CIVMAR, the Shipboard Managers, MSC, and the DFAS Cleveland payroll office. While the responsibility for CIVMAR pay is being assumed by DFAS, CIVMARs and Shipboard Management will be afforded the same level of customer service. The MSC CSR
Subj: MILITARY SEALIFT COMMAND CIVILIAN MARINER PAYROLL FUNCTION CONVERSION TO DEFENSE FINANCE AND ACCOUNTING SERVICE (DFAS)

representatives will assist CIVMAR S with their inquiries and miscellaneous changes such as allotments, tax withholdings, etc.

6. The CSR office staff will be available 0600-1600 Monday - Fridays. The CSR mailbox (MSC_CSR_RPLOAT@navy.mil) will be monitored daily 0600 - 1600. CSR staff will respond to any phone calls or emails within 24 hours (M-F). CIVMAR S may always contact the MSC CIVMAR Support Center (CSC) 1-800-793-5784 with inquiries. CSC will forward inquiries to CSR or other offices as appropriate. CSC is manned 0800-2000 M-F.

7. DFAS Cleveland Payroll Office staff members will be on site at the MSC Customer Service Representative Office (CSR) in Norfolk for the first two pay cycle processing periods (Pay period 6/1-6/14 pay date 6/20 and Pay period 6/15-6/28 pay date 7/3). The DFAS Cleveland payroll staff will be assisting the CSR staff through the pay cycles and assisting with CSR researching any inquiries. The CSR has established a new e-mailbox, MSC_CSR_RPLOAT@navy.mil for ships to submit routing emails. This new e-mailbox will replace the old MSFSC_PAYROLL@navy.mil e-mailbox which will be deactivated post conversion.

8. We know that questions will come up during the transition and implementation phase. MSC has established an e-mail mailbox that you may use to submit any question you may have. Please send questions to MSC_DFAS_CIVMAR@navy.mil. MSC will respond to your question and a compilation of the questions and answers will be published in subsequent notifications.

FRANCIS W. CUNNINGHAM
Subj: MILITARY SEALIFT COMMAND CIVILIAN MARINER PAYROLL FUNCTION CONVERSION TO DEFENSE FINANCE AND ACCOUNTING SERVICE (DFAS)

MyPay & Miscellaneous Information

**MyPay** — "myPay" web link is https://mypay.dfas.mil/mypay.aspx. The myPay website provides CIVMARs the following:

- If required to pay state taxes, you may elect to have your state taxes withheld instead of making quarterly estimated payments.
- Have access to and be able to print W-2’s for up to the last 26 pay periods as well as their W-2 Income Tax Forms.
- Make changes to direct deposits, allotments (up to eight), and payroll mailing address.

Access to the myPay website will be through a Common Access Card (CAC) or a myPay Personal Identification Number (PIN).

- For access by CAC, a CIVMAR must use a government computer or use a USB CAC reader so they may access the site from non CAC enabled computers (off the ship).

- CAC readers are on order with distribution expected during the month of June. If you DO NOT have access to a CAC enabled computer or the email address registered to your CAC card, you can still request a temporary myPay password to create your new account and begin managing your pay. Simply go to https://mypay.dfas.mil/mypay.aspx and select the "Forgot or Need a Password" link. MyPay will send you your temporary password via U.S. mail (to correspondence address). Once you get it, visit the myPay site and select "Create an Account". You will use your SSN and temporary password to enter myPay and establish your Login ID and permanent password.

If a CIVMAR cannot access the myPay website, he or she can submit a request to the CSR @ MSC_CSR_AFLOAT@navy.mil and the CSR will process the request on the CIVMAR’s behalf or the CIVMAR can submit his or her request to the purser aboard ship who will then forward the request to CSR.

Enclosure (1)
Subj: MILITARY SEALIFT COMMAND CIVILIAN MARINER PAYROLL FUNCTION CONVERSION TO DEFENSE FINANCE AND ACCOUNTING SERVICE (DFAS)

NOTE: The use of MyPay is not required; however, it offers CIVMARS greater flexibility to make changes directly.

WHEN WILL CIVMARS BE ABLE TO ACCESS MYPAY? - CIVMARS will be able to access MyPay on 9 June 2014 to establish their MyPay account. A MyPay Tutorial disk has been provided to each ship, both CSU East and West and MSC Training Centers to assist CIVMARS in step by step instructions on accessing and establishing MyPay Account. The MyPay Tutorial is also available via the MSC website at http://civmar.sealiftcommand.com. Follow the MyPay Tutorial link under Quick Reference.

Leave and Earnings Statement (LES) - CIVMARS will continue to receive their LES aboard ship and also be able to access through MyPay. Upon conversion to DFAS all LES will be mailed to correspondence address as well as be distributed aboard ship. If CIVMAR does NOT desire to have their LES mailed to their correspondence address then he/she will need to change the mailing option via MyPay. In addition, LES’s will contain expanded information including a breakdown of deferred earnings by category of pay. CSR does not have the ability to change the LES distribution indicator.

TSP Roth - UCPS payroll system did not accommodate TSP Roth elections. UCPS does accommodate TSP Roth elections. CIVMARS may now enroll in TSP Roth to start on or after 1 June 2014 via EBIS (Benefits info and link to EBIS may be found at http://www.secnav.navy.mil/donhr/Benefits/Pages/Default.aspx)

Compilation of the questions and answers from MSC_DFAS_CIVMAR@navy.mil mailbox -

Q. I work for MSC and am also a retired Navy veteran. Will my same log on I use to access my retirement remaine work to also access my MSC pay

A. You will have one MyPay account, and once logged in on your Main Menu you will see two Account choices: 1) Your Military Retiree Pay Account and 2) Your Navy DoD Civilian Pay Account.

Enclosure (1)
SUBJ: MILITARY SEALIFT COMMAND CIVILIAN MARINER PATROLL
FUNCTION CONVERSION TO DEFENSE FINANCE AND ACCOUNTING
SERVICE (DFAS)

Screen shot of main menu that depicts the two choices is
enclosure (2).

#2) Q. I live in a state that has a state income tax. Will
state tax be taking out of my check? Do I have the option of
paying state tax at the end of the year like I have been doing
for years?

A. State Tax withholding will not be automatic. State Tax will
only be deducted from your pay if you elect to do so by
accessing MyPay and making State Tax withholding election
updates or submitting State Tax W4 form to CSR office.

#3) Q. How do I go about signing up to have my state taxes
withdrawn from my pay?

A. Once the payroll converts to DFAS you will be able to go
online in MyPay and add your state tax withholding information
or submit state tax withholding form (W4) to the MSC CSR office
to request state tax be withheld from your pay. The first
full pay period CIVMAR will be paid by DFAS is scheduled for
6/1-14/2014. It is anticipated that you will have access to
MyPay on Monday 6/9/2014

#4) Q. What type of confirmation a CIVMAR will receive if they
need to make a change by phone via the CSR?

A. CIVMAR are required to submit any changes in writing (U. S.
mail, fax or email) and that will continue to be the
requirement. CIVMAR will notified of confirmation of change via
whichever method is available (email response or phone).

Enclosure (2)
Subj: MILITARY SEALIFT COMMAND CIVILIAN MARINER PAYROLL FUNCTION CONVERSION TO DEFENSE FINANCE AND ACCOUNTING SERVICE (DFAS)

CIVMARS who are Retired Military will have one MyPay account, and once logged in on your Main Menu you will see two Account choices: 1) Your Military Retiree Pay Account and 2) Your Navy DoD Civilian Pay Account. Screen shot of main menu that depicts the two choices is below:

Last Date myPay Accessed: 08/02/2013

Enclosure (2)
P14: Union Representation

From: Deputy Director, CIVMAR Manpower and Personnel

Subj: NOTIFICATION TO EMPLOYEE OF RIGHT TO UNION REPRESENTATION IN CERTAIN INVESTIGATORY INTERVIEWS (WEINGARTEN RIGHT)

Ref: (a) Title 5 USC, Ch 71, Sec 7114(a)(2)(B)
(b) Title 5 USC, Ch 71, Sec 7114(a)(3)

Encl: (1) Annual Weingarten Notice

1. Enclosure (1) is attached and forwarded, pursuant to reference (a) and (b), as official annual notification to bargaining unit employees of their rights to have a union representative present during certain investigatory interviews. Please post the attached notice where it reasonably can be expected to be seen by all affected employees (e.g. official bulletin boards). For additional information, please contact Alice Lada at (757) 443-2836 or send an email inquiry to mscsc_lcr@navy.mil.

CONSTANCE L. HALL-SEN
By direction

Distribution:
Masters, USNS Ships
OIC, USS ETHEV S. LAND (AS 39)
OIC, USS MOUNT WHITNEY (LCC 20)
OIC, USS FRANK CABLE (AS 40)
Site Manager, CIVMAR Support Unit-East
Site Manager, CIVMAR Support Unit-West
Director, Training Center-East
Director, Fleet Training Center, San Diego
Director, Afloat Training Team Norfolk

Copy to:
COMSC (N111)
***************ATTENTION ALL CIVMARS***************

WEINGARTEN RIGHTS

ANNUAL NOTICE OF EMPLOYEE RIGHTS PURSUANT TO 5 U.S.C. 7114(a)(3)

1. Bargaining Unit employees have a right to have a union representative present during any examination conducted by an Agency representative (including all levels of supervision) in connection with an investigation if:

   (a) the employee reasonably believes that the examination may result in disciplinary action against the employee; and

   (b) the employee requests representation

*Note: This does not generally apply to everyday work-related communications between supervisors and employees, or to discussions concerning job performance.

2. Supervisors and other Agency representatives are not required to notify employees of this right on an individual basis before proceeding with the examination under 5 U.S.C. 7114 (a)(3). The law requires that the Agency notify the bargaining unit employees annually of their right to representation during investigatory examinations.

3. The purpose of the examination is basically to obtain information from the employee. When a union representative is present, the employee should be permitted to consult the representative; however, the union representative is not entitled to answer on behalf of the employee or to bargain with management regarding the results of the investigation.

4. The right to representation applies only to employees in bargaining units, and permits representation only by the union holding exclusive recognition. This right is separate from any provisions of current agreements which may give bargaining unit employees the right to have a union representative present under circumstances other than an investigative examination.

CONSTANCE E. HALLEEN
Director
Labor and Employee Relations

Enclosure (1)
Human Resources Advisory 2014-1

From: Deputy Director, CIVMAR Manpower & Personnel

Subj: COMPENSATORY TIME OFF FOR (CTFT) TRAVEL FOR CIVMARs

Ref: (a) Title 5, United States Code, §§ 5550b(a), 5541(2)(xi)
(b) 5 Code of Federal Regulations (CFR), Parts 550, 551, 610
(c) Assistant Secretary of Navy (F&O), Business Process Memorandum for Civilian Time and Attendance, 1 June 2010
(d) Human Resources Advisory 2013-7, Compensatory Time Off for Travel for CIVMARs, 27 Nov 13

Encl: (1) Request for Compensatory Time Off for Travel

1. **Purpose.** This expands the eligibility for Compensatory Time Off for Travel to **ALL** MSC Civilian Service Marines (CIVMARs), including the unlicensed CIVMARs who were not previously eligible, in accordance with references (a) through (c). This advisory supersedes reference (d), which established basic procedures for CTFT, however it only applied to travel the began on or after 1 Dec 2013 for all Deck and Engine Officers, Pursers, MSOs, SCOs, REts and Operations Chiefs, as well as West Coast SUPPOS and JSOs. CIVMARs who were not covered by reference (d) are now eligible for CTFT, effective 9 Feb 14. CTFT before this implementation will be address separately.

2. **Cancellation.** Reference (d).

3. **Effective.** This advisory applies to travel that began on or after 9 Feb 2014 for all Civilian Mariners. CTFT before that date will be addressed separately.
P15: Compensatory Time Off for Travel (CTFT) for CIVMARs

Subj: COMPENSATORY TIME OFF FOR TRAVEL FOR CIVMARs

4. Background. In accordance with 5 CFR 550.1402, compensatory time for travel was made available to prevailing wage civilian employees under Title 5 of the United States Code, Chapter 5, Subchapter IV. CIVMARs are prevailing wage employees covered by that subchapter under 5 U.S.C. 5348.

5. Policy. CIVMARs may earn compensatory time for travel for time spent in excess of their regularly scheduled hours and away from their official duty station when such time is not otherwise compensable.

6. Applicability.

(a) CTFT applies to:

(1) Official travel that has been authorized outside a CIVMAR’s regular working hours. CIVMARs’ normal working day is eight hours (8) per day. Although the number of hours worked per week by CIVMARs varies depending upon the position held, base rates of pay apply over the full seven-day workweek. CTFT is creditable after a CIVMAR has worked/traveled in excess of the first eight hours per day, unless specified below.

(2) Time outside of regular working hours actually spent traveling between the official duty station and a temporary duty station;

(3) Time outside of regular working hours actually spent traveling between two temporary duty stations;

(4) The usual waiting time (up to 90 minutes, 2 or 3 hours before the scheduled departure, depending on whether the land transport or flight is domestic or international) preceding or interrupting such travel (waiting at an airport, train station, etc. prior to departure) outside of regular working hours;

(5) Travel outside of regular working hours between an employee’s home and a temporary duty station or transportation terminal outside the limits of their official duty station, in excess of the employee’s normal commuting time is creditable towards compensatory travel time (normal commuting time is not creditable time in a travel status), see (b)(2), below; and

(a) The waiting time (one or two hours before the scheduled departure, depending on whether the flight is domestic or international) is considered “usual waiting time” and is
Subj: COMPENSATORY TIME OFF FOR TRAVEL FOR CIVMARs

Creditable time in a travel status if outside normal working hours.

In addition, time spent at an intervening airport waiting for a connecting flight is creditable time in a travel status if outside normal working hours, subject to exclusions for bona fide meal periods. Military Sealift Command "usual waiting time" is defined as:

- Up to 60 minutes prior to departure for train and bus service
- Up to 90 minutes prior to departure if not checking bags for domestic flights;
- Up to 2 hours for domestic flights, if checking bags
- Up to 3 hours for international flights

(b) CTFT DOES NOT apply to:

1. Masters' and Chief Engineers' one hour overtime. The one hour of overtime that Masters and Chief Engineers receive for each day they are on the payroll in a duty status, or on approved leave, is compensation and must be accounted for in CTFT computations. This hour must be deducted, as it does not count toward earning CTFT.

2. Normal commuting time. For CIVMARs who live near CSU-E/W, the normal home-to-work/work-to-home commuting time will be deducted to obtain credible travel time.

3. Travel Layovers. If a CIVMAR travels over the course of two or more days, the CIVMAR will not accrue CTFT for any layovers between flights that would permit the CIVMAR to exit the airport and return to the airport later with adequate time prior to the next departure.

4. Where Ship's Leave is granted. Since travel associated with Ship's Leave is in a non-duty status;

5. Where cash settlements in lieu of travel benefits are utilized since those employees are traveling in a non-duty status, CMPI 4850 6-3;

6. Meal periods of 30 minutes and if during actual travel time or waiting time (not in-flight meals); and
P15: Compensatory Time Off for Travel (CTFT) for CIVMARs

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7. Long delays between flights that permit time for activities that do not include direct travel (to and from duty stations). An extended waiting period due to long delays during which the CIVMAR is free to rest, sleep, or otherwise use the time for his/her own purposes is not considered time in a travel status.

8. Increments: Compensatory time for travel is credited and used in one tenth hour (6 minute) increments.

9. Travel involving two or more time zones. The time zone from point of first departure must be used to determine how many hours the employee actually spent in a travel status for the purpose of accruing compensatory time off for travel.

9. Requesting Compensatory time off for travel. All claims must be submitted within 5 working days of return to or arrival at the Permanent Duty Station (PDS). In the case of extended Temporary Duty (TDY) (over 45 days), the traveler must submit a claim for each 30-day period. That claim must be submitted within 5 days after each 30-day period.

Requests for CTFT should be submitted as following, using enclosure (1):

(a) For CIVMAR Attached to Ship (joining ship, training, SFL, TDY), the ship’s Master and Department Heads will review and approve requests for CTFT. Requests for CTFT must be accompanied by a travel voucher (claim) if travel orders were issued for the trip. Both the travel voucher and the approved request for CTFT should be submitted to the MSC Travel Branch (N842) for settlement. N842 will submit approved CTFT requests to Payroll Office (R844) for posting in CIVMAR’s leave records.

(b) CIVMAR Ashore - Travel Orders Issued:

The CIVMAR should submit their request for CTFT with their travel voucher. CTFT will not be considered unless a travel claim has been filed. CIVMAR may submit the forms at CSU-E/W, and the forms will be initially submitted to MSC Travel (N842). N842 will forward the CTFT request to appropriate Marine Placement Specialist (N123) who may approve CTFT. Once approved, N123 will forward CTFT requests to Payroll Office (N844) for recording in CIVMAR’s leave records;
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(c) CIVMAR Ashore - Travel orders Not Issued:

The CIVMAR will submit the request for CTFT to the appropriate CSU-E/W or the Training Center-E/W Site Manager. The CTFT request must indicate that no orders were issued for the travel, and explain transportation agreement (i.e. bus, or FOV). The Marine Placement Specialist will review and approve the request for CTFT. Approved CTFT requests will be forwarded to the Payroll Office (N844) for posting in CIVMAR’s leave records.

10. Earned CTFT.

(a) Use. A CIVMAR who has earned CTFT in a previous pay period may use those hours to cover a paid absence from work rather than using another form of leave. CIVMARs must schedule and request to use earned CTFT the same as any other type of leave. Request CTFT on a Request for Leave or Approved Absence form (OPM Form 71) by indicating “Other Paid Absence” as the type of leave, and specify “Comp Time Off for Travel” in the remarks section.

(b) Expiration of CTFT. An employee must use his/her accrued CTFT by the end of the 26th pay period after the pay period during which it was earned or the employee must forfeit such compensatory time off, except in the following circumstances:

i. Unused compensatory time off for travel will be held in abeyance for an employee who separates, or is placed in a Leave Without Pay (LWOP) status, and later returns following (1) separation or leave without pay to perform service in the uniformed services (as defined in 38 U.S.C. 4303 and 5 CFR 353.102) and a return to service through the exercise of a reemployment right or (2) separation or LWOP due to an on-the-job injury with entitlement to injury compensation under 5 U.S.C. chapter 81. The employee must use all of the CTFT held in abeyance by the end of the 26th pay period following the pay period in which the employee returns to duty, or such CTFT will be forfeited.

ii. If an employee fails to use his or her accrued CTFT before the end of the 26th pay period after the pay period during which it was earned due to an exigency of the service beyond the employee's control, the head of an agency or his/her designated representative, at his or her sole and exclusive discretion, may extend the time limit for up to an additional 26 pay periods.
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11. Additional information on CTFT can be found on the OPM website:

OPM Fact Sheet: Compensatory Time Off:

http://www.opm.gov/oca/pay/HTML/COMP.htm

OPM Questions and Answer on Compensatory Time Off for Travel:

FMR Volume 9:
http://comptroller.defense.gov/fmr/current/03/Volume 03.pdf

FRANCIS W. CUNNINGHAM
APPENDIX
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### A1: Acronyms

The following table should reflect acronyms used in this handbook.

<table>
<thead>
<tr>
<th>Acronym</th>
<th>Description</th>
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<tbody>
<tr>
<td>AB</td>
<td>Able Seaman</td>
</tr>
<tr>
<td>ADA</td>
<td>Americans with Disabilities Act</td>
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<tr>
<td>AE</td>
<td>Armed Forces Europe</td>
</tr>
<tr>
<td>AJ</td>
<td>Administrative Judge</td>
</tr>
<tr>
<td>AL</td>
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</tr>
<tr>
<td>AP</td>
<td>Armed Forces Pacific</td>
</tr>
<tr>
<td>AWOL</td>
<td>Absent With Out Leave</td>
</tr>
<tr>
<td>CAC</td>
<td>Common Access Card</td>
</tr>
<tr>
<td>CBA</td>
<td>Collective Bargaining Agreement</td>
</tr>
<tr>
<td>CBC</td>
<td>Civilian Benefits Center</td>
</tr>
<tr>
<td>CBR-D</td>
<td>Chemical Biological Radiological-Defense</td>
</tr>
<tr>
<td>CEAP</td>
<td>Civilian Employment Assistance Program</td>
</tr>
<tr>
<td>CFR</td>
<td>Code of Federal Regulations</td>
</tr>
<tr>
<td>CHRM</td>
<td>Civilian Human Resources Manual</td>
</tr>
<tr>
<td>CIVMAR</td>
<td>Civil Service Mariner</td>
</tr>
<tr>
<td>CLF</td>
<td>Combat Labor Force</td>
</tr>
<tr>
<td>CMPI</td>
<td>Civilian Marine Personnel Instruction</td>
</tr>
<tr>
<td>COMSC</td>
<td>Commander Military Sealift Command</td>
</tr>
<tr>
<td>COMSCINST</td>
<td>Commander Military Sealift Command Instruction</td>
</tr>
<tr>
<td>CONUS</td>
<td>Continental United States</td>
</tr>
<tr>
<td>COP</td>
<td>Continuation Of Pay</td>
</tr>
<tr>
<td>CPO</td>
<td>Chief Petty Officer</td>
</tr>
<tr>
<td>CSC</td>
<td>CIVMAR Support Center</td>
</tr>
<tr>
<td>CSR</td>
<td>Customer Service Representative</td>
</tr>
<tr>
<td>CSRO</td>
<td>Customer Service Representative Office</td>
</tr>
<tr>
<td>CSU</td>
<td>Customer Support Unit</td>
</tr>
<tr>
<td>CTFT</td>
<td>Compensatory Time-off For Travel</td>
</tr>
<tr>
<td>CTO</td>
<td>Commercial Travel Office</td>
</tr>
<tr>
<td>DAP</td>
<td>Deck Engineer Machinist Advancement Program</td>
</tr>
<tr>
<td>DFAS</td>
<td>Defense Finance and Accounting Service</td>
</tr>
<tr>
<td>DFWP</td>
<td>Drug-Free Workplace Program</td>
</tr>
<tr>
<td>DoD</td>
<td>Department of Defense</td>
</tr>
<tr>
<td>DoL</td>
<td>Department of Labor</td>
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### A1: Acronyms

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<th>Description</th>
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<td>Department of Navy</td>
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<tr>
<td>DPM</td>
<td>Disability Program Manager</td>
</tr>
<tr>
<td>ETAP</td>
<td>Electronic Technician Advancement Program</td>
</tr>
<tr>
<td>EBIS</td>
<td>Employee Benefits Information System</td>
</tr>
<tr>
<td>ECAB</td>
<td>Employee Compensation Appeal Board</td>
</tr>
<tr>
<td>EEO</td>
<td>Equal Employment Opportunity</td>
</tr>
<tr>
<td>EEOC</td>
<td>Equal Employment Opportunity Commission</td>
</tr>
<tr>
<td>FAQ</td>
<td>Frequently Asked Question</td>
</tr>
<tr>
<td>FECA</td>
<td>Federal Employees Compensation Act</td>
</tr>
<tr>
<td>FFD</td>
<td>Fit for Duty</td>
</tr>
<tr>
<td>FMLA</td>
<td>Family Medical Leave Act</td>
</tr>
<tr>
<td>FMO</td>
<td>Fleet Medical Officer</td>
</tr>
<tr>
<td>FOIA</td>
<td>Freedom Of Information Act</td>
</tr>
<tr>
<td>FPO</td>
<td>Fleet Post Office</td>
</tr>
<tr>
<td>GS</td>
<td>Government Service</td>
</tr>
<tr>
<td>GSD</td>
<td>Global Service Desk</td>
</tr>
<tr>
<td>GOGO</td>
<td>Government Owned Government Operated</td>
</tr>
<tr>
<td>GOV</td>
<td>Government Owned Vehicle</td>
</tr>
<tr>
<td>ICPA</td>
<td>Injury Compensation Program Administration</td>
</tr>
<tr>
<td>ISM</td>
<td>International Safety Management</td>
</tr>
<tr>
<td>JTR</td>
<td>Joint Travel Regulations</td>
</tr>
<tr>
<td>KSA</td>
<td>Knowledge, Skills and Abilities</td>
</tr>
<tr>
<td>LBB</td>
<td>Leave Buy Back</td>
</tr>
<tr>
<td>LER</td>
<td>Labor Employee Relations</td>
</tr>
<tr>
<td>LES</td>
<td>Leave and Earnings Statement</td>
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<tr>
<td>LWOP</td>
<td>Leave Without Pay</td>
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<tr>
<td>MEBA</td>
<td>Marine Engineers’ Beneficial Association</td>
</tr>
<tr>
<td>MMC</td>
<td>Merchant Marine Credential</td>
</tr>
<tr>
<td>MPS</td>
<td>Marine Placement Specialist</td>
</tr>
<tr>
<td>MRO</td>
<td>Medical Review Officer</td>
</tr>
<tr>
<td>MSC</td>
<td>Military Sealift Command</td>
</tr>
<tr>
<td>MSO</td>
<td>Medical Services Officer</td>
</tr>
<tr>
<td>MSPB</td>
<td>Merit Systems Protection Board</td>
</tr>
<tr>
<td>NAVOSH</td>
<td>Navy Occupational Safety and Health</td>
</tr>
<tr>
<td>Acronym</td>
<td>Definition</td>
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<td>---------</td>
<td>------------</td>
</tr>
<tr>
<td>NEO</td>
<td>New Employee Orientation</td>
</tr>
<tr>
<td>NFAF</td>
<td>Naval Fleet Auxiliary Force</td>
</tr>
<tr>
<td>NFFD</td>
<td>Not Fit For Duty</td>
</tr>
<tr>
<td>NKO</td>
<td>Navy Knowledge Online</td>
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<tr>
<td>NTE</td>
<td>Not To Exceed</td>
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<td>OFO</td>
<td>Office of Federal Operations</td>
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<td>OPF</td>
<td>Official Personnel File</td>
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<td>OPM</td>
<td>Office of Personnel Management</td>
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<tr>
<td>OSAP</td>
<td>Ordinary Seaman Advancement Program</td>
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<td>OSC</td>
<td>Office of Special Counsel</td>
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<td>OWCP</td>
<td>Office of Worker’s Compensation Program</td>
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<tr>
<td>PDS</td>
<td>Permanent Duty Assignment</td>
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<tr>
<td>PFAS</td>
<td>Fall Protection Arrest System</td>
</tr>
<tr>
<td>PII</td>
<td>Personal Identifiable Information</td>
</tr>
<tr>
<td>PKI</td>
<td>Public Key Infrastructure</td>
</tr>
<tr>
<td>POA</td>
<td>Promotion Opportunity Announcement</td>
</tr>
<tr>
<td>POC</td>
<td>Privately Owned Conveyance</td>
</tr>
<tr>
<td>POSH</td>
<td>Prevention Of Sexual Harassment</td>
</tr>
<tr>
<td>RFPNW</td>
<td>Rating Forming Part of a Navigation Watch</td>
</tr>
<tr>
<td>RFPEW</td>
<td>Rating Forming Part of an Engineering Watch</td>
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<tr>
<td>RIF</td>
<td>Reduction in Force</td>
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<tr>
<td>S&amp;Q</td>
<td>Subsistence and Quarters</td>
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<tr>
<td>SATO</td>
<td>Scheduled Air Transportation Office</td>
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<tr>
<td>SAVI</td>
<td>Sexual Assault Victims Intervention Program</td>
</tr>
<tr>
<td>SECNAV</td>
<td>Secretary of the Navy</td>
</tr>
<tr>
<td>SERE</td>
<td>Survival, Evade, Resist, Extract</td>
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<td>SES</td>
<td>Senior Executive Service</td>
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<td>SF</td>
<td>Standard Form</td>
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<td>SL</td>
<td>Shore Leave</td>
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<td>SMS</td>
<td>Safety Management System</td>
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<td>SRS</td>
<td>Surface Rescue Swimmer</td>
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<td>SSA</td>
<td>Social Security Administration</td>
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<tr>
<td>SSN</td>
<td>Social Security Number</td>
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<tr>
<td>STCW</td>
<td>Standards of Training Certification &amp; Watchkeeping</td>
</tr>
</tbody>
</table>
A1: Acronyms

T&A  Time and Attendance
TC   Training Center
TDY  Temporary Duty Assignment
TDP  Testing Designated Positions
TIB  Training Information Bulletins
TOAR Towing Officer's Assessment Record
TSP  Thrift Savings Plan
TWIC Transportation Worker Identification Credential
UCPS Unified Civilian Mariner Payroll System
UNREP Underway Replenishment
USCG United States Coast Guard
USD/P&R Under Secretary of Defense for Personnel and Readiness
USN United States Navy
USNS United States Naval Ship
VERTREP Vertical Underway Replenishment
WAP  Wiper Advancement Program
SHIPBOARD ORGANIZATION

All MSC afloat positions have titles and pay similar to their counterparts in the maritime industry. These ranks are used by administrators to determine assignment, type of quarters, messing facilities and a chain of command. The following position titles may be found aboard MSC CIVMAR manned ships:

<table>
<thead>
<tr>
<th>Deck</th>
<th>Engine</th>
<th>Supply</th>
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<tbody>
<tr>
<td>Master</td>
<td>Chief Engineer</td>
<td>Supply Officer</td>
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<tr>
<td>1st Officer (Chief Mate)</td>
<td>1st Assistant Engineer</td>
<td>Junior Supply Officer</td>
</tr>
<tr>
<td>2nd Officer</td>
<td>2nd Assistant Engineer</td>
<td>Yeoman Storekeeper</td>
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<tr>
<td>3rd Officer</td>
<td>3rd Assistant Engineer</td>
<td>Assistant Storekeeper</td>
</tr>
<tr>
<td>Boatswain</td>
<td>Chief Electrician / Electrician</td>
<td>Chief Steward</td>
</tr>
<tr>
<td>Boatswain Mate</td>
<td>2nd Electrician</td>
<td>Steward Cook</td>
</tr>
<tr>
<td>Operations Chief</td>
<td>Refrigeration Engineer</td>
<td>Chief Cook</td>
</tr>
<tr>
<td>Able Seaman</td>
<td>Deck Mechanic/Machinist</td>
<td>2nd Cook</td>
</tr>
<tr>
<td>Ordinary Seaman</td>
<td>Unlicensed Junior Engineer</td>
<td>Cook Baker</td>
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<tr>
<td>Pumpman</td>
<td></td>
<td>Assistant Cook</td>
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<tr>
<td>Electronics Technician</td>
<td></td>
<td>Supply Utilityman</td>
</tr>
<tr>
<td>Engine Utilityman</td>
<td></td>
<td>Laundryman</td>
</tr>
<tr>
<td>Oiler / Fireman Watertender</td>
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<td>Wiper</td>
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<table>
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<th>Communications</th>
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</thead>
<tbody>
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<td>Purser (Officer)</td>
<td>Ships Communication Officer</td>
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<td></td>
<td></td>
<td>Chief Radio Electronics Technician</td>
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<td>1st Radio Electronics Technician</td>
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<tr>
<td></td>
<td></td>
<td>2nd Radio Electronics Technician</td>
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<tr>
<td>EAST COAST FLEET</td>
<td>Address</td>
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<tr>
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<tr>
<td>USNS APACHE</td>
<td>TATF 172</td>
<td>FPO AE 09564-4003</td>
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<td>USNS ARCTIC</td>
<td>TAOE 8</td>
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<tr>
<td>USNS BIG HORN</td>
<td>TAO 198</td>
<td>FPO AE 09565-4072</td>
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<tr>
<td>USNS CHOCTAW COUNTY</td>
<td>TEPF 2</td>
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<td>USNS JOHN LENTHALL</td>
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<td>USNS JOSHUA HUMPHREYS</td>
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<td>USNS KANAWHA</td>
<td>TAO 196</td>
<td>FPO AE 09576-4075</td>
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<tr>
<td>USNS LARAMIE</td>
<td>TAO 203</td>
<td>FPO AE 09577-4004</td>
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<td>USNS LEROY GRUMMAN</td>
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<td>USNS MEDGAR EVERS</td>
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<td>USS MOUNT WHITNEY</td>
<td>LCC 20</td>
<td>FPO AE 09517-3310</td>
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<td>USNS PATUXENT</td>
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<td>FPO AE 09582-4012</td>
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<td>USS PONCE</td>
<td>AFSB 15</td>
<td>FPO AE 09582-1717</td>
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<td>USNS ROBERT E. PEARY</td>
<td>TAKE 5</td>
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<td>USNS TRENTON</td>
<td>TEPF 5</td>
<td>FPO AE 09583</td>
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<tr>
<td>USNS WILLIAM McLEAN</td>
<td>TAKE 12</td>
<td>FPO AE 09578-4123</td>
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<tr>
<td>USNS ZEUS</td>
<td>TARC 7</td>
<td>FPO AE 09595-4076</td>
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## A3: Ship Addresses

### WEST COAST FLEET

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<tr>
<th>Ship Name</th>
<th>TAKE/TAOE</th>
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<td>TAKE 3</td>
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<tr>
<td>USNS AMELIA EARHART</td>
<td>TAKE 6</td>
<td>FPO AP 96664-4114</td>
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<tr>
<td>USNS BRUNSWICK</td>
<td>TEPF 6</td>
<td>FPO AE 09591-0600</td>
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<tr>
<td>USNS CARL BRASHEAR</td>
<td>TAKE 7</td>
<td>FPO AP 96661-4107</td>
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<tr>
<td>USNS CATAWBA</td>
<td>TATF 168</td>
<td>FPO AP 96662-4007</td>
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<tr>
<td>USNS CEASER CHAVEZ</td>
<td>TAKE 14</td>
<td>FPO AP 96662-1421</td>
</tr>
<tr>
<td>USNS CHARLES DREW</td>
<td>TAKE 10</td>
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<td>USS EMORY S. LAND</td>
<td>TAS 39</td>
<td>FPO AP 96667-2610</td>
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<td>USNS FALL RIVER</td>
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<td>USNS FLINT</td>
<td>TAE 32</td>
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<td>USS FRANK CABLE</td>
<td>TAS 40</td>
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<td>USNS GUADALUPE</td>
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<td>FPO AP 96666-2615</td>
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<td>USNS HENRY J. KAISER</td>
<td>TAO 187</td>
<td>FPO AP 96670-4030</td>
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<td>USNS HOWARD LORENZEN</td>
<td>TAGM 25</td>
<td>FPO AE 96671</td>
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<td>USNS JOHN ERICSSON</td>
<td>TAO 194</td>
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<td>USNS LEWIS &amp; CLARK</td>
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<tr>
<td>USNS MATTHEW PERRY</td>
<td>TAKE 9</td>
<td>FPO AP 96675-4108</td>
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<tr>
<td>USNS MERCY</td>
<td>TAH 19</td>
<td>FPO AP 96672-4090</td>
</tr>
<tr>
<td>USNS MILLINOCKET</td>
<td>TEPF 3</td>
<td>FPO AE 99762</td>
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<td>USNS NAVAJO</td>
<td>TATF 169</td>
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<td>TAO 197</td>
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# A4: Rank & Departmental Insignias

<table>
<thead>
<tr>
<th>ENGINE</th>
<th>Medical Services Officer</th>
<th>Ships Communication Officer</th>
<th>Chief Steward</th>
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<tr>
<td>Chief Engineer</td>
<td>First Assistant Engineer</td>
<td>Second Assistant Engineer</td>
<td>Third Assistant Engineer</td>
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<tr>
<td><img src="image1" alt="Chief Engineer Insignia" /></td>
<td><img src="image2" alt="First Assistant Engineer Insignia" /></td>
<td><img src="image3" alt="Second Assistant Engineer Insignia" /></td>
<td><img src="image4" alt="Third Assistant Engineer Insignia" /></td>
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<td><img src="image6" alt="Ships Communication Officer Insignia" /></td>
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